

# OK!

FIRST FOR CELEBRITY NEWS  
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EXCLUSIVE

## BILLIE FAIERS

### INSIDE HER WILD 30TH BIRTHDAY



**HOLLY WILLOUGHBY**  
ON FAMILY, HER BIG  
WIN AND THE FUTURE



AT HOME  
EXCLUSIVE

**FRANKIE  
BRIDGE**

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MY ROCK,  
HE COULD  
HAVE LEFT  
ME'

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## THIS WEEK'S COVER STARS



**D**reary January ended on an absolute high for OK! as we partied at two very glitzy bashes.

Billie Faiers invited us inside her oh-so-decadent 30th birthday and, wow, does she know how to throw a party. The lavish event featured a champagne tower, a nine-tier cake and the sight of her husband Greg slipping into a sequinned one-piece to serenade her as Sir Elton John!

"I was inspired by the Kardashians – Kris Jenner had the same theme for her 60th," Billie told us of the *Great Gatsby*-inspired party. Turn the page to enjoy the extravagance...

The National Television Awards gave us another opportunity to glam up as Holly Willoughby retained her crown as the queen of TV. She celebrated with co-host Phillip Schofield as *This Morning* picked up the award for Live

Magazine Show for the 10th year in a row. OK!, who are official partners of the star-studded night, caught up with many of our favourite celebrities. Don't miss all the backstage gossip on page 36.

Also this week, Frankie Bridge welcomes us into her Surrey home as she speaks candidly about her mental health struggles and the impact it has had on her family.

Frankie, who manages her condition with a mixture of therapy and medication, tells us, "There seems to be this stigma around medication, but I think whatever is going to get you through your life, do it."

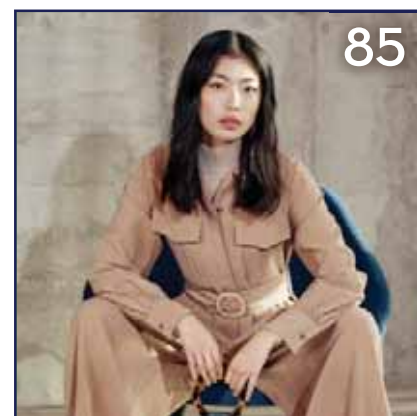
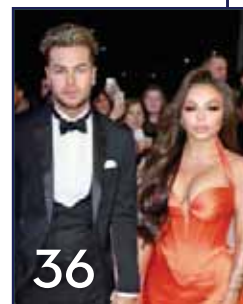
Normalising mental health issues by encouraging conversations is so important and we're full of admiration for Frankie's honesty.

*Annabel*

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BILLIE'S BIRTHDAY BASH

**‘THROWING MY  
30TH WAS LIKE  
PLANNING OUR  
WEDDING!’**









Billie and Greg lead the way!



The family in the Maldives

## BILLIE FAIERS THROWS A GREAT GATSBY-THEMED PARTY TO RING IN HER THIRTIES AND OK!'S JOSIE COPSON IS INVITED ALONG FOR THE RIDE

**T**he Faiers sisters sure know how to throw a party to remember, and that was certainly the case when OK! was invited to Billie's Great Gatsby-themed 20s party.

After driving down a winding country road, guests were greeted at the historic Hedsor House – the same Buckinghamshire venue where Mark Ronson celebrated his 33rd birthday and scenes for *Killing Eve* were filmed. The hundreds of silver, gold and white balloons brought instant glamour to the front of the building and set the tone for the unforgettable evening.

Like Essex royalty, reality TV's Fab Four – Billie, her sister Sam and their partners Greg Shepherd and Paul Knightley – greeted OK! at the entrance. The couples posed against a backdrop adorned boldly with 'BILLIE', so nobody could forget who the day was all about.

The woman of the hour was dressed in a bespoke gown by Eamonn McGill, who flew over from Ireland to help Billie look her best. That she did as the floor-length dress sparkled under the light of the chandeliers – almost as if she had applied a filter in real life. She greeted her friends, including her former *TOWIE* co-star Feme McCann. And where Billie goes, the camera crew for ITVBe's *The Mummy Diaries* follows, capturing the party for the upcoming seventh series.

In the main room, Billie carefully poured a tall champagne tower as husband Greg, 35, gathered everyone and announced, "Welcome to Billie's birthday brunch," to an eruption of cheers. Guests were then invited to the banqueting room where The Function Band were already up on podiums getting the party in full swing at just 4pm. Party goers walked past a nine-tier cake at the foot of a staircase that led to the











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**Mum Suzanne,  
Billie and Sam – the  
Three Musketeers**



master suite – which is one of the biggest in Europe. It was later occupied by the birthday girl and her husband, who were enjoying a rare night away from children Nelly, five, and two-year-old Arthur.

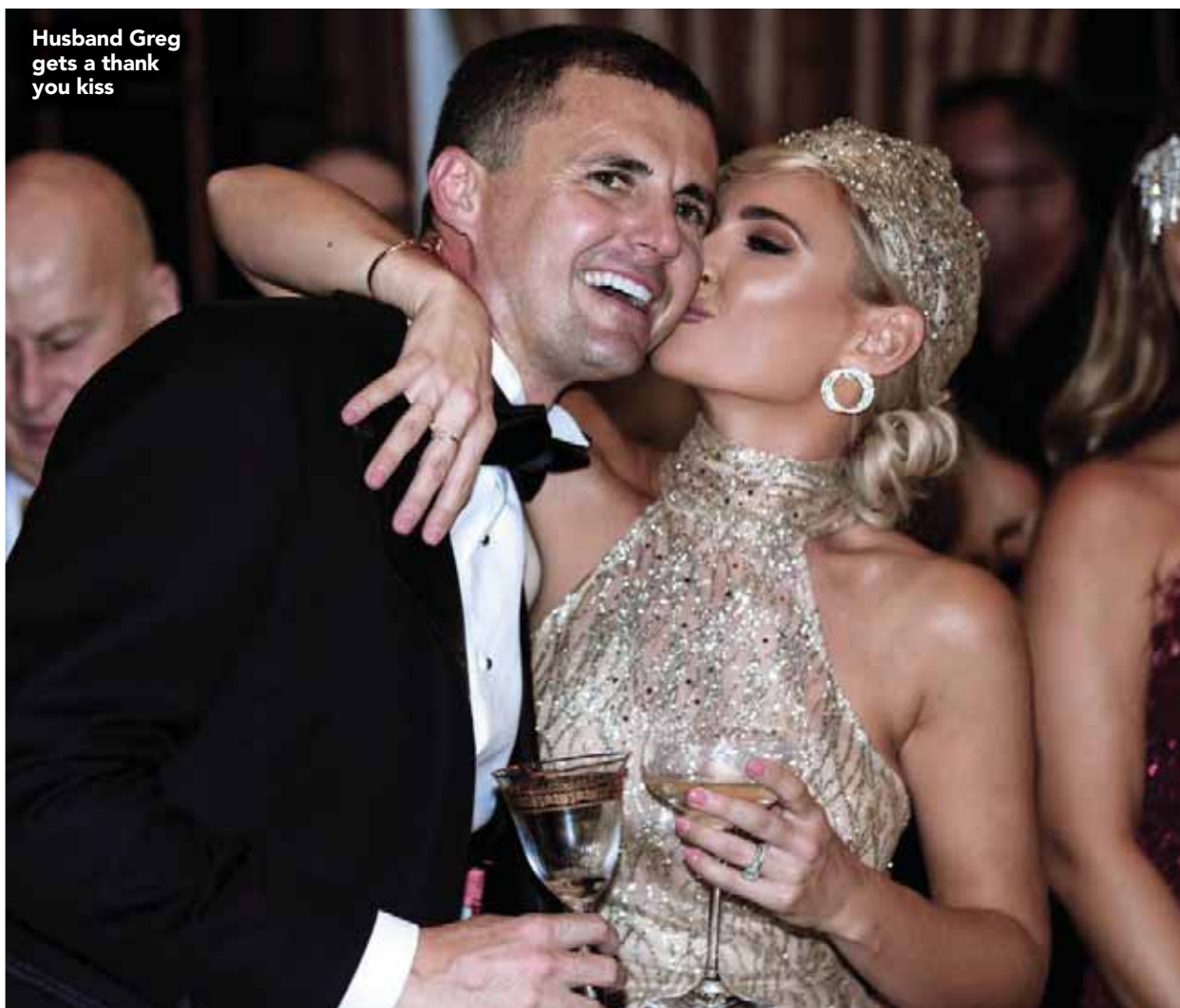
Once guests had feasted on dinner, which included Dorset crab and prawn stacks as well as pan-fried fillet of organic pork with mustard mash, they were led back into the main hall, which had been

dramatically transformed with a dance floor. Billie changed into her second dress for the evening – a short Berta number which was more suitable for dancing. The surprises were far from over though. Greg soon reappeared as an Elton John tribute act and bellied out *Tiny Dancer* in a sparkly one-piece, supported by the rest of the family, much to Billie's delight and amusement. That wasn't >





**Husband Greg  
gets a thank  
you kiss**



**Balloons  
outside the  
entrance**



the only treat from Greg, however, who told OK!, "I got her a Chanel handbag and a Cartier necklace. The kids made cards and I got flowers and balloons. I'm taking her to the Maldives – just me and her – too. She's a lucky girl. The life of Billie Faiers!"

Greg also revealed he'd thrown a party with the same theme for his 30th, but on a much smaller scale. "Mine was like the pauper's one and this is the proper one!" he laughed. "We've got a little bit more money now."

Sam, 29, who also treated her big sister with a trip to New York and a Louis Vuitton bag, made a video of their friends and family wishing Billie a happy 30th birthday. She revealed the party had been a long time in the planning. "As soon as the wedding was over, it was like, 'What's the next big thing?' And obviously it was her 30th!"

And while many people get into a tizz about a milestone birthday, Sam says she and her sibling are looking forward to the future, "I just think the

last 30 years have been amazing together but I enjoy getting older," she explained. "I feel like the next 30 years are going to be even better as we both have children to enjoy. We're so lucky that we're sisters and best friends."

With that said, all that was left to do was party, and that they did – until 2.30am. And when OK! caught up with Billie again a couple of days after her celebration, it's clear she's still on cloud nine as she gives us all the gossip from her big day...

#### **Was it the best party ever party, Billie?**

It couldn't have gone any better! I haven't stopped talking about it since and I've been inundated with messages from guests saying they had the best time. I can't wait to watch it all back because so much happened on the night, so it's a bit of a blur. I was overwhelmed. There were so many highlights, including when Greg sang Elton John with a full-blown family band. It was so much effort so I was touched, ➤









and in shock. At the end of the brunch, Sam played a video of pre-recorded messages on the big screen. I'm not one for public speaking, but I just had to say a few words. My voice was going all funny because I was trying to hold back the tears. I was cringing about it the next day.

#### How late did you stay up?

The party finished at 1am, and then we went upstairs and shared a magnum of Whispering Angel wine with everyone who was staying, then we all went off to bed at 2.30am. It was such a long day, but I made sure I paced myself. Until about 10ish I was being really good. I wanted to be able to remember everything, and enjoy every second. I didn't want to peak too early!

#### Were there any dramas?

The person who was meant to make my dress let me down at the last minute, which was stressful. We found Eamonn, who flew in from Ireland to save the day. I gave him drawings of what I wanted, and he turned it around in two days. He did the fitting the night before the party! Thank God it all went well in the end.

#### How long have you been planning the party?

I started looking for venues in September, and my sister had her clothing launch at Hedder House in October. When I walked in I fell in love with it straight away and Samantha said, "There's no chance of me having it for my 30th as your birthday is first." From that minute it was full-on planning. I always knew that I wanted to do a *Great Gatsby*-themed party for my 30th. I love the film, and the music. I was inspired by the Kardashians too – Kris Jenner had the theme for her 60th. We laughed because it was very similar to planning a wedding. The only difference was I didn't feel as much pressure!

#### How else have you celebrated?

It was really important to me that I spent my actual birthday with the kids. We picked Nelly up from school and went straight to my mum's

With sister Sam (left) and Ferne McCann (right)



Billie was emotional during her speech







house for a little party. She did a buffet with an amazing cake and we had some champagne. I then had one day to pack for the surprise trip to New York. When we landed I only had three days until my party!

**Were you surprised when Sam told you you were going to New York?**

Yes, and with the way she presented it to me. She bought me a Louis Vuitton vanity trunk, and told me not to open it and ran out the room. She came back in dressed as the Statue of Liberty, and inside the trunk was all New York things. I was blown away! I didn't know what to do so I let out a massive scream. My mum is also taking us to Capri, and Greg surprised me with a trip to the Maldives the day after the party for our wedding anniversary. It's only for

three nights so it is a long way to go, but it's our favourite place in the world. I was like, "I can't take any more surprises."

**What did you girls get up to on your trip?**

So much, but we did have a bit of a problematic journey. We got on the plane, and then it was delayed for three hours, but I said, "Let's not worry about it as there's nothing we can do." We missed the first day of activities, but it was fine. The Baccarat Hotel was amazing, and we packed in so many touristy bits, shopping and nice meals. We didn't stop for three days. Sam had a jam-packed itinerary. She printed it out and put it in my birthday card so I knew exactly what to pack. I said to Sam, "I've now got a whole year to plan for your 30th." I need to think of something really good.

**You posted an Instagram story about people complaining about you laughing on the flight. What happened?**

We were doing funny Snapchat filters and having a giggle before we took off, and a lady sitting a couple of rows in front kept turning around and going, "Shhhh." She complained about us to the air hostess and the way she approached it was quite rude. I was like, "Sorry, have I missed something here? Are we not even allowed to laugh these days?" Everything is a bit too PC – we were just excited about our trip to New York. She stormed off, and I never do this, but I posted on Instagram about it. Then we were in the air so I didn't know the effect it had. Paul sent Samantha a link to a story that had been written about it. I sometimes forget that I







**The fab nine-tier birthday cake**



have a bigger platform. I don't think I'll be doing that again in a hurry [laughs].

**Did *Mummy Diaries* cameras go with you to New York?**

Yes. We do go away on holiday a lot, which is lovely, but we pretty much have the cameras with us the whole time so it's still kind of work. We share everything, and that's why the show works. It's just become second nature to us now. I've had to defend the amount of holidays we go on in the past, but Samantha and I work hard, and we get mum guilt all the time so we look forward to our holidays.

**How do you feel about being 30?**

My twenties were the most life-changing, amazing years of my life. I feel very grateful. I married Greg, and we're lucky to have Nelly and Arthur. Now I'm in my thirties I feel like a proper adult, but I need to grow up [laughs]. I'm at a point where I'm really happy and settled. I know where I want to be and where I'm going. I've had the best welcome to my thirties.

**What have you learned in the last decade?**

To appreciate every day as life goes so fast. I don't want to take anything for granted. I am a positive person anyway, but I do think it's so important to surround yourself with positive people and stay focused. ▶





Billie changed into a second dress – and crown! – for dancing



Sam, Billie, Paul and Greg after Greg's Elton John tribute!

**You and Sam have a very strong relationship. Is that important to you?**

Yes, it's so important. Me, mum and Samantha call ourselves the Three Musketeers. I know a lot of people have a close relationship with their siblings and parents, but we do have an extra special bond.

**How is married life?**

It's all really good at the moment! I say this all the time, but it was the final piece of the puzzle. As a family we've got a lot to look forward to.

**What have you planned for the next 10 years?**

We've just got a new house – it's going to be a full-on project but luckily we can stay in our current home while they do the work. It's such a big achievement as it's on a road that I've loved for so many years now. I'm sure there are going to be plenty of highs and lows but we're ready for it. We always talk about baby number three. I'm throwing it out there – it's going to happen. Greg is coming round to the idea too – he said the other day, ▶

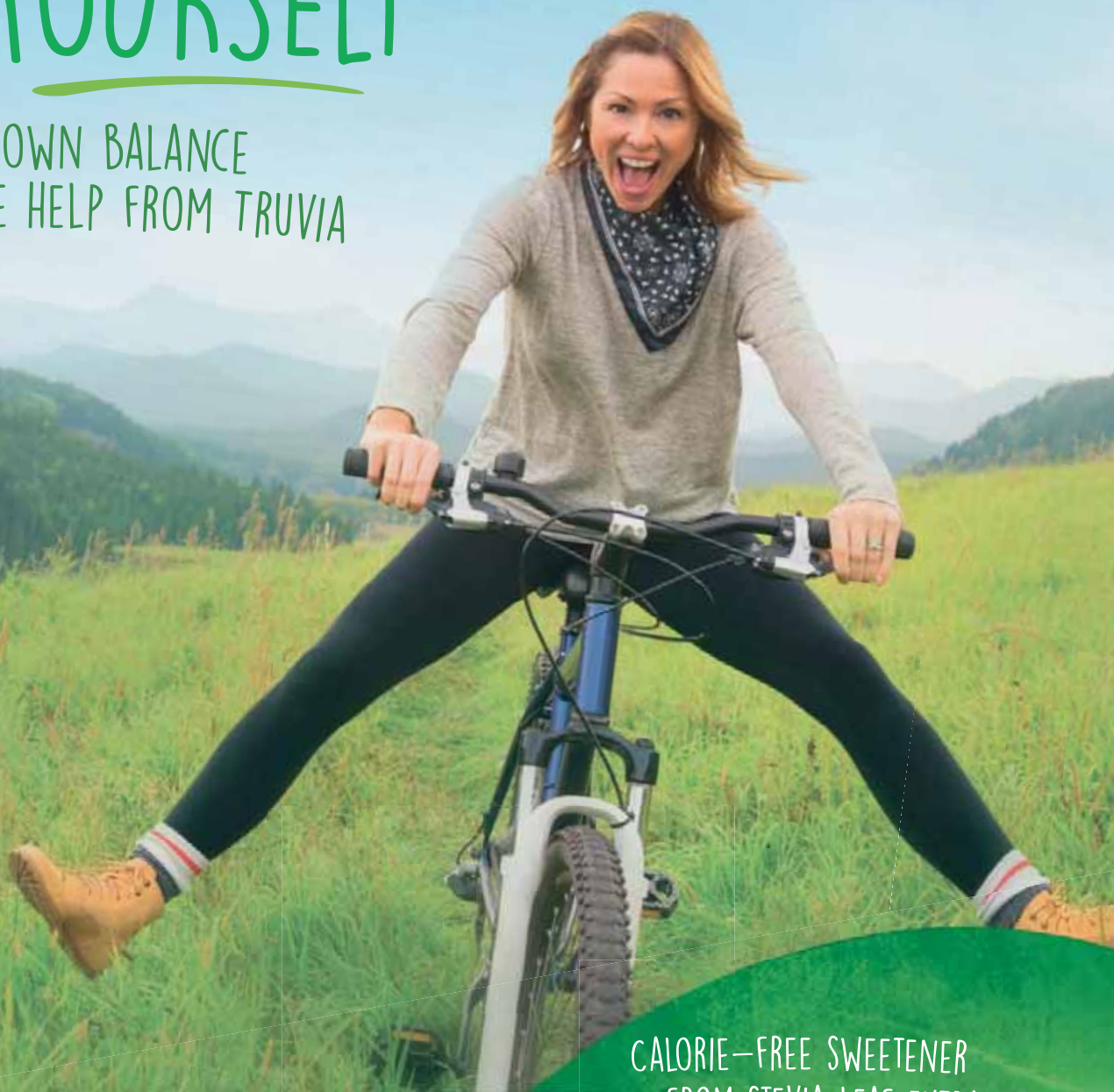






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"When we have another baby..." and then, "Oh, my God, did I just say that?" I don't know if it will be this year as I don't have enough time to fall pregnant! But maybe next year. We need to do it sooner rather than later as I don't want a huge gap. Arthur is going to be three in March so time is ticking! **OK!**

WITH SPECIAL THANKS TO HEDSOR HOUSE, CAVENDISH EVENTS, GLO PRODUCTION, NERIBA, CUPID CREATIVE, BUBBLEGUM BALLOONS, HALL OF CAKES, I HEART WINES, THE FUNCTION BAND, SUPREME SHOWGIRLS, BONGO BEN AND CJ SAX

PHOTOS: ANNA FOWLER PHOTOGRAPHY  
HAIR: CARLA MOLDEN AND CARL BEMBRIDGE  
MAKE-UP: KRYSYAL DAWN STYLIST: JEFF MEHMET



DUCHESS ON DUTY

# BREAKFAST IS SERVED!

**THE DUCHESS OF CAMBRIDGE**  
GETS HANDS-ON DURING A BUSY  
WEEK OF ENGAGEMENTS



Kate brought breakfast for her young audience

**T**he Duchess of Cambridge revealed she encourages her children to try new experiences with an “if you don’t try you’ll never know” attitude. She made her comments while serving up a breakfast fit for a king at a south London nursery.

Channelling her mum, Carole Middleton, who used to be a British Airways air hostess, Kate made a perfect “trolley dolly” as she wheeled in a selection of healthy goodies for the school children.

Clearly in her element, the playful duchess – who’s been dubbed the children’s princess by royal fans – high-fived the pupils from Stockwell Gardens Nursery

and Pre-School. She then poured out cereals and milk for the excited three and four-year-olds before encouraging her young audience to make their own breakfast, asking, “What do you think of the fruit, what’s your favourite?”

Discussing her own children’s diet, the 38-year-old mum of three said that Princes George and Louis and Princess Charlotte are all big fans of beetroot. “Mine absolutely love it – it’s one of those things, until you try it you don’t know,” she told one of the trainee chefs from the London Early Years Foundation chef academy.

Kate likes to grow fresh produce for her family at their Norfolk











The duchess nearly had a Marilyn Monroe moment!



Kate joined a workshop at Evelina London Children's Hospital, where a young girl greeted her (left)



home, Anmer Hall, and also on a small patch of land near Kensington Palace, listing carrots, beans and beetroot among their harvest.

Having taken off her petrol blue Jigsaw coat, the duchess didn't appear at all concerned about making a mess of her £80 cream merino wool jumper by Sézane as she got stuck into a messy play session.

Kate's visit to the school gave her a chance to discuss her Early Years project while learning more about the importance of "good nutritious food for child development".

Speaking about her landmark nationwide survey called Five Big Questions On The Under Fives, she said, "I want to hear society's views about raising the next generation. I'm so happy that over 100,000 people from across the UK have already completed it, and I can't wait to see the results." Her busy

week – due to be topped by a glamorous night at the BAFTA Awards – was a sign of Kate's growing role. In the wake of the Sussexes' recent departure, she is very much taking her place "front and centre" of the royal family. Contrary to reports that she's "in a panic" since Megxit, Kate appeared more confident than ever and typically hands-on during her interaction with the children.

The previous day, Kate had a Marilyn Monroe moment as she battled a gust of wind outside the Evelina London Children's Hospital. The duchess laughed as she held on to the skirt of her Dolce & Gabbana tweed suit. It prompted suggestions that she hasn't yet picked up Her Majesty the Queen's tip of having small weights sewn into the hems of her skirts and dresses – at least not with this particular outfit!

After being presented with a gorgeous bouquet, Kate got stuck into some arts and





**Above and below: Kate and Will joined survivors of the Holocaust to light candles**



crafts as she learned how the creative arts support children's health, wellbeing and happiness. The duchess is a patron of both Evelina London Children's Hospital and the National Portrait Gallery, who ran the Playful Portraits workshops involving illustration, photography and 3D-set design.

Kate was delighted to receive a colourful paper wreath made by the children which she promised to hang in Charlotte's bedroom. "Wow! That's so lovely. Charlotte will love this," she exclaimed.

Meanwhile, the Duke of Cambridge accompanied his wife for her first engagement of the week at the UK Holocaust Memorial Day Commemorative Ceremony at Central Hall in Westminster. Kate and William joined survivors to light candles at the moving event which marked 75 years since the liberation of Auschwitz.

The duke read an extract from a letter written about his great-grandmother, Princess Alice, describing how she helped hide her Jewish friends in her home.

Kate, who wore a smart Catherine Walker coat dress, praised them for sharing their "heartbreaking" stories and said she found the ceremony "very poignant". She also revealed that she and William have sensitively broached the topic of the Holocaust with George and Charlotte, saying, "We were talking to the children about it earlier today." **OK!**

KATE'S ONLINE SURVEY IS OPEN UNTIL 21 FEBRUARY. YOU CAN FIND IT AT [SBIGQUESTIONS.ORG.UK](http://SBIGQUESTIONS.ORG.UK).

WORDS: MICHELLE GARNETT PHOTOS: GETTY







A full-page photograph of Frankie Bridge in a bright, sunlit room with large windows. She is wearing a vibrant yellow ribbed sweater, a grey pleated skirt, and brown leather boots. She is smiling and standing next to a blue sofa with colorful patterned cushions. The room has a warm, airy feel with natural light streaming in from the windows.

INVITING OK! INTO HER SURREY HOME

# ‘THE BOYS GIVE ME A PURPOSE, A REASON TO GET UP’

**FRANKIE BRIDGE OPENS UP TO OK!’S KIRSTY HATCHER ABOUT HER MENTAL HEALTH AND HER RECOVERY**

**F**rom the outside looking in, Frankie Bridge appeared to have it all – strikingly beautiful, a member of chart-topping girl group The Saturdays and in a loving relationship with footballer Wayne Bridge.

But behind the scenes, things were falling apart and in 2011, Frankie was hospitalised at London’s Nightingale Hospital after having a mental breakdown.

“It was a relief to be in hospital. I no longer had to take responsibility for looking after myself,” Frankie tells OK!. In her

new book *OPEN*, Frankie, who suffers from treatment-resistant depression and generalised anxiety disorder, details how hitting “rock bottom” during a time when she was meant to be at her happiest made her realise how ill she really was.

It’s a raw, powerful and often emotional account of her mental health journey, and Frankie hopes her honesty will help to save others’ lives.

When *OK!* arrives at Frankie’s Surrey home for our exclusive shoot, she welcomes us with







# 'WAYNE MADE ME REALISE SOMETHING WASN'T RIGHT'



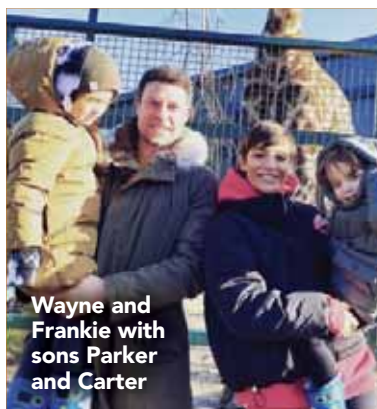
open arms. The 31-year-old is bubbly and fresh-faced – worlds away from the person who spent a month in hospital.

Frankie shares her six-bedroom home with her husband Wayne and their sons Parker, six, and Carter, four. It features a dressing room one could only dream of, a children's play area and stables that have been converted into a gym

Here, over a cup of peppermint tea, Frankie opens up to *OK!* about overcoming suicidal thoughts, her eating disorder and how Wayne has been her rock...

## Why did you want to write *OPEN*?

It was mainly to help people, which I hope it does. It's mostly about hope. When your mental health is bad, you lose that hope. I just felt I was a prime example of how you can have a really bad time and still live your life and achieve things. My psychologist Mal and my psychiatrist Mike are in the book to explain the medical side of it. They've helped me understand my illness.



Wayne and Frankie with sons Parker and Carter

I don't think there was ever a particular thing that triggered it, I think I was just born that way.

## Has Wayne read your book?

No. He's only ever read one book! I've recorded the audiobook so he's waiting for that. He's always been really supportive of it. He says it's the thing he's most proud of me for.

## Would you like Parker and Carter to read it one day?

I wouldn't mind if they read it. They were a big part of why I wanted to get better, even before they were born. I always wanted a family but

I knew I wouldn't have been capable of being a parent when I wasn't well. My mental health has been massively better since becoming a mum. The boys give me a purpose and a reason to get up in the morning.

## In the book you say your biggest fear is Parker and Carter ending up with mental health issues...

It's something I'll always worry about. Even before I had them I'd think, "I hope they end up with Wayne's brain, >





FRANKIE WEARS DRESS BY H&M; BOOTS BY KURT GEIGER





not mine. I hope they have enough of Wayne in them to not be like me.” I notice little bits of me in both of them and I’m super aware of it. Parker’s a bit more sensitive than Carter. I hope I’ll be able to have open conversations with them. People have suffered with depression on both sides of my family so I do think it plays a role, but it’s also circumstantial.

#### **How do you manage your mental health?**

For me, I need a mixture of therapy and medication. I couldn’t do one without the other. It’s something I’ll always have to manage – I’ll be on medication for as long as I need it. There seems to be this stigma around medication, but I think whatever is going to get you through your life, do it. Anxiety wise, I don’t really suffer much any more. I still get anxious but I haven’t had a panic attack since Parker was little. I still have hard days that can be caused by anything, like being too busy or not being busy enough. But it’s never as bad as it used to be.

#### **Looking back, how do you view your time in hospital?**

It was a relief to be in hospital. I definitely wasn’t capable of looking after myself at that point. I had no idea what was going on and I felt completely out of control. I’d lost who I was. I was exhausted, constantly crying

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## **‘I STILL HAVE HARD DAYS THAT CAN BE CAUSED BY ANYTHING’**

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and I couldn’t function any longer. It was a real relief to go somewhere and know I was going to be taken care of. When I look back now I don’t really recognise that person and I’m so grateful I could go there. A lot of that was to do with Wayne. Wayne was the one who rang the doctor and took me to the hospital straight from the airport after a video shoot abroad with The Saturdays.

#### **Do you feel like Wayne helped save you?**

Yes. Wayne was the person who made me realise that something wasn’t quite right. He was the one who urged me to get help and he supported me right from the start. He has been my rock and has had to learn a lot along the way. While I was in hospital, he had lots of sessions with Mal and Mike so they could explain what was happening and why I was the way I was. I think that helped him.

#### **In your book you reveal how Wayne lost weight during that time...**

He lost a lot of weight and we think it was probably down to stress. I had no idea what was going on to be honest. There are times when friends say, “I came to see you that day,” and I just don’t remember any of it. I was so unaware of the outside world.

#### **How do you think it affected your relationship with Wayne?**

It made me realise we wanted to be together. He made that real effort to help me through it and that was a big thing for me. It helped me get better because I knew someone loved me and wanted me to be better. Wayne could have easily left but he didn’t. >





Frankie's  
stunning  
dressing room

THIS PAGE: FRANKIE WEARS STYLIST'S OWN. FACING PAGE: FRANKIE WEARS JACKET BY ZARA; JEANS BY OASIS

**You write about how one of the side effects of your medication is a loss of libido. Has that been difficult?**

Yeah, I think that was probably the biggest thing. It's a side effect with nearly all medications. It's annoying because we're only young! But I'd rather be here.

**You also open up about having suicidal thoughts when you were in traffic before your hospitalisation...**

I was annoyed at myself because I got stuck in traffic and was running late. And that turned into, "I'm a useless person and Wayne should be with someone better. I want to drive into the wall, but I'm stuck in traffic, I can't even do that right!" I went from 0 to 100 over something so small. You just get to the point where you feel like that's the only way out. I'm so terrified of death that I would never have followed it through, and I also had the

guilt of leaving people, even though I thought they'd be better off without me. Now I can't imagine thinking that way.

**Were you at your worst mentally when you were in *The Saturdays*?**

Yes, but it was a mix of things. You're so busy and have a lack of control of your life. You get told what you're doing every day. But I loved it, too. I don't want people to think I hated my time in *The Saturdays* because I'd do it again. It was just unfortunate that I was ill through it. I was going out seven nights a week and drinking was blocking stuff out.

**Did the girls know?**

In my head, yes, but I don't know. Everyone remembers things differently. Mollie [King] has seen me have a panic attack, but I don't think anyone realised how bad things were until





my hospitalisation. I think it would have been a big shock for them.

#### **Were they supportive?**

Always. I spent around four weeks in hospital, but we had a tour booked and I really wanted to do it, so I probably came out too soon. I did so well at hiding it, so it must have been a big adjustment for everyone.

#### **Will we ever see The Saturdays reunite?**

I really don't think we will. It's hard to align everyone to be ready at the same time, but I would be up for it one day.

#### **Did the pressure of having to look a certain way in the industry affect you?**

Yes, but I also think that comes down to myself and my perfectionism and confidence. You get to the point where people are used to seeing you a certain way and you want to stay that way. It wasn't until I was pregnant with Parker

that I realised how restrictive my diet was. I ate to survive. Now I'm the total opposite.

#### **Did you have an eating disorder?**

Mal said I had an eating disorder but never said I had anorexia or anything in particular. When I was in hospital I saw people with eating disorders and I was nowhere near as bad. When I went into hospital, I was so full of adrenaline all the time and had so much anxiety, I genuinely wasn't hungry, and I had the constant shakes because I didn't have enough sugar in my body. There were days in the band when I wouldn't eat a thing. Then once I came out of hospital I genuinely wanted to eat but I just couldn't. I would live off soup and these protein shakes that Mal and Mike would make me have.

#### **Do you think you'll always be self-conscious about the way you look?**

Yes, annoyingly. There will always be a part of me that wishes I looked a bit more like I used to, even though I know that's unhealthy. My weight affects my mood and Mike knows that. Being pregnant was really hard for me. I had absolutely no control over my body for the first time ever and I think it was the realisation that I'd never be the same again. Sometimes I wish it hadn't made me discover my love for food, but it did and I know that's a good thing.

#### **You also talk about your OCD in the book...**

Germs are still one of my biggest things. I just can't help it and I hate it. When I'm out in public

places I do still find it really hard, especially with the kids. If I take them to the toilet, I don't want them to touch anything. I also can't sit in the corner of a restaurant or next to a wall because I fell like all the dirt is in the corner.

#### **Would you and Wayne like to have any more children?**

I don't know. I'm broody at the minute and Wayne's like, "Oh God!" It depends if I baby trap him [laughs].

#### **How long have you lived here?**

Since March. It's half done. We need to replace the doors and get a new table in the kitchen. Wayne says it's our forever home. I think it will be, but I'm more realistic and I know what we're like [laughs].

#### **What's your favourite room?**

The kitchen. It's probably the most finished. We're going to paint the island a different colour and change all the handles. The view of the garden is so nice and I love the sofa. It's the room where the family is always hanging

out. The boys don't even use their toy room because they want to be with us. **OK!**



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MAKE-UP: MALIN COLEMAN USING MILK MAKE-UP



# 'I ONLY STARTED FEELING LIKE A PROFESSIONAL ACTOR A COUPLE OF WEEKS AGO!'

**BRAD PITT** OPENS UP ABOUT HIS AWARDS SEASON SUCCESS, FINDING FAME IN LOS ANGELES AND THE MAJOR FILM ROLE HE TURNED DOWN

Actor Brad Pitt has had the spotlight firmly focused on him this awards season. First he had the audience in giggles at his acceptance speech for Outstanding Performance By A Male Actor for *Once Upon A Time In Hollywood* at the SAG Awards, then he started a fan frenzy when he was pictured embracing his ex-wife Jennifer Aniston amid reports they've rekindled their romance. Despite his success and being favourite to scoop an Oscar next week, the 56-year-old is refreshingly modest, insisting, "I have a lot to be grateful for."

After a career as an extra, Brad landed a role in the 1991 smash hit *Thelma & Louise*. Speaking about his now-iconic role as charming hustler JD, Brad says, "I think they were desperate, to tell you the truth." Here, Brad opens up about his career, working alongside Leonardo DiCaprio and the major Hollywood film role he turned down...

**You've had an amazing awards season so far with *Once Upon A Time In Hollywood*...**

It's really fun when your number comes up. I look at it this way, it's a kind of a wheel of fortune, and there's so much good work every year. It's so nice to see your friends go through this and then it's nice to be here myself. So I have a lot to be grateful for.



Brad and ex-wife Jennifer at the SAG Awards



With *Once Upon A Time In Hollywood* co-star Leonardo DiCaprio

**What was it like working alongside Leonardo DiCaprio?**

He's alright [laughs]. No, he's good as gold and what I love about him is he puts everything in and really goes for each scene.

**Is it true the pair of you relaxed between scenes with pottery?**

No! [Laughs] I don't know where [that rumour] came from. I spend a lot of time in a sculpture studio, and somehow that turned into a *Ghost* moment with me and Leo at the pottery wheel!

**You majored in journalism at the University of Missouri...**

Yeah, it was one of the best [journalism] schools in the country, and I had loved *All The President's Men*, so the idea of investigative journalism appealed to me. But then, it didn't. I just started finding myself being drawn more to design and maybe magazine layout or something, but I always had a love for film.

**Before the end of your degree, you moved to LA. What prompted that decision?**

It was a week before graduation and I realised that all of my friends had jobs and I didn't. I had a friend who talked about going out to LA. Her dad had a place and it was just one of those things that hit me. I literally loaded up

the car. I didn't graduate. All I had to do was hand in a term paper, but in my head, I was done. I was going west.

**Did you have a place to stay?**

My friend let me stay at her dad's, but no one was there except a maid who spoke Thai. I didn't have a lot of people to talk to at that point.

**Did you find work straight away?**

No, I landed and I got the newspaper. I had \$275 to my name, and I saw in the paper that you could sign up for extra work, so I signed up for three jobs.

**When did you feel you'd crossed over to become a professional actor?**

A couple of weeks ago [laughs]. Listen, I've had some different junctures along the way, where I would actually call myself a professional actor. Once my first film *Thelma & Louise* hit, I tried some different things. One of the big pinnacles for me was meeting the director David Fincher; he understood so much more than I did, and I found direction that way.

***Thelma & Louise* was a huge film. Did it feel that way on set?**

I was certainly aware. I'm more aware of how high my voice is in that [laughs]. My ass must have been clenched so tight being the first [film]. I had nothing to show for myself, except for my extra work, and they took a chance on me. I think they were desperate, to tell you the truth.

**You've had so many incredible roles but have you ever lost out on a good part?**

If we were doing a show on the great movies I've passed on, we'd need two nights.

**Can you give us an example?**

I did pass on *The Matrix*. I took the red pill. Just to clarify [laughs]! **OK!**









# Who'd have thought?

A RANGE OF  
MEALS  
UNDER  
**600**  
kcal



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# I'VE HAD A FEW TIPSY MOMENTS AT AWARDS DOS

OUR COLUMNIST CONGRATULATES HER FORMER CORRIE CO-STARS AND SAYS THERE'S NOTHING WRONG WITH A TIPPLE OR TWO TO CELEBRATE A WIN!

**K**atie McGlynn and Peter Ash did *Coronation Street* proud when they scooped top gongs at the National Television Awards. Peter, who won the Newcomer award, is a great addition to *Corrie*. Katie is such a lovely kid and it was brilliant to see her win in the Serial Drama Performance category. Her cervical cancer

storyline last year was so tough and I know it left her feeling drained. She said she slept next to her award that night, which I thought was very funny. When I was won Newcomer at the 2007 awards I didn't quite take it that far, but I do remember feeling like it was the best thing that had ever happened to me.

The *Corrie* crew hired a bus to travel to the ceremony. I was happy to be home with the family, but I was gutted I wasn't part of the show at that moment because I know how much fun everyone always has together.

Some people were saying *Corrie*'s Alison

King had so much fun she had to be "escorted" out because she was drunk. Now I wasn't there so I don't know what happened, but I do know photos can be very deceptive. You only have

to blink and you can look very drunk. But even if she was tipsy, so what? They were all having a good time celebrating Katie and Peter's wins. I've had a few tipsy moments at awards shows – it doesn't bother me what people think. Having said that, I often have one drink in the bar after the do then rush back to the hotel to put my PJs on. That's more my style!



## TEDDY TIME!



**I** looked after my grandson Teddy for a 12-hour stretch this week when Emilie went back to work after her maternity leave – and I'm still recovering!

I can't have any more children anyway, but if I ever needed something to prove to me that I'm too old to even consider another baby, this was it. I was shattered. Teddy's crawling now and has started pulling himself up. I couldn't take my eyes off him. It was lovely to have him all to myself though. I could spend all day long smelling his head!

## HAIR CARES

**A** recent documentary on Channel 4 called *Bring Back The Bush* implied that many women feel pressured to remove all their pubic hair. Ultimately, we all have a choice to do as we want, and no one should feel pressured either way. I know a lot of women who don't wax.

When it comes to men, I have to say, I don't like it when they shave all their chest hair off, but I'm not too keen on very hairy men either – especially hairy backs and hairy feet!



## SMACKING BAN

**W**ales has just followed Scotland in a full ban on smacking children, which will come into effect in 2022. "Reasonable punishment" is still permitted in England, but I don't smack my children ever.

Back in the day, me and my siblings used to get a light smack on the hand if we'd been cheeky. But times have changed and parents are learning there are other more suitable ways of disciplining their children. If Polly is naughty then I take away something she enjoys, like her iPad. It sends out a clear message: if children don't behave, they don't get what they want. **OK!**



AND THE WINNERS ARE...

# THE STARS ASSEMBLE

OK! CELEBRATES THE 25<sup>TH</sup> NATIONAL TELEVISION AWARDS ALONGSIDE TV FAVOURITES

This year marked a major milestone for the National Television Awards, with the bash celebrating its 25th anniversary – and what a night it was! As official partners of the glittering event, *OK!* joined the stars as they arrived in style at The O2, London.

Undisputed king and queen of daytime TV, Holly Willoughby and Phillip Schofield were in the party mood as *This Morning* picked up the Live Magazine Show award, yet again! It brought the show's tally of wins to 10 since Holly became Phil's TV wife in 2009.

The 38-year-old looked stunning in her pastel-coloured Peter Langner gown, while Phil, 57, gave her a run for her money in his navy suit by Moss Bros.

The giggly pair were joined on stage by fellow presenters Ruth Langsford and Eamonn Holmes. Despite fans claiming their on-stage interaction was awkward, even suggesting Eamonn "snatched" the award out of Phil's hand, reports of a feud between Ruth and Phil were put to bed as the foursome laughed and enjoyed the ceremony together.

It was an emotional night for Jesy Nelson. Nearly five months after her record-breaking documentary *Odd One Out* aired, she topped the Factual entertainment category. The Little Mix singer, who wore a custom-made Suzanne Neville design, was in tears as she told the

▷

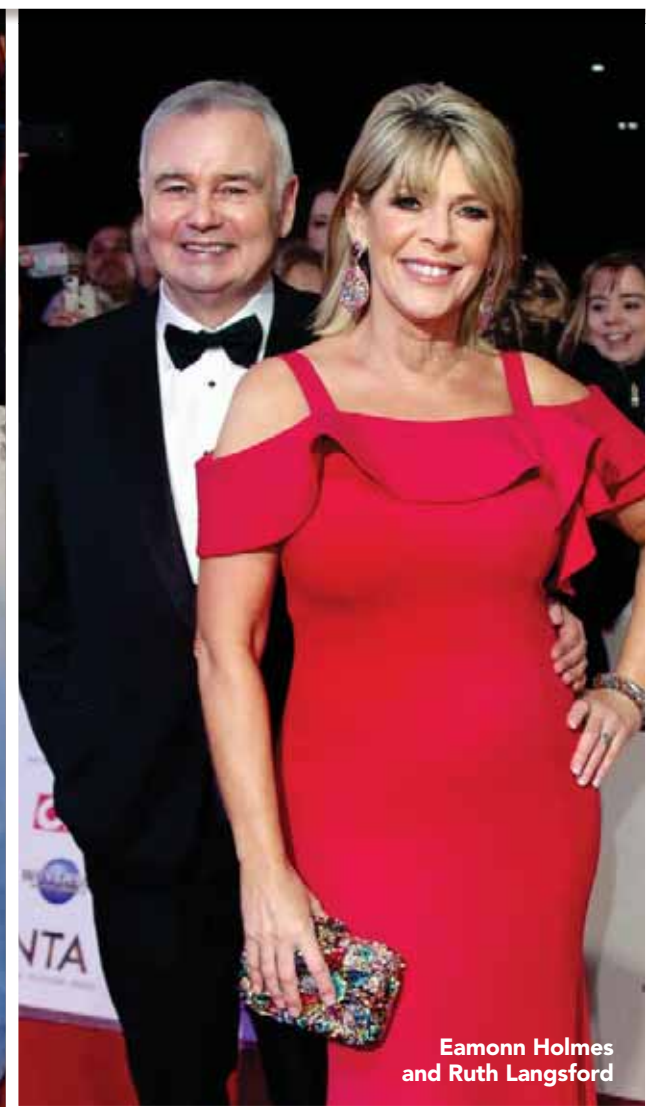
Chris Hughes and Jesy Nelson, who got emotional after her win (right)







Holly and Phil were ecstatic at their win



Eamonn Holmes and Ruth Langsford





David Walliams hosted the night

audience, "I'm so sorry, this is so overwhelming. I'm such a baby! Thank you so much."

Jesy, 28, thanked her boyfriend of one year, Chris Hughes, for "bringing me up every day" and "making me feel confident". Despite their blossoming romance, she confirmed that wedding bells are not on the horizon just yet, explaining that the bling OK! spied on her wedding finger was not an engagement ring.

Speaking about her documentary in which she explored the effects of trolling on her mental health, Jesy told us, "I didn't know how people would react to it. I didn't know if people would troll me even more... I wanted to just make people aware of what trolling can do to people."

But Jesy and Chris's celebratory mood was tarnished when the former *Love Island* star was involved in an altercation with a member of the paparazzi. Chris, 27, later apologised, claiming he'd acted in "self-defence". He told his social media followers, "A particular paparazzi decided to repeatedly call me a name I wouldn't call my worst enemy, and physically try and start an altercation... I retaliated back badly to this which I totally regret. I'm human."

"This night was about Jesy's win and I am sorry if I distracted anyone from this. Ultimately I'm the proudest boyfriend ever and want

to congratulate my amazing girlfriend for a deserving win."

*Emmerdale* continued its winning streak as it bagged the Serial Drama accolade for the fourth time in a row. Leading the cast and crew to the stage, Matthew Wolfenden, who plays David Metcalfe, said of the ITV soap, "We dearly, dearly love it and this proves to us that you still love watching it and that means so much."

The award was presented by Joel Dommett and *The Masked Singer*'s Hedgehog. Host David Walliams was met with boos as he joked that it was nice to see Caroline Flack "back on TV", insinuating that the former *Love Island* presenter was hiding inside the prickly costume.

Among David's critics, was Piers Morgan, who boycotted the ceremony but later claimed the host should be replaced by Bradley Walsh next year. The *Good Morning Britain* star also fuelled rumours of conflict behind the scenes of *This Morning*, accusing the team of pretending to be a "happy family".

*Coronation Street* was also triumphant, with Katie McGlynn being recognised with the Serial Drama Performance award after her character Sinead Tinker's battle with cervical cancer.

Katie, who has now left the soap, told OK! that she hopes her exit will continue to raise awareness of the illness. She explained, "I'm still inundated with messages now. It is still raising awareness... I want to



Emmerdale cast members accepted the award for Serial Drama





Katie McGlynn picked up the gong for Serial Drama Performance





Kate Garraway  
looked gorgeous  
on the night



Caitlyn Jenner  
was reunited with  
*I'm A Celeb* hosts  
Ant and Dec



Ant and  
Dec's annual  
press selfie!





**Sisters Motsi  
and Oti  
Mabuse**



**Frankie and  
Wayne Bridge  
looked loved-up  
on the red carpet**

get young women to go for their smears. That's all I really want. I'm no longer on *Coronation Street* but I'm going to keep banging on about it. I want people to save their lives if they need to."

Katie also shared with OK! her exciting plans to relocate to Los Angeles. She said, "I'm definitely going to LA at some point to chase my dream. If it doesn't happen, it doesn't happen, but I need to try." She admitted that her dream role would be a "sassy, evil role" like Margot Robbie's Harley Quinn.

It was date night for jungle royalty Jacqueline Jossa, who looked suitably regal in an Isabell Kristensen frock, with husband Dan Osborne on her arm. She was delighted to see *I'm A Celebrity...* win The Bruce Forsyth Entertainment Award – which was presented by sisters Motsi and Oti Mabuse – and told OK!, "It was nerve-wracking because *I'm A Celeb...* has won awards for the last however many years, so we didn't want to be the group that didn't win for the show." Reminiscing about her jungle horrors, she added, "My one big memory from the series is a spider weeing in my mouth."

Meanwhile, fresh from gracing the cover of OK!, Caitlyn Jenner switched the Hollywood Hills for Paul Hollywood, as she jetted in to present *The Great British Bake Off* with the Challenge Show award. Caitlyn, 70, also enjoyed a reunion with her jungle campmate Kate Garraway. Caitlyn revealed, ▶





The stars of *Loose Women* opted for red



Mario Falcone and Becky Miesner

"It was a great group, that's what made it for us."

With Kate's young male fan base on the up since her jungle stint, she joked, "It is a lovely compliment, of course, but my daughter is slightly mortified. I had to explain to her what a MILF was and that's not a conversation you want to have with your 13-year-old."

No one was surprised to see Ant and Dec pick up the TV Presenter gong for the 19th year in a row. Team OK! were thrilled to join the pair after their victory, and chat to another dynamic duo, Claudia Winkleman and Tess Daly, who accepted the Talent Show award on behalf of *Strictly*.

It may not have been their lucky night, but Live Magazine Show nominees *Loose Women* let their hair down and co-ordinated in red. Stacey Solomon, Andrea McLean and Saira Khan were among the guests.

*The Voice UK* host, Emma Willis, might not have had a victory to celebrate, but she was more than happy after bumping into *Peaky Blinders* creator Steven Knight. Taking to Instagram, Emma, who looked stylish in a black and red suit, revealed the meeting was the highlight of her evening!

Having just finished a photoshoot with OK!, Frankie Bridge and her husband Wayne joined us in our suite, alongside Mario Falcone and his fiancée Becky Miesner who were enjoying a well-deserved evening off from looking after their son Parker Jax, one.

He may have been off duty, but that didn't stop *Dancing On Ice* judge John Barrowman giving OK! all the gossip. The star, who was sporting a silver Twisted Tailor suit, revealed he's settled in "brilliantly". "It's been a great reaction, and if anyone doesn't like me then I tell them to p\*\*s off," he joked.

He also revealed his hopes that the show's first same-sex partnership will inspire others to be more inclusive. "Other shows need to follow suit. I'd love to see gay men and women, and transgender people, in *Love Island* to see what happens because you never know who you're going to fall in love with," he said.

The 52-year-old also opened up about Caprice Bourret's split from professional dance partner Hamish Gaman. John admitted, "All I know is it's like a divorce in the family. In the ice family we don't take sides. We support both of them."

Meanwhile, budding contestant Maura Higgins took a break from training to present the ceremony's red carpet coverage with boyfriend Curtis Pritchard. Maura, 29, was the ultimate ice queen in a sheer glittering gown by Fjolla Nila, but reportedly left the bash alone and in tears after arguing with Curtis. Onlookers reported that the row was sparked by Curtis's claim that the pair had only secured their red carpet gig as a result of his own fame.

The couple's fellow *Love Islanders*, Molly-Mae Hague and Tommy Fury, were





Claudia Winkleman and Tess Daly accepted the Talent Show award for *Strictly Come Dancing*

Emma Willis looked striking in a red and black suit



John Barrowman commanded attention in silver



Curtis Pritchard and *Dancing On Ice* star Maura Higgins

also in attendance. The couple live together in Manchester and Tommy admitted they have two cleaners to help them tidy up!

Following the huge success of the Christmas special, fans were excited to see Gavin & Stacey honoured with the Impact award. After accepting the accolade, co-writer Ruth Jones, who also plays Nessa, opened up about her close friendship with fellow writer James Corden, who she watched the one-off special with.

She told us, "James and I got together with our families which was incredible... My sister at the end went, 'No!' It was fantastic!"

"He [James] was completely bowled over by the reaction. He couldn't believe it. He was worried. Neither of us knew what

the reaction was going to be," she added. But Ruth remained coy on whether there will be another series, admitting, "The answer is, I genuinely don't know."

Luckily, Larry Lamb, who plays Mick Shipman, had a different opinion. He revealed to OK!, "I think there's much more of a chance [of another series] now after the response that it had. I knew this episode was the best one ever. You can always be wrong, but I wasn't really surprised [by the reaction]."

We couldn't agree more, Mick. Our fingers and toes are crossed! **OK!**

WORDS: KATIE LANGFORD-FOSTER, KAT ROMERO, OLIVER GRADY, KIRSTY HATCHER, JOSIE COPSON PHOTOS: AVALON, EMPICS, GETTY, SHUTTERSTOCK, WIRE IMAGE



Love Island stars Tommy Fury and Molly-Mae Hague



Ruth Jones accepted the Impact award for Gavin & Stacey



## WINNERS' LIST

**CHALLENGE SHOW**  
*The Great British Bake Off*

**FACTUAL**  
*Odd One Out - Jesy Nelson*

**DRAMA**  
*Peaky Blinders*

**COMEDY**  
*Mrs Brown's Boys*

**SERIAL DRAMA PERFORMANCE**  
*Katie McGlynn*

**IMPACT**  
*Gavin & Stacey*

**LIVE MAGAZINE SHOW**  
*This Morning*

**TV JUDGE**  
*David Walliams*

**NEW DRAMA**  
*Chernobyl*

**TV PRESENTER**  
*Ant & Dec*

**NEWCOMER**  
*Peter Ash*

**SPECIAL RECOGNITION**  
*Sir Michael Palin*

**BRUCE FORSYTH ENTERTAINMENT AWARD**  
*I'm A Celebrity... Get Me Out Of Here!*

**DRAMA PERFORMANCE**  
*Cillian Murphy*

**SERIAL DRAMA**  
*Emmerdale*

**TALENT SHOW**  
*Strictly Come Dancing*



GOOD GOLLY, MISS HOLLY

# ALL HAIL QUEEN HOLLY!

HOLLY WILLOUGHBY RETAINS HER CROWN AT THE NTAs AS THIS MORNING SCOOPS THE PRIZE FOR THE TENTH YEAR IN A ROW

**M**aking the leap from children's presenter to Queen of daytime TV is no mean feat but Holly Willoughby has made the transition look effortless. At the NTAs she cemented her position as the jewel in *This Morning's* crown with viewers voting in their dozens for the daytime show.

Adored by fans for her relatability and down-to-earth nature, Holly is the celebrity everyone secretly wants to count as their BF, getting style tips from her while gossiping over a glass of vino. Holly's chemistry with *This Morning* co-host Phillip Schofield is the stuff of TV producers' dreams. But don't be fooled by her giggly demeanour. She's not afraid to show her emotions when empathising with a guest over a heart-wrenching story but is suitably firm when tackling politics with the likes of Boris Johnson and Jeremy Corbyn.

Lauded for her fabulous wardrobe choices, she typically turned heads at last week's NTAs in a stunning Peter Langner dress. Unfortunately it didn't stay quite as pristine as she'd hoped. She later admitted spilling champagne on it earlier in the night when the show's pyrotechnics made her jump. "I literally threw it [my drink] and it went all over me," she said, in her endearing confessional style.

Holly's never afraid to let her hair down and enjoy a boozy night out at an awards bash. She and Phillip have become known for turning up at the *This Morning* studio the day after the night before feeling a little worse for wear. Sure enough, after last week's win, Holly revealed to OK! backstage that her *This Morning* colleague Alice Beer had encouraged the team to start the celebrations very early – before that morning's show had wrapped. "Alice Beer needs to change her name to Alice Tequila. Beer is not strong enough," she



Holly and Phil at the NTAs and (below) interviewing prime minister Boris Johnson



laughed, as Phil added that Alice had the tequila shots ready from 11.15am!

Fond of a cheeky double entendre on air, Holly also admitted that, despite her perfect poise during their acceptance speech, she later felt rather red-faced. Why? She realised she'd been holding

the trophy in a slightly rude way. "We were in great shape tonight until I realised I was holding the award like Madonna's pointy bra. I thought to myself, 'Oh, that's gonna be a great shot, well done, Holly!'"

Despite rumours of tension between Phillip and Ruth Langsford – with accusations the pair appeared frosty together on stage – Holly and Phillip's friendship has remained as strong as ever. Holly, who's 39 next week, first joined Phillip on the *This Morning* sofa in 2009 and the pair's partnership has since become one of TV's most watchable. They regularly holiday together with their families and Holly recently brushed off reports of a strained relationship by insisting she would quit the show if Phillip did. She explained, "We've always said from the beginning that if either of us left then we wouldn't want to do it, as I can't imagine *This Morning* without Phil, it's us together."

Opening up about their magical chemistry, Holly admits, "I think it's the fact that we've got a friendship first and foremost. We've known each other a really long time now and we pretty much know what the other's thinking half the time so it makes our working relationship really easy... and fun, too!"

Off screen, Holly is happily married to TV producer Dan Baldwin. The couple marked their 12th wedding anniversary last August and are parents to Harry, 10, Belle, eight, and Chester, five. But Holly has said that it wasn't exactly love at first sight. "He'd come from MTV and was very 'too cool for school'. He looked at me like I was this wally of a person.

I thought, "Oh God, he hates me. He thinks he's really cool."

She added, "Then we became really good friends. We were in the bar and we toasted something with champagne and I looked at him and it was like, 'Oh my God, I fancy him.'" With a demanding



'I CAN'T  
IMAGINE THIS  
MORNING  
WITHOUT PHIL'











Holly has three children (below) with husband Dan



work schedule and an early morning wake up call, Holly's trick is to always relax and unwind before her head hits the pillow at night. "I love the luxury of sinking into a bath before bed and if I've got the time, that's exactly where you'll find me; soaking in essential oils, listening to Desert Island Discs! I think a bath, followed by climbing into a bed with fresh sheets, is the best feeling in the world."

Determined to be a hands-on working mum, she makes every effort to put her children to bed each night, revealing recently, "While I'm reading Chester a bedtime story, Belle sits reading to herself and once Chester's down, I read to Belle and have a chat before switching out her light. Harry goes to bed at 7.30pm and reads until about 7.45pm when I go up to tuck him in and say good night."

Reflecting on her success, it's clear Holly doesn't take any of it for granted. Of the future, she said, "Life goes so fast and all too soon I'll be sat at home on the sofa – hopefully as a grandma – watching the 50th NTAs or whatever it is and thinking: 'Wow, once I was there.'" **OK!**

HOLLY'S BED LINEN RANGE IS EXCLUSIVELY AVAILABLE AT DUNELM

WORDS: KAT ROMERO PHOTOS: DUNELM.COM  
ELISABETH HOFF, REX/ SHUTTERSTOCK, GETTY



## HOLLY'S NATIONAL TELEVISION AWARDS LOOKS



2005



2006



2007



2008



2010



2011



2012



2013



2014



2016



2017



2018



2019



2020



# 'ANYWHERE THERE'S A LITTLE HOLE, WE'LL FIT AN NTA'

**ANT AND DEC** TALK TO OK!'S JOSIE COPSON ABOUT PICKING UP THEIR 19<sup>TH</sup> NTA AND WORKING WITH EACH OTHER FOR 30 YEARS

**W**inning the same award for 19 years on the trot should be quite a challenge, but it wasn't really a surprise when Ant McPartlin and Declan Donnelly did just that at the NTAs.

The seemingly unstoppable duo have remained fan favourites thanks to their comic timing, firm friendship and fantastic chemistry. But it's been a tough few years for the pair, both 44, after Ant took a brief step away from the spotlight in 2018 to deal with his addiction issues and also went through a very public marriage split with Lisa Armstrong.

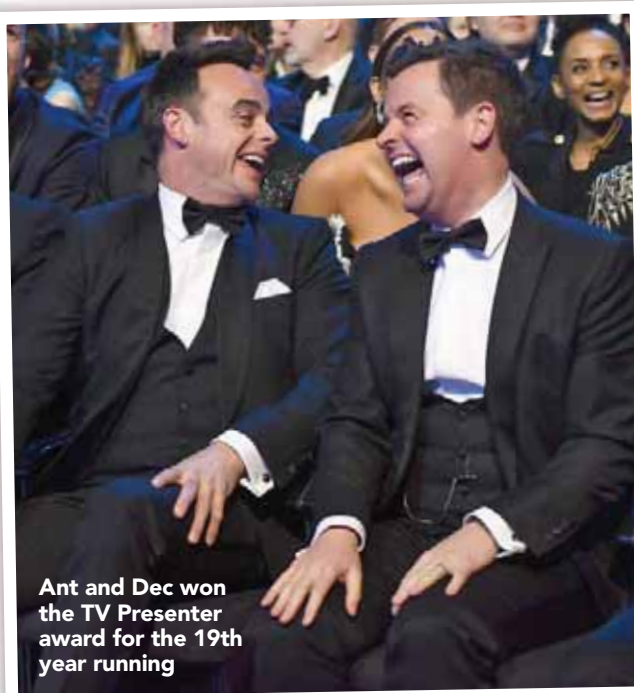
But they insist their battles have made them stronger. "That became a huge learning process for both of us," said Dec – who is father to baby Isla, one, with wife Ali Astall.

Reflecting on three decades at the top, Ant says, "I think as we get older and the more this goes on, the more grateful we become every year."

Here, the dynamic duo talk about their "surprising" win and going commando under their suits!

**Congratulations on your win. Should they rename the TV Presenter award the Ant And Dec award?**

**Ant:** I don't know. Every year we say we're surprised, but we are. We're more



Ant and Dec won the TV Presenter award for the 19th year running

grateful now than we ever have been. To stand there and accept an award for the 19th time is truly overwhelming. It's brilliant.

**It can't be a surprise when you win...**

**Dec:** Well, it is and you never take it for granted. We have the same conversation every year: "This could be the night that we don't get it and this could be the night that the run comes to an end."

**Ant:** We always talk ourselves out of it. By the time we're on to the red carpet, we're like, "We're not going to win it."

**Dec:** We never take it for granted and every year the palms get sweatier and the heart starts beating a little bit faster. You feel like you're going to be sick just that little bit more every year. The relief, when they open the envelope and call out your name, is palpable.

**Ant:** Yeah, because it's going to end one day, it has to. So we just kind of sit there and feel grateful to be there.

**Dec:** Every year we go, "It will end... but please not tonight!"

**Are you running out of places to put your awards?**

**Ant:** Oh, we squeeze them into any crevice that will take them. Anywhere there's a little hole, we'll fit an NTA.

**You are up there with the legends of TV presenting. How does that feel?**

**Dec:** I don't think you stop and smell the roses very often, you're always kind of working on the next thing. We're in the middle of *Britain's Got Talent* and we're about to start *Saturday Night Takeaway* again, so it doesn't really cross our minds. We're always looking forward.

**If you stopped now you'd still go down in history...**

**Ant:** Well, that is a very big thing to say! We've been working together for 30 years this year, so that in itself is one hell of an achievement. So we're going to hopefully celebrate it in some way – watch this space. We just love what we do and we're very privileged to be in this business, because it's a brilliant business.

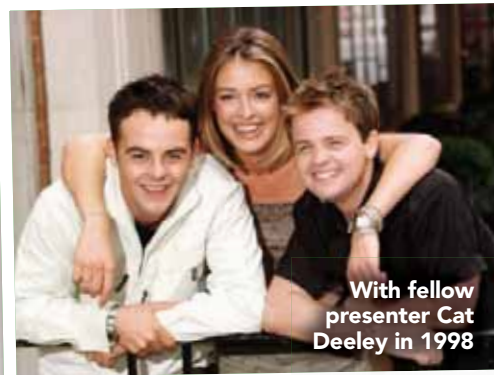


Ant with girlfriend Anne-Marie Corbett



Dec with wife Ali





With fellow presenter Cat Deeley in 1998



In I'm A Celebrity...

**Congrats on the success of Ant & Dec's DNA Journey...**

**Ant:** That was one hell of a show.

We ended up going to places, physically and emotionally, that we never thought we would go. We learnt a lot about each other and about ourselves. It was really emotional.

**Are you still learning things about each other?**

**Dec:** Yes, and we didn't expect to. We took the journey on and then our lives both took a huge turn in the middle of filming [which was stopped due to Ant's personal issues]. We didn't expect that to happen and that became a huge learning process.

**Ant:** We decided to keep it in and talk about it. We had to, it was such an honest show that it would have been dishonest if we didn't talk about it. We talked about everything and the end result was just great.

**Amanda Holden said you both go commando under your suits. Is this true?**

**Ant:** Erm, hold on, let me just check. Yeah, she's right.

**Dec:** I've gone with a pair of tighty-whities [laughs].

**Ant:** Have you?

**Dec:** Oh yeah, you don't want any malfunctions on the red carpet.

**Ant:** I like it free and easy.

**Dec:** It's a long ceremony and if you've had to go to the toilet halfway through and you have any dribbles, you're best not going commando.

**Ant:** I wear black... That's why I wear black [both laugh]. **OK!**

PHOTOS: GETTY, SHUTTERSTOCK



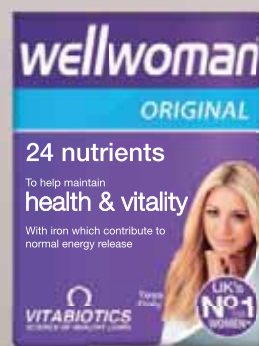


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# I'M NOT THICK-SKINNED ENOUGH TO HANDLE SOCIAL MEDIA

OUR COLUMNIST SHARES HER VIEWS ON KIDS' PRIVACY WITHIN SOCIAL MEDIA, VEGANISM AND DEADLY VIRUSES

I saw that Rochelle Humes had posted images of her young daughters on Instagram for the first time, after previously keeping their faces off social media. She explained that her girls had reached an age where they were aware of Instagram and now curious as to why they weren't on her page.

I can understand this and I think the decision to put children on social media should always be one the parent makes themselves. Whatever feels right for you. Personally, I don't post images of Amelia and Theo. Pete is great about it and respects my boundaries and they won't change anytime soon. I think I'm protecting them from scrutiny and nasty or hurtful comments. Until they reach an age where

they can consent for their photos to be online, I'd rather they not be posted. I'd also like to leave it as long as possible before my kids get their own social media accounts. It seems like most teenagers have one nowadays, but I'd have to be

able to keep an eye on it and I'd want their profiles to stay private.

I think a big reason I'm not keen for the kids to be on Instagram is because I'm not on social media myself. I'm not thick-skinned enough to ignore it when something horrible is said. It's only a minority of people who say things like that, but

unfortunately it sticks with me. A big tipping point for me was around eight years ago when one of my Facebook friends gave private Facebook images of me to the press. After that, I shut all my accounts down. It's sad that I felt I had to do that, but I think I've been happier as a result.



## HOSPITALS ARE PREPPED FOR CORONAVIRUS



There's been so much in the news about coronavirus – a virus that appears to have originated in China, specifically a city called Wuhan. Now there are confirmed cases in England. At the time of going to press, two patients, who are members of the same family, had tested positive. They are getting specialist NHS care, and doctors will be using tried and tested infection control procedures to prevent further spread of the virus.

The advice from the NHS is that when there is a confirmed case they will try to contact everyone who has been in touch with that person. If you're not contacted then your risk of disease is very low.

## I'M PLEASANTLY SURPRISED BY VEGANISM



I told you guys last month that I was attempting a week of eating a vegan diet. It went really well and, while Pete and I are not full-time vegans or even vegetarians, we have cut our meat intake down to just two or three times a week. I've also stuck with soy milk in my coffee and tea. I feel much less bloated when I eat this way and I don't miss meat like I thought I would. **OK!**



# 'I'M STILL LEARNING ABOUT LOVE'

LOVE ISLAND HOST **LAURA WHITMORE** CHATS TO OK!'S KAT ROMERO ABOUT HER RELATIONSHIP WITH THE SHOW'S RESIDENT FUNNYMAN AND WHAT ADVICE SHE HAS FOR THIS YEAR'S CONTESTANTS...

**W**ith more than a decade's TV experience and her boyfriend *Iain Stirling* already established as the show's narrator, Laura Whitmore was a natural fit to take over from Caroline Flack as *Love Island* host.

Her signing followed Caroline's shock assault charge in December. But despite the unfortunate circumstances surrounding her new role, Laura insists she's been blown away by the positive reaction. "Everyone has been so lovely online," she tells OK!

Relishing every second spent at the *Love Island* location in South Africa, she suddenly squeals with delight mid-chat as a random tortoise strolls by. "I'm sure the locals are used to these kind of sights, but I'm still shocked by it," she says, giggling.

While the dating show may be famed for its break-ups and heartache, Laura's romance with comedian *Iain*, 32, is stronger than ever. The pair, who live together, started dating in 2017 and she has previously declared him the "best person I know".

Here, Laura, 34, chats about her experience on the dating show, Valentine's plans with *Iain* and the lessons she's learnt about love...

**You're doing amazingly well on *Love Island*. How are you finding it?**  
I'm really enjoying it. It's very exciting, but the circumstances were sadly not the best so I have to remember that it's a show I was a fan of. I feel very lucky and everyone has been so lovely online. I saw previous contestants like Molly-Mae Hague and Olivia Attwood at the NTAs last week and they told me how much they'd been loving this new series. It was great to hear.

**Has Caroline been supportive?**

Yes, she has. Caroline decided to take time off and before I even got asked to do this series, she messaged saying she hoped I got the role. I spoke to her after I did the first show, but I wanted to leave her to have her space. I didn't want to be annoying her too much.



*Love Island's*  
strongest  
couple

**You're in a happy relationship. What advice would you give to this year's contestants?**

Oh wow, I think I'm still learning about love, even at this age. I would say, be open. Sometimes you end up with someone you didn't think you ever would. Something changes. I knew *Iain* for years as a friend before we got together. Sometimes you just see them in a different light. So yes, in love, you have to be open to things.

**If you had been a contestant on *Love Island* during your twenties, what kind of guy would have caught your eye?**

[Laughs] Well, I think when we're younger we always like a bad boy. So 10 years ago I would have gone for a bad boy! But what people love about *Love Island* is the journey. You see people physically attracted to someone and then it fizzles out because there's nothing else there. We've all been in that situation. You meet a gorgeous guy and then you're like, 'Oh no, there's nothing there!'

**Valentine's Day is approaching. Do you and *Iain* have any plans?**

I think I'll be back in London so we'll be apart. That's always the

case with us! For our first Valentine's Day I was filming *Survival Of The Fittest* in South Africa so *Iain* posted a video on Instagram holding up cue cards with romantic messages written to me – like the scene from *Love, Actually*.

**That was so romantic...**

It was. But in reality I think he realised it was too late to send a card or organise anything. So it was romantic, but I also think he thought, 'S\*\*t, I have no other choice.' Thankfully he's a man who thinks on his feet.

**You've teamed up with TK Maxx for its Give Up Clothes For Good recycling scheme. Is this an important issue for you?**

Yes, the aim is to encourage people to donate a bag of their pre-loved, quality clothes, accessories and homeware at special donation points. I try to recycle my clothes as much as I can. If you have something in your wardrobe you no longer wear, donate it and give it a new home. It's a wonderful campaign and it's all for an incredible cause too, Cancer Research UK. **OK!**

LAURA IS SUPPORTING TK MAXX'S GIVE UP CLOTHES FOR GOOD IN SUPPORT OF CANCER RESEARCH UK FOR CHILDREN AND YOUNG PEOPLE. VISIT TKMAXX.COM FOR MORE INFORMATION

PHOTOS: JASON BELL, GETTY



Laura with  
guests on  
*Aftersun*





'I THINK 10  
YEARS AGO  
I WOULD HAVE  
GONE FOR A  
BAD BOY'

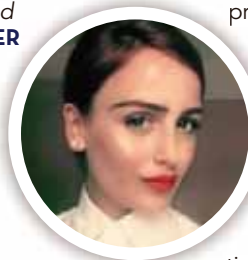




## DANI'S BABY SHOCK

Former *Love Island* winner **DANI DYER** has expressed her shock after discovering that her ex **JACK FINCHAM** is now a dad.

Jack, 28, welcomed a daughter called Blossom last month with Casey Ranger (above), a long-standing friend from his teen years. However he kept the news of "amazing" Casey's



pregnancy a secret, explaining, "I needed personal time and to keep this part of my life private to prepare for this new responsibility."

Revealing that she only heard the news when the first-time dad announced

Blossom's birth on Instagram, Dani told Radio 2's **RYLAN CLARK-NEAL**, "When everyone else found out, I found out... Everyone loves a baby. I wish them all the best."

Jack later denied that he'd been feeling apprehensive about people's reactions to his new dad status, saying, "I created that little person and it's an amazing feeling."

Blossom was born on Friday 24 January weighing 8lb 2oz. Although Jack's no longer with Casey, he says, "Our priority is co-parenting our beautiful baby girl."

Jack and Dani split in December 2018 after six months. Fans of Dani, 24, are predicting she'll marry boyfriend Sammy Kimmence in the near future.



## MAVEN'S MODEL MOMENT

**PASHA KOVALEV** and **RACHEL RILEY** have shared their first family photoshoot – and their two-month-old daughter Maven is a natural in front of the camera.

The adorable pictures are in support of From Babies With Love, a gift and clothing brand that donates 100 per cent of its profits to orphaned and abandoned

children. Becoming a first-time mum, admits Rachel, has inspired her to support such causes. The 34-year-old explained, "As a new parent I feel even more strongly about creating positive change in the world, for my own daughter and for children everywhere."

"When she's older I'm going to teach her about positive change, for now, I'm trying my best, for my little one and other children," added the star.

Little Maven made a fashionably late entrance on 15 December, and Rachel revealed her arrival was rather dramatic. The *Countdown* favourite recalled, "After keeping us waiting she came so quickly we didn't have a chance to get to the hospital and she was born in our bathroom."





## MARK AND MICHELLE IN JAMAICA

**M**ARK WRIGHT celebrated his 33rd birthday in style as he jetted off to Jamaica with wife **MICHELLE KEEGAN**. The couple checked into the luxury Sandals South Coast resort for a week in paradise and, like many of us, Michelle later revealed she's never happier than with a Piña Colada in her hand!

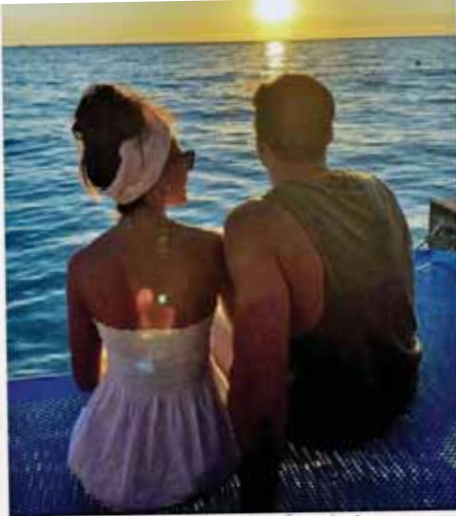
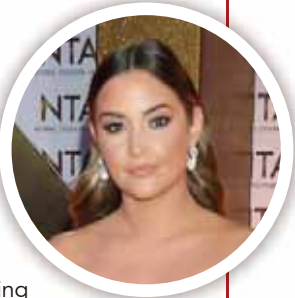
The actress, 32, looked relaxed on the beach as she soaked up the sun in a white crochet bikini, while Mark gushed on Instagram that his wife was "happiness summed up in one pic".

Their sun-soaked trip comes amid rumours that **JACQUELINE JOSSA**

is set to take over from

Michelle as the lead in BBC show *Our Girl*, following the announcement that Michelle has quit the army drama.

The actress is hanging up her stethoscope after four years of playing military medic, Georgie Lane. With the role taking her all over the world to film, it's thought her decision was a bid to spend more time at home. Mark has also scaled down work commitments and is now based in the UK, following his stint in Los Angeles presenting entertainment show *Extra*.



*From Jamaica with love xxx*



## DRAMA IN WALFORD

**J**ust a month after splitting from her boyfriend Paul Keepin, there was more bad news for **JESSIE WALLACE** (right) after it was reported she had been suspended from *EastEnders* for appearing to be drunk on set.

The 48-year-old is said to have been suspended for two months and apparently said she "needs time out" from playing Kat Slater on the BBC soap.

Meanwhile, in other *EastEnders* news, **JASMINE ARMFIELD** (far right) has announced she is leaving the soap after six years of playing Rebecca Fowler.

The 21-year-old told OK! of her decision, "I've loved my time on the show but I feel like everyone gets to the stage in their life where they want to try new things in order to see what else is out there. I needed a change. Life's too short to not try lots of different things."

We'll see what's next! She added of her exit scenes, "All I can say is the 35th anniversary is one to watch. It's going to be a good one."

An *EastEnders* spokesperson told OK!, "We don't comment on artists' contracts."





# 'WE'RE IN NO RUSH TO HAVE CHILDREN'

PRESENTER **JOEL DOMMETT** OPENS UP TO OK!'S KIRSTY HATCHER ABOUT MARRIED LIFE, MENTAL HEALTH AND WHY HE LOVES THE MASKED SINGER...

**H**is latest show, brilliantly bonkers Saturday night treat *The Masked Singer*, has been a TV hit, and its affable host Joel Dommett has been enjoying quite the success story of his own in recent years.

The funnyman, 34, earned his place in the nation's hearts when he took part in the 2016 series of *I'm A Celebrity... Get Me Out Of Here!* and finished second, just behind Scarlett Moffatt.

The reality stint took him from moderately known comedian to a household name. Since then, he's fronted three series of spin-off show *Extra Camp*, presented ITV2 series *Singletown*, had a bestselling book, a sold-out tour and later this year will compete on *Celebrity Bake Off*.

His personal life is equally on a high after he tied the knot with stunning model Hannah Cooper in a beachside ceremony in Mykonos last September.

You'd forgive him for believing his own hype, but as OK! can attest after chatting to him at the launch of his pal Frankie Bridge's new book *Open*, he's one of the most genuine, down-to-earth guys in the business.

Here, Joel talks about his wedding day, mental health and whether children are on the cards...

## How is married life treating you?

We're having a great time. It's just the same really, but we have less money because we had to pay for a wedding!

## It looked like the best wedding day ever...

It was honestly so fun. I was fully prepared to say it was the best day of my life and pretend it was, because I've been lucky enough to do *Bake Off* and I've had these amazing experiences in my life, but it was genuinely the best day of my life [laughs]. We had 28 people there. Some people have weddings where half the day is saying hi and bye to people. I wanted our closest friends and family to have a wonderful time.



Hannah and Joel wed on the beach in Mykonos

## Would you and Hannah like to have children next?

I think we're just going to chill for a couple of years and see what happens. We're in no rush to push it forward. I'm genuinely just really enjoying myself and I feel very lucky. Hopefully we'll continue on that streak.

## 'IT'S A DREAM JOB. I'M A VERY LUCKY BOY!'

## It's so nice that you've come to support Frankie at her book launch...

I've known her since I was in the jungle with her husband Wayne. Wayne and Frankie are the best couple. They live really close to me and Hannah. We moved out to the countryside about seven months ago and they're so close by. They're so lovely. I always say I'm

going to read books but I'm genuinely excited to read this one.

## Do you think it's important to be open about your mental health?

100 per cent. I think that's what I've learned in our marriage, if you're open about everything then that makes everything so much easier. It makes relationships easier if you're honest and talk more. I talk too much though, that's my problem! I overshare.

## How are you enjoying hosting *The Masked Singer*?

It's great. I love that everyone is enjoying it. It's so lovely. I think it's so striking to watch, you change the channel and you're like, "What the hell is this?" Then five minutes later you're completely addicted. People can't believe they're addicted to lunacy!

## Are you having as much fun presenting the show as it looks?

I am. I hope I'm never jaded by it because it's such a joyous show. It's not





Joel hosting  
*The Masked Singer*

cynical in any way. I really love that it does what it says on the tin, you are trying to guess who the people in insane costumes are. It's a dream job. I'm a very lucky boy.

**And is series two happening?**

Well, it's not been confirmed, but I hope so. My brother sent me a message saying, "Congratulations!" and I was like, "Oh, is it happening? I haven't been told anything!" Fingers crossed there is a second series. I've really loved it and it's been a pleasure to present.

**Who's been the naughtiest judge on the panel?**

Definitely Jonathan [Ross]. He's so great, though. The panel have got on so well. I feel like it's rare for four celebrities from four completely different walks of life to come together and click like that from day one. The producers were as surprised as I was because I'm assuming that's rare.

**Who do you get on best with?**

Davina [McCall] has been really wonderful to me. But all of them really. Davina and Jonathan are such huge stars of the presenting world and they're huge inspirations to me and what I do, so the fact that I can go on a show, present and have them tell me I've done a good job is really amazing. I love getting a bit of their wisdom; they give me advice and help me out a little bit. I love knowing I have their numbers in my phone, and if anything happens I'm not sure about, I can contact them. I feel like they've been through a lot in their different careers so it's nice to have them there. **OK!**

THE MASKED SINGER IS ON SATURDAYS AT 7PM ON ITV

PHOTOS: ITV, SHUTTERSTOCK





## IT'S THE END FOR FERN AND PHIL

It's been a heartbreaking start to the year for **FERN BRITTON** and **PHIL VICKERY** (left), who announced that they are parting ways. TV presenter and author Fern took to social media to reveal that her 20-year marriage to celebrity chef, Phil, was over. "Phil and I have decided to go our separate ways. We will always share a great friendship and our lovely children," she wrote.

The former lovers share an 18-year-old daughter, Winnie, and Fern is also mum to four children while Phil has three children from a previous marriage.

The pair sparked a romance while working on *This Morning* together back in the 90s, but Fern recently opened up about how their jam-packed diaries caused a rift in their relationship. "We haven't seen much of each other in the past year," she admitted, adding, "I've been on tour with *Calendar Girls* and he has been filming, but our solid base is absolutely there."

## ASHLEY AND GIOVANNI ARE STRICTLY NO MORE



They found love behind the scenes of *Strictly Come Dancing* in 2018, but after more than a year together, **ASHLEY ROBERTS** and pro **GIOVANNI PERNICE** (left) have sadly split.

Giovanni broke the news on Twitter, writing, "Ashley and I have made the decision to separate as a couple. We remain friends and wish each other well for the future."

The news came as Ashley, 38, was gearing up for the Pussycat Dolls' UK comeback tour, which kicks off in April, and the release of the group's new single *React*. Declining to comment on the break-up, she instead posted a behind-the-scenes image from a photo shoot (above).

Giovanni, who split with **JESS WRIGHT** in 2018, has previously gushed over Ashley on social media,



saying, "I never thought anyone would ever make me smile, laugh and steal my heart as fast as you did!! I love you amore."

However, since the announcement, the pair appear to have erased all mentions of one another from their accounts.



## A SECRET WEDDING FOR ROXANNE

After her very public fall from grace following her treatment of **Coronation Street** actor **RYAN THOMAS** in the *Big Brother* house in 2018, **ROXANNE PALLETT** walked down the aisle to marry Jason Carrion.

The couple (left) said "I do" in front of just ten of their closest family and friends during a ceremony in Jason's hometown of Brooklyn. Roxanne, who opted

for a glamorous fishtail wedding dress, fell for the 33-year-old firefighter when they met in New York last summer and says she's "never been happier".

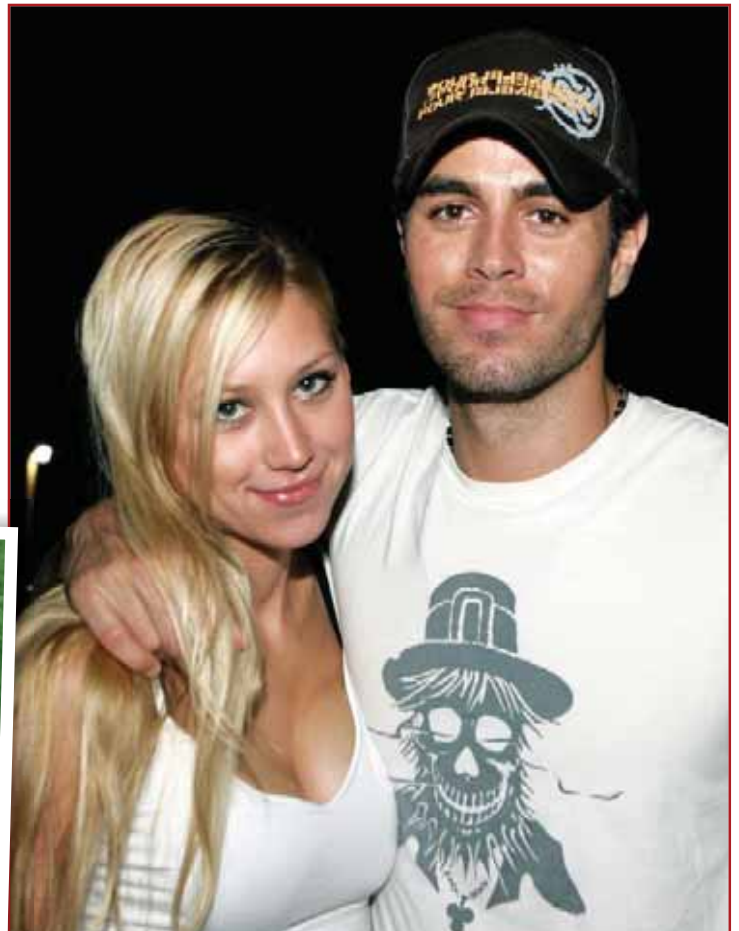
The former *Emmerdale* actress, 37, confirmed her relationship with Jason just seven months after she called off her engagement to Lee Walton (below). Jason was previously married to Cortney Hendrix after they tied the knot on the US version of *Married At First Sight* in 2014, but the pair (left) filed for divorce in February 2019.



## BABY NUMBER THREE!

Congratulations are in order for **ANNA KOURNIKOVA** and **ENRIQUE IGLESIAS** (right) on the exciting news that they're expecting their third child. Just two years after welcoming their twins, Lucy and Nicholas, Russian former tennis player Anna showed off her prominent baby bump while enjoying a boat trip in Miami. Unsurprisingly, the fiercely private couple are yet to confirm the happy news – they didn't announce they were expecting the twins until after they were born in 2017.

After falling for Anna, 38, on the set of his *Escape* music video in 2001, Enrique, 44, has clearly come into his own as a father. "It's one of the best feelings in the world," he said. "I'm more responsible. I drive slower. I think about stupid things a few more times before doing them."





# 'GIOVANNA TELLS ME WHEN SOMETHING IS RUBBISH. IT'S BROUGHT US CLOSER'

McFLY'S **TOM FLETCHER** TALKS TO OK!'S EMILY WHITWAM ABOUT HIS AMAZING AND EXHAUSTING LIFE AND SHOWING OFF TO HIS KIDS...

**T**om and Giovanna Fletcher make parenting look easy. But the refreshingly honest pair are the first to admit that being mum and dad to three busy boys can be pretty exhausting.

While their oldest son, Buzz, five, is now happily settled in school, the couple are making the most of the precious time while Buddy, three, and one-year-old Max are both still at home. Tom admits, "What you sacrifice in your social life, you make up in time with your kids. I still haven't had time to see the latest *Star Wars* movie, which is heartbreaking for me!"

But while their beautiful boys will always be their priority, Tom explains, "We're very ambitious and driven. Neither of us wanted to put our careers on hold."

In fact, he and his author wife of seven years are busier than ever, and currently in the midst of penning the second instalment of their young adult novel trilogy, *Eve Of Man*.

Tom, 34, is also gearing up to join his McFly bandmates on their upcoming *The Lost Songs* arena tour, the band's first since 2016. Tom and Giovanna have also teamed up with food giant Danone to lift the lid on what families really want from ingredients in their food.

Here, Tom tells OK! about a hair-raising holiday accident, and why bandmate Dougie Poynter is in for a shock on tour...

**Poor little Buddy recently had to have stitches while you were on holiday. What happened?**

He fell off a bed and split his knee open! He's 'that' kid. Luckily, it was the last night of the holiday. They had a resident doctor who was at the hotel, but it wasn't nice. We had to

hold him down, it was very stressful. As a dad, it was traumatic. Poor little kid, but he's come through it now.

**Are you looking forward to touring with the family?**

I can't wait. Touring with kids is a new experience for us. I feel sorry for Doug because he's the only one who doesn't have kids – he's going to have a bit of a shock [laughs]. We're still like brothers – we're a dysfunctional family. And in a selfish way, it's amazing to be able to perform for your kids. It's a bit like showing off.

**Would you be happy if they followed you into the limelight?**

If it's what they choose, I'll always encourage them. If it's similar to what I do I'll be able to give them some words of wisdom, and they can learn from my mistakes.

**Have you and Giovanna discussed having any more children?**

We've got our hands full at the moment. We feel really lucky that we have three amazing, healthy kids. I wouldn't rule more kids out but we've got a really nice dynamic.

**How equal are your parenting roles?**

Very. We're both very similar in that neither of us wanted to put our careers on hold, so it's just about finding ways of making it work. But it's exhausting!

**How have you found writing together?**

Challenging [laughs]. But it's so rewarding to make something that we're proud of. We have creative difference but that's part of the fun. You need someone to tell you when something's rubbish, and no one tells you that quite like your wife! It's definitely brought us closer.

**Who cooks most at home?**

I cook a little more now – even though she's a better cook than me! She's been pregnant a lot over the last few years, so



Family comes first for Tom and Giovanna

I've taken more of an active role in the kitchen. I've had a strange journey with food in the past. [Tom's been open about suffering with an eating disorder in McFly's early years.]

**How did your strange journey with food begin?**

Well, just being the 'fat' one in the band [laughs]. We lived the most unhealthy lifestyle. Had lots of takeaways, so I put on a lot of weight. After going on a massive diet, I now want to know exactly what I'm putting in my body. I'm always the one reading the back of packet.

**Is that why you're supporting Danone's campaign?**

Yes. As a parent you become so paranoid about what you're feeding your children. It's difficult to decode the labels and know what's in the food

you're giving them. With Danone's new range, you can recognise all the ingredients on the back of the pot without thinking you are in a science lab. **OK!**

TOM FLETCHER IS AN AMBASSADOR FOR THE NEW DANONE YOGURT RANGE, WHICH IS AVAILABLE IN ALL MAJOR RETAILERS NATIONWIDE. FOR MORE INFORMATION PLEASE VISIT [DANONEYOGURT.CO.UK](http://DANONEYOGURT.CO.UK)



Tom Fletcher, Dougie Poynter, Harry Judd and Danny Jones prepare to go on tour again

PHOTOS: GETTY





'TOURING WITH  
KIDS IS A NEW  
EXPERIENCE  
FOR US'



## 'KOBE AND GIGI WERE SO DEEPLY LOVED'

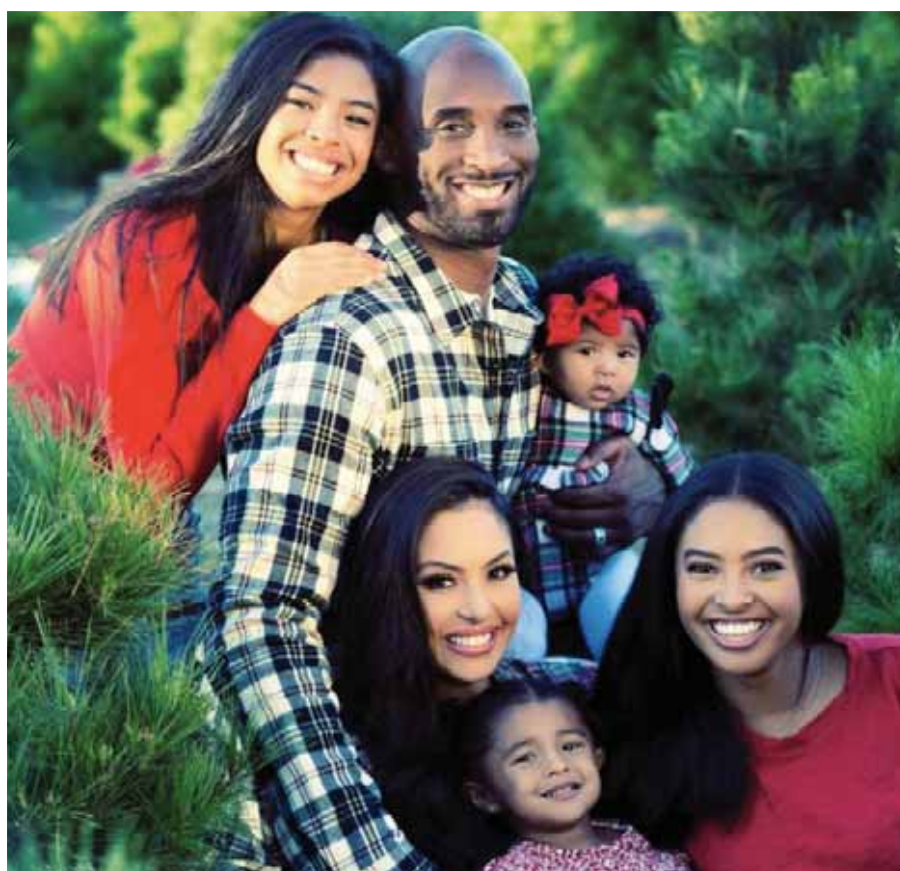
Vanessa Bryant has broken her silence following the "devastating sudden loss" of her husband **KOBE BRYANT** and their 13-year-old daughter, Gianna. The Los Angeles Lakers legend, 41, was travelling with Gianna, known as Gigi, by helicopter to his Mamba Basketball Academy in Thousand Oaks, when the aircraft crashed into the hillside. All nine people on board were killed.

After making her private Instagram account public, Vanessa, 37, thanked the "millions" who have shown their support. She wrote, "I take comfort in knowing that Kobe and Gigi both knew that they were so deeply loved. We were so incredibly blessed to have them in our lives. I wish they were here with us forever. They were our beautiful blessings taken from us too soon."

Kobe and Vanessa, who were married for 19 years, are also parents to daughters Natalia, 17, Bianka, three, and seven-month-old Capri.

"I'm not sure what our lives hold beyond today, and it's impossible to imagine life without them. But we wake up each day, trying to keep pushing because Kobe, and our baby girl, Gigi, are shining on us to light the way," Vanessa bravely wrote.

**BEYONCE** and **BARACK OBAMA** were among those paying tribute to the sports star, while **KANYE WEST** held a private memorial service in Kobe and Gigi's honour.



## COURTNEY PLAYS CUPID FOR BRAD AND JEN

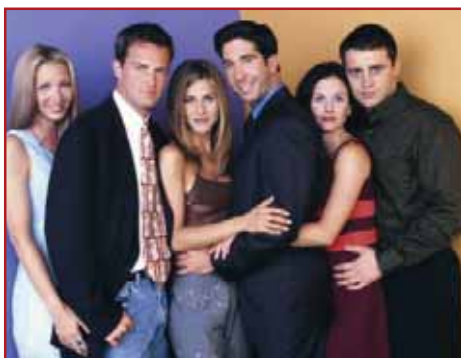
Fans gripped by the 'reunion' of **BRAD PITT** and his ex-wife **JENNIFER ANISTON** appear to have **COURTNEY COX** (right) to thank.

The actress, who is one of Jen's BFs, is said to have played a "pivotal role" in the pair's renewed closeness after reportedly giving Brad, 56, Jen's most recent phone number. Courtney's good deed was prompted after they both complained to her about missing each other's friendship.

Brad and Jen were spotted together at the recent Screen Actors Guild Awards (far right), amid reports they have enjoyed a "string of dates" and are "back in love". They divorced in 2005 after five years of marriage. While Brad moved on with **ANGELINA JOLIE**, with whom he has six children, Jen, 50, went on to tie the knot with **JUSTIN THEROUX**.

Both couples have since split.

In other news, fellow *Friends* (left) alumni **DAVID SCHWIMMER** has shot down recent rumours that a new series of the popular sitcom is on the cards, instead suggesting an "all-black" or "all-Asian" reboot to increase diversity.







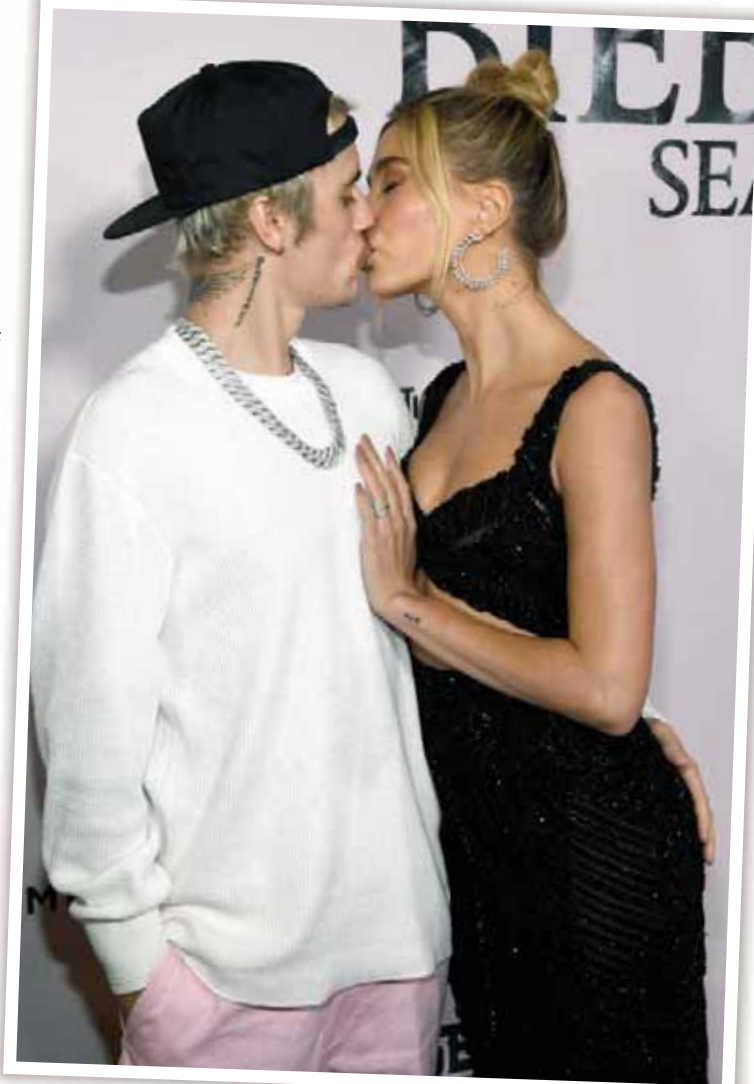
## JUSTIN AND HAILEY'S PDA

Clearly still in the honeymoon period since their two weddings, **JUSTIN** and **HAILEY BIEBER** couldn't keep their hands off each other at the premiere of his YouTube docuseries, *Seasons*. The couple put on an amorous display, kissing and cuddling on the red carpet at Regency Bruin Theatre in Los Angeles.

Justin and Hailey's public display of affection came hot on the heels of his recent revelation that his latest single *Yummy* is about their sex life!

Meanwhile, Justin's former flame, **SELENA GOMEZ** (below left) implied that the singer abused her emotionally during their on/off relationship. Selena, 27, admitted, "I do feel I was a victim to certain abuse." When encouraged to share further details, she clarified that the abuse was of an emotional nature.

Justin, 25, and Selena first began dating in 2011 and were last linked in early 2018, just months before he tied the knot with Hailey, 23.



## 'THE WAY WE FEEL IS ALL THAT MATTERS'

Singer **JESSIE J** and actor **SCHANNING TATUM** are officially back together and they want the world to know about it! After reuniting following a brief split in December, the couple made their red carpet debut at the MusiCares Person Of The Year bash in Los Angeles.

It wasn't their only date night either, as Channing, 39, accompanied his girlfriend to the Grammys just days later, before they hit her label's after-party (left) at West Hollywood's 1 Hotel.

Jessie, 31, was clearly feeling affectionate, as she shared a gushing tribute to her man on Instagram. She

wrote, "I love you so much baby @channingtatum. The way you love me and the way I love you and the way we feel it is all that matters."

The pair's reunion coincided with the finalisation of Channing's

divorce from his former wife **JENNA DEWAN** (left), nearly two years after they called time on their relationship.

The couple have agreed joint custody of their six-year-old daughter, Everly. Jenna, 39, is currently expecting her first child with actor boyfriend **STEVE KAZEE** and recently revealed she wouldn't rule out having more children.





# 'I WOULDN'T DO NUDITY IN A FILM'

WITH HER STRONG PRINCIPLES, THERE'S MORE TO **JULIA ROBERTS** THAN HER ENVIOUS MANE AND MEGA-WATT SMILE

It's nearly 30 years since we first fell in love with Julia Roberts in the classic rom-com *Pretty Woman*. The movie earned the then 21-year-old actress a Golden Globe for her role as Vivian – the hooker with a heart of gold – opposite Richard Gere's playboy character Edward.

This month, to celebrate its anniversary, *Pretty Woman: The Musical* is heading to London's West End reigniting our giddiness for shameless romance, Rodeo Drive shopping sprees and Julia's goofy humour!

Always self-deprecating about her natural beauty, at 5ft 9in, Julia says, "I'm too tall to be a girl. I'm between a chick and a broad." But she doesn't hide the fact that she once had Botox and was "permanently surprised for a couple of months", admitting, "It was not a cute look for me... If you want your chin on your forehead, I'm not one to judge."

It's her straight-talking sass that makes Julia a refreshing asset to



**Pretty Woman celebrates its 30-year anniversary this year**

Tinseltown. After winning the Academy Award in 2001 for her title role in *Erin Brockovich*, she typically refused to let the honour go to her head.

"On the one hand, it means a lot of things, and on the other hand, it doesn't really mean anything. It's a moment in time," she said.

Since then, she's won even more fans with the likes of *My Best Friend's Wedding*, *Ocean's Eleven*, *Eat Pray Love* and *Sleeping With The Enemy*.

But behind her slightly scatty demeanour is a sharp businesswoman – and a wonderful role model for her actress niece Emma Roberts.

Julia, now 52, became the first Hollywood star to command an unprecedented £15.3 million for a film [*Erin Brockovich*] and smashed the glass ceiling for a second time in 2003 with a £19.2m paycheck for *Mona Lisa Smile*. The star refuses

to strip off for a movie, saying, "I wouldn't do nudity in a film. To act with my clothes on is a performance. To act with my clothes off is a documentary."

Meanwhile, her determination to stand up for others showed itself at the 2016 premiere of *Money Monster* in Cannes when she took off her heels and walked barefoot on the red carpet. It was an act of defiance after women in flat shoes were turned away the previous year.

Relatable on so many levels, Julia's chaotic love life throughout her twenties had us gripped [see below left]. But she started dating cameraman Danny Moder after working with him on the set of *The Mexican* in 2001 and the search for her soulmate was over.

Following a secret wedding in 2002 Julia said, "I was born to be the wife of this man," adding that marriage had "nurtured" her life.

The couple have three children – 15-year-old twins Hazel and Phinnaeus, and Henry, 12 – who they've kept out of the spotlight. "I've been very lucky. I have family, nice homes, a successful career, money and people are generally nice to me," says Julia, adding, "I have all I ever wanted... I can wake up each morning a happy person." **OK!**

WORDS: MICHELLE GARNETT PHOTOS: BRINSON+BANKS/  
NEW YORK TIMES/REDUX/EYEVINE, GETTY

## JULIA'S DATING HISTORY

### Liam Neeson 1988 to 1990

Julia, then 19, moved in with Liam, 35, after they co-starred together on *Satisfaction*.

### Kiefer Sutherland 1990 to 1991

Julia broke up with her *Flatliners* co-star a few days before their planned wedding after rumours of infidelity.

### Jason Patric 1991 to 1992

With their matching manes of hair Julia and *Sleepers* star Jason looked like the perfect match!

### Lyle Lovett 1993 to 1995

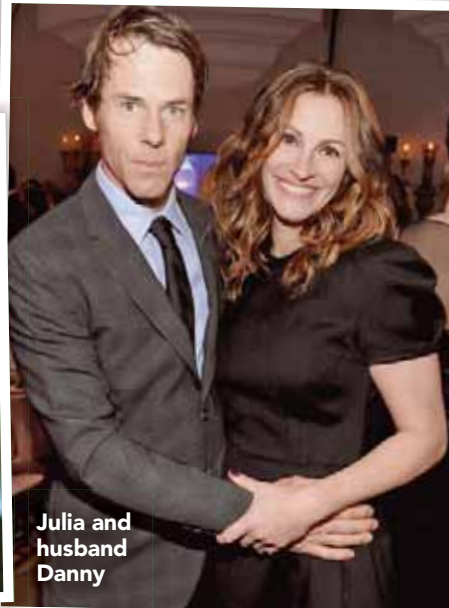
Her barefoot wedding with US country singer Lyle followed a whirlwind romance after meeting on the set of *The Player*.

### Benjamin Bratt 1998 to 2001

The *Law & Order* actor was Julia's date on the red carpet when she won her Oscar for *Erin Brockovich*.



**Julia won Best Actress for her role in Erin Brockovich**



**Julia and husband Danny**



'I CAN WAKE  
UP EACH  
MORNING  
A HAPPY  
PERSON'







Above: Florence Pugh. Above right: Brad Pitt. Right: Laura Dern. Below: Leonardo DiCaprio



Above: Renée Zellweger. Right: Charlize Theron. Below left: Greta Gerwig

### LUNCH, ANYONE?

**WHAT:** 92nd Oscars Nominees Luncheon.

**WHERE:** Hollywood, California.

**LOWDOWN:** The primarily plant-based menu served at the lunch included roasted maitake mushrooms mixed with forbidden black rice, winter squash, cauliflower and red curry.







Above: Clara Amfo. Left: Margot Robbie

### BIRDS OF A FEATHER

**WHAT:** *Birds Of Prey* premiere.  
**WHERE:** Odeon BFI IMAX, London.  
**LOWDOWN:** Suitably bird-like in her feathered top, Margot Robbie was joined by many celebrity faces for the premiere of her new film. Margot, a self-confessed superfan of the show, posed with former *Love Island* stars and later enjoyed drinks with them.



Above: Jordan Hames, Lucie Donlan and her sister Emily Airton, Margot Robbie and Michael Griffiths



### GIRLS' NIGHT OUT

**WHAT:** Press viewing of English National Opera's *Carmen*.  
**WHERE:** The London Coliseum.  
**LOWDOWN:** The duo took to their seats to watch *Carmen*, which is an opera in four acts by French composer Georges Bizet.

Above: Myleene Klass and Donna Air



Above: AJ Odudu. Left: Leigh Francis

PHOTOS: GETTY IMAGES

PHOTOS: GETTY IMAGES, SHUTTERSTOCK



Chrissy Teigen.  
Right: Channing  
Tatum and Jessie J



Demi Lovato.  
Right: Camila  
Cabello



Gwen Stefani.  
Left: Dua Lipa



Ariana Grande.  
Right: Jameela  
Jamil. Bottom  
left: Mollie King



## MUSIC TO OUR EARS

**WHAT:** 62nd Annual Grammy Awards.

**WHERE:** Staples Center, Los Angeles.

**THE LOWDOWN:** Guests dined on Tomahawk steak, lobster mac and cheese or a vegan superfood platter. This was washed down with bespoke cocktails, including The Magic Note, made from vodka, lime juice, agave nectar and butterfly tea. The goody bag was worth £23,000 and included spa vouchers and a luxury back massager.



Heidi Klum.  
Left: Alessandra  
Ambrosio

GETTY IMAGES



THE STAR OF THE MOMENT

# ‘LOVE IS TERRIFYING’

SINGER BILLIE EILISH ON FINDING FAME YOUNG, SCARY NIGHT TERRORS AND WHY SHE’S NOT READY TO FALL IN LOVE

**T**he 2020 Grammys undoubtedly belonged to Billie Eilish. The 18-year-old became the first person to pick up all of the Grammys “big four” awards – which include Best New Artist, Album Of The Year, Song Of The Year and Record Of The Year – since 1981. Her debut album *When We All Fall Asleep, Where Do We Go?*, was crowned, making her the youngest ever winner of the coveted accolade.

She is also set to record the Bond theme for the new film *No Time To Die*. But the teen has revealed that fame comes at a cost and recently admitted she considered taking her own life in 2018 after becoming overwhelmed with her new celebrity status. She said, “I don’t want to be too dark, but I genuinely didn’t think I’d make it to 17.”

Here, Billie discusses her homeschool upbringing, why she’s scared of love and her terrifying nightmares...

**Your album is called *When We All Fall Asleep, Where Do We Go?* Are you a good sleeper?**

Not at all. I have these terrifying dreams. Sleep paralysis, night terrors. It’s like the whole night is terrifying and then I wake up.

They really mess me up so the whole day is off sometimes.

**Your video *Bury A Friend* is creepy. Do your nightmares give you ideas for songs?**

They’ve given me a couple of ideas for my songs. I probably wouldn’t have made that song the way it is if I hadn’t had sleep paralysis and nightmares.

**Some of your fans have expressed their concerns for you online, asking if you’re okay. Can they relax?**

They can relax. I’m just living, making my art. It’s a really dark time and I’m speaking about it. I don’t write from my perspective a lot so you never know what you’re getting, if it’s from me or if it’s from my creative side.

**Your song *I Love You* is a beautiful ballad. Are the words hard to sing?**

Oh God, that song destroyed me. Love is terrifying. Just being in love with someone takes over everything about you and changes all of the decisions that you make and changes the way you think about things.

**You were homeschooled. Did you enjoy it?**

I loved homeschooling. My life rocked because I never actually wanted to go to school. I never wanted to learn the s\*\*t they were learning.

**How did you feel about turning 18 in December?**

I’ve been looking forward to turning 18 since I was born. **OK!**

Billie won big on the night



WORDS: HOT FEATURES/SAMANTHA FRASER  
PHOTOS: GETTY, SHUTTERSTOCK





## ALBUM

HIGH ROAD  
KESHA

Kesha first burst on to the scene and stormed the charts with catchy track *TiK ToK* in 2009. Despite her fearless image, she was secretly suffering, and the star shows her emotional side in single *Resentment*. Now she's ready to take the power back and reclaim her "right to party". "I won't be defined by my past, but I will learn from it. I am so happy, and I hope that happiness is infectious," Kesha said. You can certainly hear that Kesha spirit in tracks *Raising Hell* and *Kinky*. OK! are happy to see Kesha take her rightful place back in our ears.



## BOOK

THE FOUNDLING  
STACEY HALLS

Her bestselling 2019 debut *The Familiars* – which centered around the 17th century Pendle witch trials – had readers bewitched, and now they can fall under the spell of her second slice of historical fiction. Set in Georgian London, *The Foundling* follows two very different women whose worlds are torn apart when a child is taken from a children's home by someone falsely claiming to be her mother. Compelling, thrilling and emotionally devastating – we can imagine the TV period drama adaptation already!



## TOP TELLY

TO ALL THE BOYS:  
P.S. I STILL LOVE YOU  
NETFLIX, 12 FEBRUARY

Netflix has your Valentine's Day plans sorted! The streaming service is finally bringing us the long-awaited sequel to *To All The Boys I've Loved Before*. *To All The Boys: P.S. I Still Love You* picks up where the romantic comedy left off, and Peter and Lara Jean are a fully fledged couple. But the path to true love never did run smoothly, and the boat is rocked when another recipient of one of Lara's love letters appears. With both Peter and John Ambrose vying for her affections, what will Lara do?



## FILM BIRDS OF PREY (12A)



Harley Quinn is back! And this time, the *Suicide Squad* star has some new accomplices. After splitting from The Joker, Harley finds herself teaming up with female superheroes Black Canary, Huntress and Renee Montoya, when Roman Sionis – a Gotham villain also known as Black Mask – puts a target on a young girl called Cassandra Cain. The foursome must join forces to protect Cassandra and Gotham City and bring Roman down. Margot Robbie is a total badass in her return as Harley, while real-life couple Mary Elizabeth Winstead and Ewan McGregor team up for their first film together, starring as Huntress and Black Mask respectively. OUT 7 FEBRUARY

## HOT TICKETS!

SECRET CINEMA: STRANGER THINGS  
LONDON

Well, we were certainly hard pushed to find anyone in the OK! office who isn't a fan of *Stranger Things*. And now, the film experts at Secret Cinema have cleverly transformed a secret corner of London into '80s Hawkins, Indiana. Think retro tunes, meeting the quirky characters, including Eleven, Will and Hopper, and undergoing top secret missions in a medley of best bits from the hit Netflix series. We'll struggle to find a better night at the movies.



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and charm £35

Silver bracelet £55  
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Gold bracelet £150  
and charm £40

All Pandora

# VALENTINE'S GIFT GUIDE







Scarf £175 Coach



Food Mixer £499  
KitchenAid



Bag £550  
Aspinal of  
London

# BLOW THE BUDGET

Jumper £298  
Madeleine Thompson



DAY-TO-  
NIGHT  
JUMPER  
PERFECT  
FOR ANY  
WARDROBE



Earrings £190  
Tada & Toy



Dress £995 Roksanada at  
Harvey Nichols



Bag £475 No.21 at Fenwick



Heels £420  
Maxine  
Shoes



Lennox Cuff £210 Christina  
Greene at Fenwick





Necklace  
£350  
Lola Rose



Lost Cherry  
Eau de  
Parfum £315  
Tom Ford



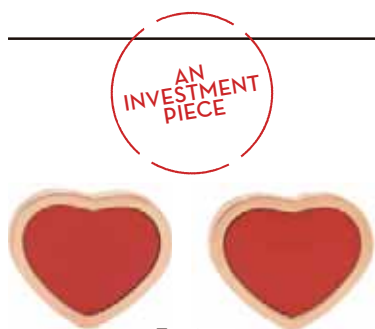
Shoes £169 Pretty Ballerinas



Coat £1,310  
Alexander McQueen  
at The Outnet



Purse £150  
Mulberry



Earrings  
£1,700 Chopard



Ikat Duster  
£340 Hayley  
Menzies

Watch £269  
Michael  
Kors



Cushion  
£225 Amara



Lumea Prestige  
hair remover  
£475 Philips



Keyring £55  
Lulu Guinness



Peony & Blush Suede  
Cologne with red cap £101  
Jo Malone London



Champagne £64 Moët & Chandon



T-shirt £66  
Comme des  
Garçons at END



Scarf £95  
Aspinal of  
London

UNDER  
£150

Chemise £115  
Calvin Klein at Figleaves



Bra £55 and  
thong £40  
Coco de Mer



Love Is The Drug  
Candle £55 Bella Freud



Lipstick in  
Mexicatchy  
£70 Christian  
Louboutin



Magic  
Cream Lunar  
New Year  
Edition £75  
Charlotte  
Tilbury





Afterglow Overluscious Cheek Palette £59 NARS

Rose gold Fujifilm Instax Mini £109.99 John Lewis



Robe £130 Eberjey



Initial bracelet £75 Emily Mortimer



Pro-Collagen Rose Facial Oil £67 Elemis



Earrings £89 Swarovski



Sunglasses £125 Michael Kors



Trainers £99 KG at Shoeaholics



Suitcase £69.99 Rock Luggage



Dress £95 Closet London





Bodysuit  
£40  
Pour Moi



Nail polishes  
£5.50 each Mavala

Blossom Special  
Edition Eau  
de Parfum £49  
Jimmy Choo



Martini  
glasses  
£38.50  
Audenza

All The Love Candle £34  
Seven Seventeen



Keyring £5  
Accessorize



UNDER  
£50

Bag £49  
Lover  
Of Luxe



PERSONALISE  
WITH HER  
INITIALS

The Ritual of  
Ayurveda gift  
set £29.90  
Rituals



Biscuits £8  
Fenwick



Earrings  
£45  
Olivia Burton







Pyjamas £38  
Next



Eye mask £50 Amara



Mermaid Pink Gin £38  
Master Of Malt



Pink Marc de  
Champagne  
Truffles £4.99  
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Love Sleep  
Pillow Spray  
£30 This Works



Notebook  
£47  
Smythson



Jewellery box  
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Slippers £39.50  
Pretty You



Blouse £49.99 Mango



Luminescent Eyeshadow in  
Pangolin £48 Chantecaille



REVERSIBLE  
JACKET



Bomber jacket £134.95 Gap

Cross body bag £198 Paul Smith



Ties (pack of 3)  
£22.50 Marks and  
Spencer

AND  
FOR  
HIM...



Nanopresso Portable Coffee  
Machine £70 wacaco.com



Gucci Guilty Love Pour  
Homme £93  
The Perfume Shop



Cufflinks £22.95  
Moss Bros



Socks (Pack of 2)  
£13 Tommy Hilfiger



Carolina Herrera Bad Boy EDT  
£55 The Perfume Shop



Scarf £75 John Lewis

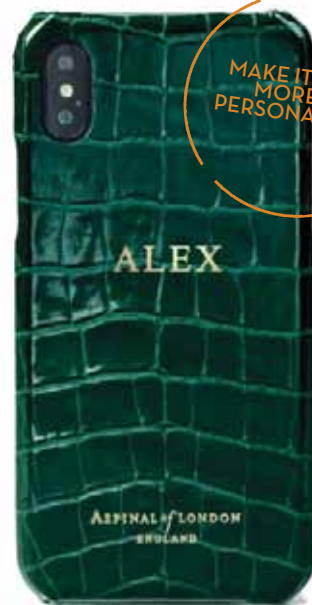


Veja trainers  
£115 Office





GPO Record  
Player £49.29  
Amazon



Phone case £55 Aspinal

Watch £139  
rotarywatches.com



Oud Wood  
Conditioning Beard  
Oil £44 Tom Ford



Jumper £275  
Coach



Candle £40  
oliverjwoods.com



Beard  
Comb £32  
Tom Ford



The Wolseley Dark Sea Salt &  
Caramel Truffles £22.95 Amara

ATMOKO cordless hair  
clippers kit £24.99 Amazon



Bag £65 Dune





Photo: © Bruce Weber

MAKE US  
PURR  
DON'T WEAR  
FUR

PENÉLOPE CRUZ  
FOR *PETA*



## SUITED AND BOOTED

THIS SEASON'S  
TAILORING TAKES A SOFT  
APPROACH WITH A FRESH  
COLOUR PALETTE



Dress £29.50  
Marks & Spencer  
Jacket £49 Topshop  
Boots £65  
River Island  
Bag £39.50  
Marks & Spencer

**PLUS** DENIM DREAMING, YOUR TIME TO SHINE AND GET DATE NIGHT READY





Blazer £469  
Sportmax at Fenwick  
Top £15 Oasis  
Skirt £75 La Redoute  
Necklace £29.99 Pilgrim



Shirt £10 Primark  
Trousers £45 River Island  
Shoes £50 Head Over Heels  
at Dune London  
Earrings £69 Ania Haie

Below  
Jacket £59 and  
trousers £32 Topshop  
Blouse £98  
The White Company





Jumper £89 Finery  
Trousers £48 Palones  
Shoes £25  
Marks & Spencer





**Jumpsuit £81 Palones**  
**Top £320 Madeleine**  
**Thompson**  
**Shoes £55 Office**  
**Bag £25 Marks & Spencer**  
**Earrings £8 Asos**

STYLIST: HARRIET WHEELER  
ASSISTANT: EMMA HAWKINS  
PHOTOS: DAN WILLIAMS  
ASSISTANT: MELINDA DAVIES  
HAIR AND MAKE-UP: CAROLINE PIASECKI  
USING ORIBE AND VANDEROHE NO.1  
NOURISHING FACE SERUM  
MODEL: JIAHE ZHANG 'T STORM

SHOT AT THE STRATFORD HOTEL & LOFTS  
THESTRATFORD.COM







# FOR THE LONG HAUL

Longchamp has launched its spring 2020 campaign worldwide and, of course, has chosen supermodel Kendall Jenner to front it. If there's one

girl that can draw attention away from a beautiful back drop, it's her (although they didn't even bother in this pic!). Expect hero pieces including a leather coat and hooded dress.

## PUT YOURSELF IN HER SHOES



Monday to Friday I live in heels, so when it comes to the weekend I'm more than ready to slip into something a little more comfortable. Priyanka Chopra Jonas has joined forces with Crocs for the fourth year of its Come As You Are campaign, which encourages people to show their personal style by customising a pair of Crocs.

Crocs from £32.99

Prices from £170

LONGCHAMP  
PARIS



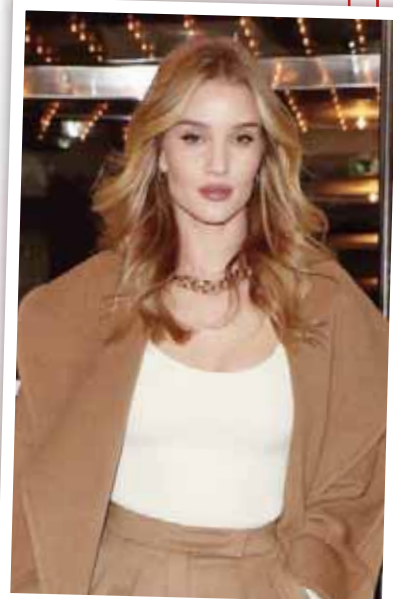
NEW ROUSSEAU BAG  
READY-TO-WEAR BY LONGCHAMP

## THE SECRET BEHIND ROSIE'S PERFECT POUT



Supermodel and ultimate girl crush Rosie Huntington-Whiteley has just been announced as Hourglass's first ambassador. To celebrate, the make-up brand has launched new colours of the super-slim, super-chic lipsticks, including Rosie's signature shade, You Make Me, which I'm hoping will help me imitate her famous pout.

£31 each





# YOUR TIME TO *SHINE*

GET SLEEK,  
ENVIABLE LOCKS  
WITH THESE GLOSS  
BOOSTERS



- 1 Kérastase  
Discipline Bain  
Oléo-Relax £20.20
- 2 Color Wow Extra  
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The Frizz Miracle  
Oil £9.99
- 4 OUAI Rose Hair  
and Body Oil £26
- 5 L'Oréal Elvive  
Dream Lengths  
Frizz Killer  
Serum £8





**AUSSIE CALM THE FRIZZ**  
**HELPS STOP MY FRIZZ**  
**IN ITS TRACKS...**



Our heartfelt love and support are with all those affected by the bushfires in our homeland.  
See what we're doing and discover how you can help at [www.aussiehair.com/help-australia](http://www.aussiehair.com/help-australia)



**CHARLOTTE  
TILBURY INSTANT  
EYE PALETTE IN  
PILLOW TALK £60**

Her original Pillow Talk lipsticks sold so well that Charlotte realised the demand for more and created an extended make-up range. This eye shadow palette is the star of the show and features 12 shades of romantic rose tones.



**111SKIN CELESTIAL BLACK  
DIAMOND EYE MASK  
£12 FOR A SET**

Keep your excess baggage away from date night and copy *The Hills* icon Kristin Cavallari by using these seriously de-puffing eye masks for 20 minutes. They contain a small amount of retinol which smooths away fine lines, and the hyaluronic acid plumps and adds a healthy glow.



**BRITNEY SPEARS  
GLITTER FANTASY  
EAU DE TOILETTE £21.50**

Smell irresistible without splashing out on a pricey fragrance. This new launch from Britney features sultry notes of red plum, agarwood and subtle musks. Pop it in your handbag and be the most popular person in the girls' loo when you do a quick touch-up spritz.



# DATE NIGHT READY



**GET PREPPED FOR  
VALENTINE'S DAY WITH  
BEAUTY WRITER  
ZOE CRIPPS**

**F**ebruary... I can already smell the prosecco and roses in the air. Whether you're being treated to the full wine and dine experience by your loved one (we can but wish) or you're just off out with the girls to celebrate the single life, there's no reason you can't look and feel your best. These are my top picks that I know will make you feel fabulous...

**INC.REDIBLE  
BOUNCE BLUSH £8**

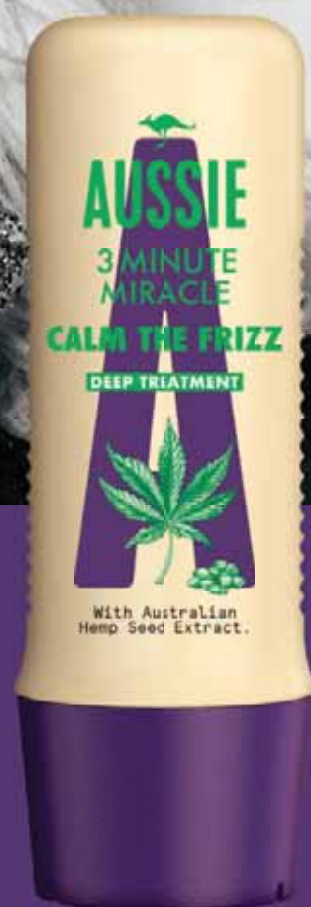
Swipe right on these seriously pretty cheek tints and look glowy instead of powdery. There are three rosy hues to pick from, but I love the dusky pink Be My First Kiss, which gives cheeks a soft focus and flatteringly dewy finish.







**COULDN'T STOP ME BLUSHING  
WHEN I RECEIVED AN X-RATED  
MESSAGE ON THE TRAIN.**



**GREAT HAIR  
THOUGH.**

Our heartfelt love and support are with all those affected by the bushfires in our homeland.  
See what we're doing and discover how you can help at [www.aussiehair.com/help-australia](http://www.aussiehair.com/help-australia)





**URBAN.CO  
BLOW DRY FROM £34**

Remember the scene from *Bridget Jones* where she ends up trying to iron her hair into a semi-attractive look? Avoid that kind of drama by booking yourself a blow dry through the Urban app. The stylist will come to your house and create your perfect date night hair. The inspiration picture I'll be showing? Miranda Kerr.



**KAT VON D  
TRUE PORTRAIT  
FOUNDATION £28**

There's a fine line between looking cakey and looking so shiny you reflect your date's face on your forehead. This foundation gives medium coverage with a matte finish. There are also 40 shades to pick from!

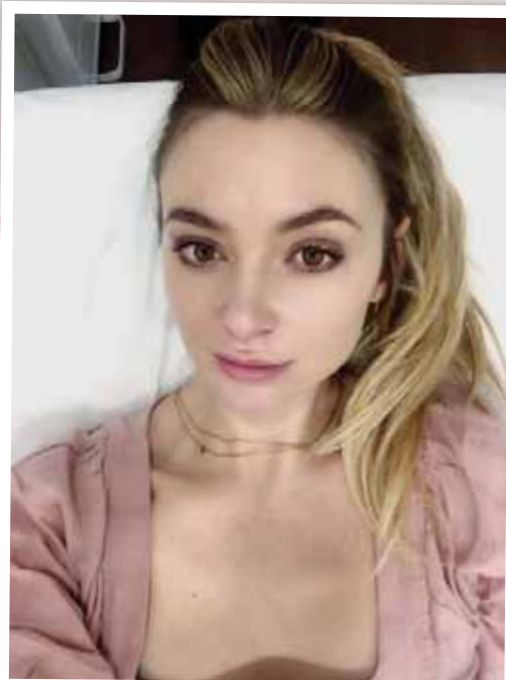


**IT COSMETICS PILLOW  
LIPS £20 EACH**

Don't be put off an end-of-the-night kiss because you're worried about smudging your lipstick. This new 16-shade range is infused with collagen to make lips look plump and the long-lasting formula means the colour will also stay put. Choose from cream or matte finishes.

**AQUAGOLD  
FACIAL £750 AT  
CLINICS NATIONWIDE**

If you want to take your prep to the next level, I have just the thing. This facial was made famous by Kim Kardashian West who had it done before the Met Gala. Hundreds of tiny gold needles inject your skin with a personalised cocktail of skin-loving ingredients, like antioxidants and Botox (just enough to give you an out-of-this-world glow) and the effects last up to two months. I tried it at Dr Nina Bal's Facial Sculpting clinic in London and my skin has never looked or felt better!







Nadia Sawalha and Nicole Kidman (right) are both sufferers

# 10 THINGS YOU NEED TO KNOW ABOUT ECZEMA

THIS SKIN CONDITION CAN RUIN LIVES – SO HOW CAN WE PREVENT AND MANAGE IT?

It's been reported that the number of people with eczema is on the rise – Allergy UK estimates it affects up to 15 million people in the UK alone.

The dry skin condition results in itchy, red and scaly skin. A-listers aren't immune either – Jade Jagger says she has lived with the condition for decades and Nicole Kidman and Nadia Sawalha have suffered

too. There are several types of eczema. Atopic dermatitis is the most common and there is often a family history of this.

Other forms include irritant dermatitis – for example after excess hand washing – and contact allergic dermatitis, which can occur after exposure to an allergen such as hair dye. We spoke to top dermatologist Dr Jennifer Jones to find out more...

- 1 Extreme heat can aggravate eczema, but the worst time of the year for sufferers is actually winter as cold air can dry the skin out more. Wearing gloves can reduce flare-ups on hands.



- 2 The most important thing to do is moisturise regularly with rich cream. Doing this four times a day should lead to a significant improvement in the condition. A dermatologist will be able to advise you on the best cream to use.

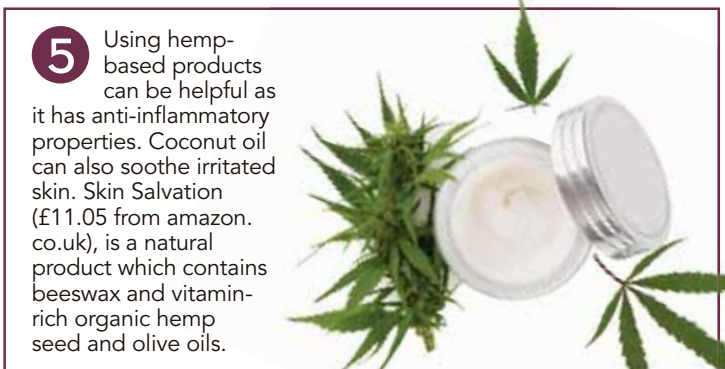
- 3 If you suffer from eczema, avoid anything that will dry out your skin even more. Ditch your usual detergents and soaps, and ask your pharmacist for advice on what you can use that will not irritate your skin.







**4** Some people swear that putting turmeric paste on their skin helps to alleviate the itching. To make this at home, add some turmeric powder to water, stir it until it thickens and then leave on the skin for a few hours.



**5** Using hemp-based products can be helpful as it has anti-inflammatory properties. Coconut oil can also soothe irritated skin. Skin Salvation (£11.05 from amazon.co.uk), is a natural product which contains beeswax and vitamin-rich organic hemp seed and olive oils.



**6** If you had eczema as a child you may well have grown out of it. Around 30-50 per cent of children suffer some degree of eczema, which then reduces to around 2-10 per cent in adulthood.

**7** Your GP can help you determine whether something in your diet, like dairy or gluten, is the culprit. But cut out alcohol, as this will just dry the skin out more. ▶



# ALEXANDRA CANE

THE FORMER LOVE ISLAND CONTESTANT TELLS OK! ABOUT HER BODY TRANSFORMATION AND EXERCISE-INDUCED ANXIETY

**Your recent body transformation is so inspiring. What have the physical results been?**

Thank you! I've gone from just over 11 stone to nine in three months. It all stemmed from my mental state because I was suffering with major brain fog. I was in a rut and I knew I had to get out of it, which is when I met my personal trainer [Aaron Phillips] through a mutual friend. He introduced me to a whole new style of training.

**Where do you think you were going wrong before meeting Aaron?**

Well, when I left *Love Island* my schedule was so hectic that I never really found time for myself or to go to the gym. I was picking up foods which I thought were healthy but actually weren't so I ended up piling on the pounds. He's helped me to understand metabolism.

**What diet changes have you made?**

I have a nutritionist called Amanda [Ursell] who's really helped me understand my diet. I have to calorie count but we make it as fun and realistic as possible.

**What's been the biggest challenge you've faced?**

The mental battle. When I first started training, I was suffering with panic attacks during sessions. But I've overcome those now.



**What advice would you give to other women who suffer with anxiety during exercise?**

For me, exercise is the best form of therapy. You just have to believe in yourself, because you hold the power to get through it.

**What advice would you offer the 2020 *Love Island* contestants?**

Just don't put too much pressure on yourself and try not to listen to what other people say. How you feel about yourself is the important thing.

**What do you love most about yourself?**

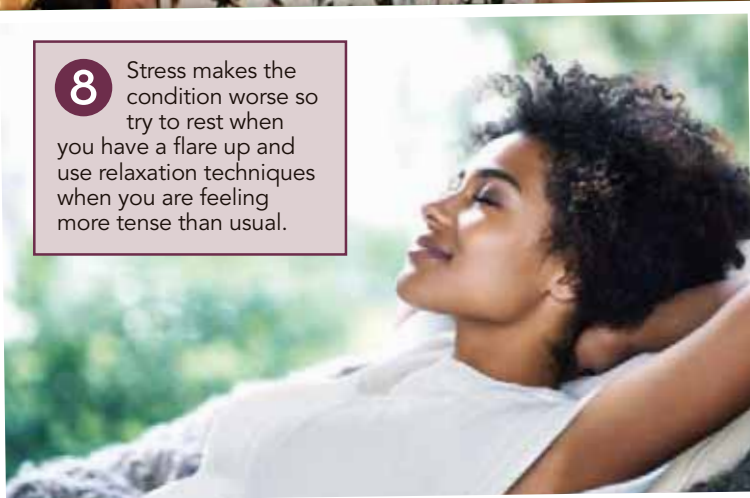
Physically my abs, but I'm so proud of my strength of character. There's been a mental battle and it's not been easy. It's not easy for anyone. But now I feel like I've really turned my life around. I feel so empowered and stronger than ever. **OK!**

WITH THANKS TO DAVID WIENER, NUTRITION SPECIALIST AT FITNESS APP FREELETICS (FREELETICS.COM)



Jade Jagger has had eczema for decades

**8** Stress makes the condition worse so try to rest when you have a flare up and use relaxation techniques when you are feeling more tense than usual.



**9** Hydrocortisone creams can be helpful when skin is inflamed. Mild steroids, these creams are anti-inflammatory and can help calm skin down.



**10** Treatment will always depend on how severe the case, but it often starts with simple measures such as moisturising washes, which, in many cases, can reduce the number of eczema flare ups. **OK!**

WITH THANKS TO DR JENNIFER JONES, A DERMATOLOGIST WHO WORKS WITH CUTICURA (CUTICURA.CO.UK)



WORDS: YASMINE GRIFFITHS PHOTOS: GETTY



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NATALIE, UK

2x

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# TOM DALEY

THE BRITISH OLYMPIC DIVER HAS TURNED HIS HAND TO FOOD AND SHARES TWO EGG-CITING PROTEIN-FILLED RECIPES

**SERVES TWO;  
PREPARATION  
TIME: 10 MINUTES;  
COOKING TIME:  
25 MINUTES**

## INGREDIENTS

- 1 tbsp olive oil
- 1 medium red onion, sliced
- 1 yellow pepper, sliced
- 2 tsp piri-piri seasoning
- 1 whole hot red chilli (optional - if you like it very spicy!)
- 1 400g tin of chopped tomatoes
- Salt and pepper
- 1 tsp balsamic vinegar
- 4 large British Lion eggs
- Chopped parsley to garnish
- Chunky bread to serve

Is it hot in here? This hearty pot of spicy goodness is best served with a slice of fresh white chunky bread to make sure no drop of golden egg yolk goes neglected. A perfect winter warmer for these recent chilly evenings.

**1.** Heat the olive oil in a large lidded frying pan over a high heat and add the red onion and yellow peppers.

**2.** Fry on a high heat for a couple of minutes then reduce the heat, put the lid on and sweat the vegetables for 10 minutes until they are soft and lightly coloured.

**3.** Remove the lid, add the piri-piri seasoning and whole chilli (if using) and fry for another minute.

**4.** Then add the chopped tomatoes and 100ml water, season with salt and pepper and simmer for 8 minutes, stirring occasionally.

**5.** Add the balsamic vinegar, stir and then crack in the eggs one by one. Put the lid on the frying pan and cook for 5 minutes or until the whites are set.

**6.** Garnish with chopped parsley and serve with chunky bread.



***One pot piri-piri  
baked eggs***



**B**reakfast is served! Drizzled in honey, sprinkled with seeds and topped with yoghurt, this scrumptious stack of banana and blueberry pancakes will kickstart your day the sweetest way.

**1.** Heat a non-stick frying pan over a medium heat and toast the seeds until they start to pop. Add the tablespoon of honey and continue cooking for a minute or so until the honey has reduced, and the seeds are browned.

**2.** Pour onto a sheet of greaseproof paper and leave. The seeds will crisp up as they cool.

**3.** Clean the frying pan.

**4.** Sift the flour and baking powder together in a bowl. Stir in the caster sugar. Then

crack in the eggs and start whisking. Slowly pour in the milk and whisk until the batter is thick and smooth.

**5.** Add the lemon zest and olive oil and whisk again until everything is incorporated.

**6.** Melt a little olive oil in the frying pan over a medium heat and spoon the batter into 10cm pancakes. Cook on one side until bubbles appear, then flip over and finish cooking on the other side. Repeat with the remaining batter until it is all used. Keep the pancakes warm while you prepare the bananas and blueberries.

**7.** Over a medium heat, melt the butter in the same frying pan (no need to clean it out) and add the bananas, cut side down. You may need to cook them in batches. Cook

gently until the bananas are coloured on one side and beginning to soften then flip them over and finish off the other side. Remove from the pan and keep warm.

**8.** Add the blueberries to the pan and cook gently for a couple of minutes. Add the lemon juice and 2 teaspoons of runny honey and continue to cook until the blueberries begin to burst. This will take 1-2 minutes.

**9.** Serve the pancakes warm, with the cooked bananas, blueberries and cooking juice. Top with the toasted seeds, a little Greek yoghurt and an extra drizzle of runny honey if you like. **OK!**

TOM DALEY IS AN AMBASSADOR FOR BRITISH LION EGGS. VISIT [EGGRECIPIES.CO.UK](http://EGGRECIPIES.CO.UK) FOR RECIPE INSPIRATION AND TO FIND OUT ABOUT THE NUTRITIONAL BENEFITS OF EGGS.

**MAKES 4 PORTIONS;  
PREPARATION TIME: 10  
MINUTES; COOKING  
TIME: 20 MINUTES**

#### INGREDIENTS

- 2 tbsp mixed seeds
- 1 tbsp runny honey
- 240g plain flour
- 2 tsp baking powder
- 2 tbsp caster sugar
- 2 large British Lion eggs
- 220ml milk
- Zest of a lemon
- ½ tbsp olive oil, plus extra for frying
- 1 tbsp butter
- 4 bananas, split lengthways
- 240g blueberries
- Juice of a lemon
- 2 tsp runny honey plus extra to serve
- Greek yoghurt, to serve.

## Banana and blueberry pancakes





# DETOX LIKE A STAR

IF YOUR NEW YEAR'S RESOLUTIONS HAVEN'T GONE TO PLAN, JOIN THE A-LISTERS AT THE RANCH MALIBU FOR AN INTENSIVE DETOX IN GORGEOUS, SUN-KISSED CALIFORNIA...

## WHY GO THERE

With the awards season in full swing and the Oscars just around the corner, many A-listers have had to put in the extra blood, sweat and tears to make sure their bodies are in tip-top red carpet condition. Being close to Los Angeles, The Ranch Malibu is the perfect place for celebrities to be put through their paces and *OK!* learned that Lea Michele, Rebel Wilson, Nicole Scherzinger (right) and Mandy Moore are all fans. In fact, Rebel posted about her stay, saying it was "challenging but very rewarding". She also said she'd "lost eight pounds from marathon hiking" over her four-day stay.



## WHERE TO STAY

The Ranch has two venues, the Malibu centre and the Four Seasons Westlake Village – both in the Santa Monica Mountains national park.

The 18 guests on the seven-day programme will stay in cottages at the Malibu centre, complete with organic garden, open-air kitchen, outdoor pool and a massage, yoga and meditation village. For the time-poor, like *OK!*, opt for the four-night intensive programme at the Westlake Village, just a 40-minute drive from West Hollywood. Temptations such as coffee makers are removed from the room and the mini bars are locked!





## DAILY REGIME

The programmes at The Ranch are not all about weight loss. Its ethos is all about offering a holistic approach to health, fitness and nutrition – one that will help kick-start a healthier lifestyle and motivate you long after you've left the retreat. The Ranch 4.0 fitness programme that OK! chose involved a 5.30am wake-up call, a stretching class and breakfast before a four-hour hike in the Santa Monica Mountains. After one morning's strenuous exercise, we were rewarded with lunch on Malibu's famous Point Dume Beach where we spotted dolphins and pelicans in the Pacific Ocean. Afternoons back at The Ranch saw aerobic and conditioning classes or a dip in the outdoor pool followed by a yoga class and a relaxing massage. The programmes, in partnership with the California Health and Longevity Institute, also include cholesterol testing and body fat analysis so staff can design a personalised diet and lifestyle plan for you.



## BODY FUEL

While at the retreat, guests follow a 1,400-calorie a day organic vegan diet that excludes alcohol, caffeine, dairy, sugar and wheat.

Before our detox, OK! worried about what we would eat, but luckily the meals were as delicious as they were nutritious, which was a relief as we were very hungry after all that exercise!

Despite the strict daily calorie count, menu highlights included a mushroom stroganoff on polenta mash, lentil burgers with crispy kale chips and a cauliflower-crust pizza with basil pesto and macadamia nut cheese.

Chef Meredith revealed her secrets on the final day by giving



us a cooking lesson, plus recipes to take home so we had no excuse not to keep up the good work! **OK!**

WORDS: ROSIE UNDERWOOD  
EDITED BY: ANNABEL MACKIE  
PHOTOS: DEREK WARR, GETTY



Norwegian (norwegian.com) and British Airways (BA.com) fly from the UK to Los Angeles. The four-night Ranch 4.0 programme staying at the Four Seasons Westlake Village resort costs from £3,200. The price includes accommodation, all meals, daily guided hikes, fitness classes, body fat analysis and daily massage. The seven-day programme is held at The Ranch Malibu and the 10-day programme is held between both The Ranch and the Four Seasons. This summer there is also a pop-up retreat in the Italian Dolomites. For more details visit [theranchmalibu.com](http://theranchmalibu.com).





## CHAMPNEYS, TRING

### WHY GO?

The festive season is long gone but summer still feels like a far off figment of our imaginations. So, if you're in desperate need of some winter respite, a weekend stay in Champneys, Tring, Hertfordshire, could be just the solution you've been looking for.

As you wind your way up the spa resort's driveway, you'll be met by 170 acres of impressive grounds and an ornate fountain – giving you a taste of luxury before even setting foot inside the mansion...

### WHY DO WE LOVE IT?

With 62 treatment rooms, and endless options, you won't know where to start. OK! opted for the Champneys Spa Heaven Cocoon – a full-body exfoliation before being wrapped in a warm cocoon and a

dreamy scalp massage, which made us nod off!

If you're keen to get your heart racing, a full schedule of gym classes is available, including BoxFit and HIIT. If not, you can enjoy a relaxing swim in the 25-metre pool.

Following an afternoon rotating between the steam room, sauna, thalassotherapy pool and waterbeds, OK! retired to our room to get ready for dinner.

The resort's serene ambience continues inside the restaurant, decorated with gold trimmings and comfy pink and red velvet furniture. An overnight stay includes your evening meal, though some optional extras are available at an additional charge. We opted for spinach and goat's cheese tart, followed by gluten-free gnocchi and a mouth-wateringly good hot chocolate fondant.

Checking into a deluxe suite in the Garden Wing, and waking up to a view of the stunning grounds felt extra special. If it wasn't for the delicious buffet breakfast, we easily could have relaxed in our room all morning.

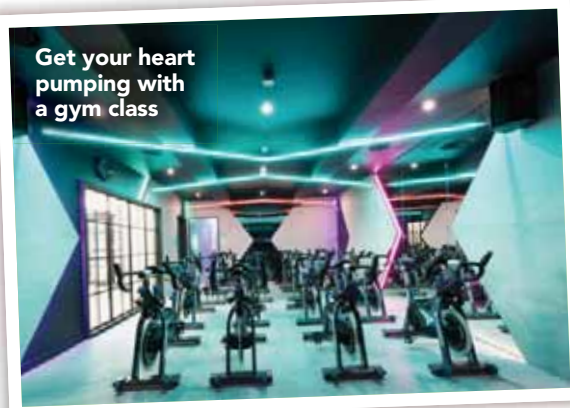
To top off a wonderfully tranquil weekend, we curled up on a cosy armchair in the stunning drawing room for a cup of tea and a read of our favourite book.



**The dining room**



**OK! loved the thalassotherapy pool**



**Get your heart pumping with a gym class**

### WHO GOES?

Denise van Outen, Melanie Sykes and Lisa Faulkner are all frequent visitors of the resort for girly getaways. Lucy Mecklenburgh, Samantha Faiers and Binky Felstead are also among recent celebrity guests. But avid celebrity spotters be warned, even the most A-list of stars are difficult to spy when everyone's wrapped up in the same cosy white robes! **OK!**

FOR MORE INFORMATION VISIT [CHAMPNEYS.COM](http://CHAMPNEYS.COM).



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# RUSSELL GRANT

## OUR ASTROLOGER TELLS YOU ALL YOU NEED TO KNOW ABOUT YOUR WEEK AHEAD!

### ARIES MARCH 21 – APRIL 20



A chance to indulge in a little light speculation will appeal to you. You're very tempted to try your luck. Sometimes you should hold back until a better opportunity appears. Avoid risky financial deals or this could lead to disappointment.  
**STARLINE: 0905 789 4001\*\***

### CANCER JUNE 22 – JULY 23



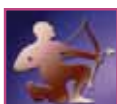
You're waiting for the results of an application, test or interview. Although there may be some slight delay, the outcome will be a favourable one and this could be the start of a more profitable time ahead, so have patience.  
**STARLINE: 0905 789 4004\*\***

### LIBRA SEPTEMBER 24 – OCTOBER 23



You're confused. One person has said one thing, another has a very different story and you don't know who to believe. You need some space to do some thinking. You're ready to take a break from your usual routine.  
**STARLINE: 0905 789 4007\*\***

### SAGITTARIUS NOVEMBER 23 – DECEMBER 21



A friend will help you out when you need a favour. This will come as a relief to you as the situation could have turned out very differently. Don't forget their generosity and be sure to let their kindness rub off on you.  
**STARLINE: 0905 789 4009\*\***

### AQUARIUS JANUARY 21 – FEBRUARY 19



A relative will try to criticise a friendship or relationship. It doesn't matter if they approve of your friends or partner, you have a right to make your own choices. Don't be surprised if you want to tell them to mind their own business.  
**STARLINE: 0905 789 4011\*\***

### TAURUS APRIL 21 – MAY 21



You've always been practical and your mood is super-determined as the week begins. You are confident about what you are doing, have made your mind up and no one is going to be able to talk you out of it – although some may try.  
**STARLINE: 0905 789 4002\*\***

### LEO JULY 24 – AUGUST 23



A new chapter is about to begin. You're going to notice a big difference in your closest relationships with everyone being more co-operative so you can move forward with joint plans – any previous restrictions are now lifted.  
**STARLINE: 0905 789 4005\*\***

### SCORPIO OCTOBER 24 – NOVEMBER 22



You're tired of holding back from making changes you feel are necessary. It doesn't matter what anyone else has to say, you are ready now to act on your decisions. Once you've done so, you will know you are on the right path.  
**STARLINE: 0905 789 4008\*\***

### CAPRICORN DECEMBER 22 – JANUARY 20



There's something vague in the air making you wonder if you've missed something. A new friend is causing tension by spreading silly rumours. Since you don't speculate about other people's private lives, this relationship isn't likely to last.  
**STARLINE: 0905 789 4010\*\***

### PISCES FEBRUARY 20 – MARCH 20



You're more flexible and spontaneous than usual. Taking charge of a team effort will bring out the best in you. Some faint-hearted members of your group will try to hold you back, but their words will hold no sway. You are in control.  
**STARLINE: 0905 789 4012\*\***

### GEMINI MAY 22 – JUNE 21



If you've been avoiding dealings with banks and insurance companies, take the bit between your teeth and get on with it. You should have a fairly good week when it comes to work and money. Any problems are easily dealt with.  
**STARLINE: 0905 789 4003\*\***

### VIRGO AUGUST 24 – SEPTEMBER 23



Changes in the workplace will mean you have to put more careful thought and attention into your job concerns. If anyone is being too critical, don't allow their behaviour to force you into making thoughtless errors.  
**STARLINE: 0905 789 4006\*\***

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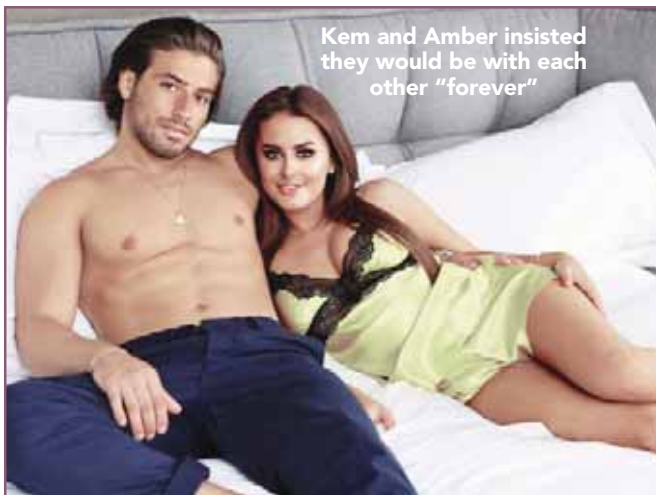


JULY TO  
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149, 142

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## LOVE ISLAND WINNERS **KEM CETINAY** AND **AMBER DAVIES** DREAM ABOUT THEIR FUTURE TOGETHER



**ISSUE 1095 –  
8 AUGUST 2017**

Only a few short weeks from now, the cast of the first winter *Love Island* will be boarding a flight back to the UK after searching for love under the South African sunshine. The Islanders will be returning with more than just a tan – many have fallen in love, and simultaneously got themselves a lot of fans. In 2017, it was winners Kem Cetinay and Amber Davies who were riding high.

At their first shoot as a couple, Kem and Amber, both now 23, were excited to be out in the real world.

Kem described the positive reaction as “overwhelming”, adding, “Even that politician [Jeremy Corbyn] has been watching.”

With matching eternity bracelets on show, a besotted Amber told OK!, “I tell Kem all the time, ‘I’m going to be with you forever.’” The pair had already started to think about their future: “We’ll have three weddings – one in Essex, one in Wales and one in Cyprus”, Kem proclaimed.

Amber added, “Kem wants to be flown in by helicopter. Our wedding would be all about him, it wouldn’t be about me at all!”



Kem said, “I can imagine having a family with her,” but Amber revealed that her 5ft 5in boyfriend objected to having sons. “I’d like two boys, but Kem doesn’t want boys because they’ll be really short.”

Unfortunately, their love burned bright and fast, and within four months the couple had gone their separate ways, blaming their schedules. Despite their relationship not having longevity, the pair have done well separately and still speak fondly of their time together. Kem is now a presenter, and is currently bringing us all the behind-the-scenes action on *Dancing On Ice*. Amber impressed Dolly Parton herself during her West End stint performing in *9 To 5 The Musical*. As far as their love lives go, Amber remains single, while Kem has recently gone public with law student girlfriend Alexandra Hyzler. **OK!**



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