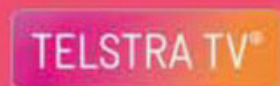
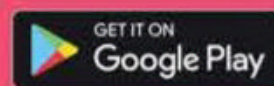
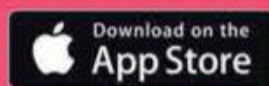


BRAND NEW SEASON
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FREE MARRIED AT FIRST SIGHT MINI MAG!

NEW WEEKLY!

NW



GAY COUPLE SWAP!
Grooms busted in bed



PLUS Nude pics leaked! 🤯



WORLD EXCLUSIVE!



KATIE & BRADLEY'S

SECRET ROMANCE!

Undercover lovers exposed after 3 months of dating!

MILEY'S REVENGE BABY

Twisted plot to destroy Liam

FIRST BUMP PICS!



HORNY RENEE HITS ON BRAD

... & Jen's fuming!

We are NOT on a break!



Named & shamed HOLLYWOOD'S WORST KISSERS

OMG!

Shots that

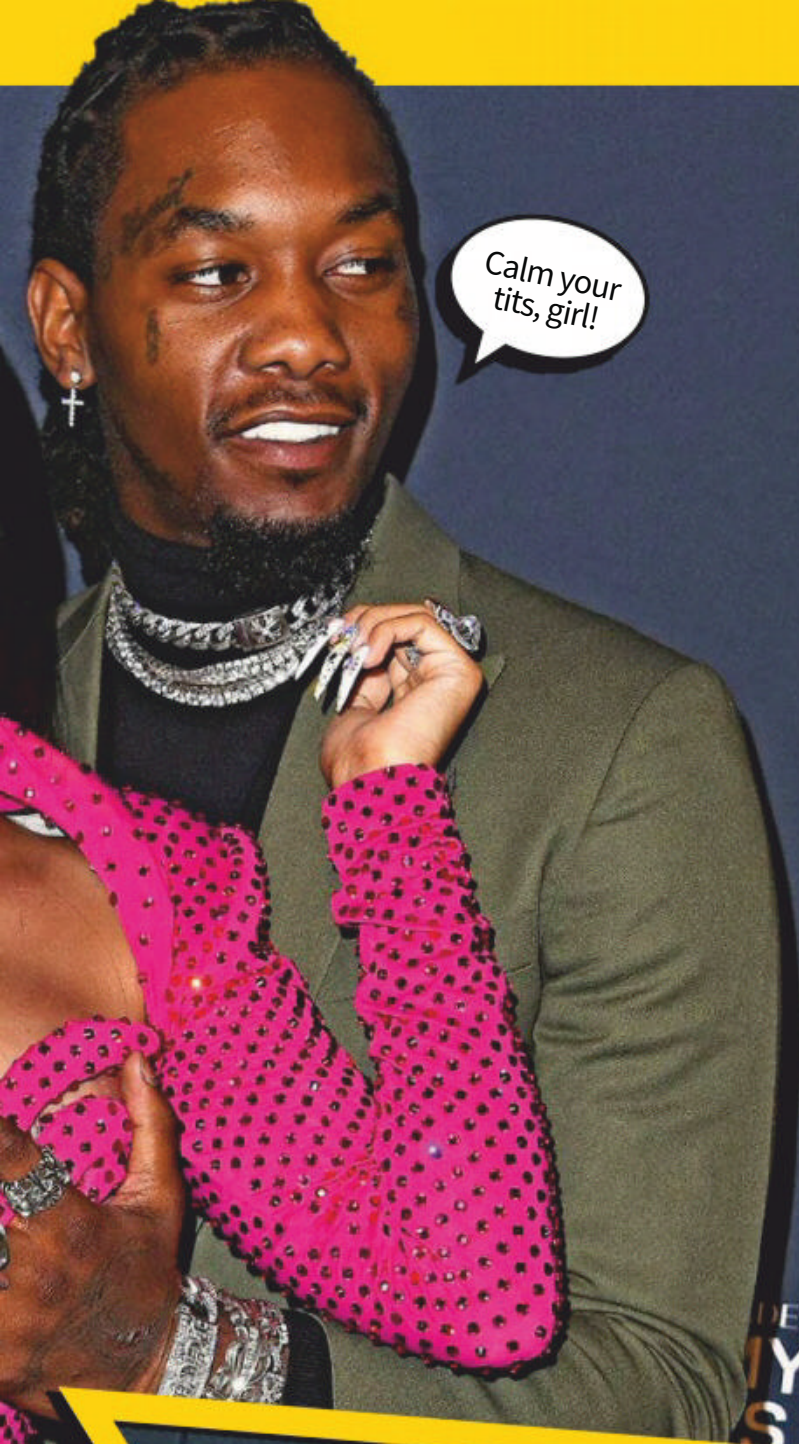
SHOCK

Is it a bit
nippy in here?

BREAST IN SHOW
Cardi B's hubby Offset
certainly has his hands
full as he attempts to
protect his wifey's
modesty. We reckon
you're gonna need
a bigger palm, mate!

Keen for a
sequel?





Calm your
tits, girl!



Only if
Brad Pitt's
up for it too!

BFFs 4EVA

Well, darlin', look out 'cause the hair is comin' down again! *Thelma & Louise* stars Susan Sarandon and Geena Davis can't keep their eyes off each other as they reunite in NYC. Now where's JD?



Can I get you
a drink?

WARNING: THIRST TRAP ALERT!

Can someone fetch us a vat of water – we're feeling thirsty after spying KJ Apa shirtless in the *Riverdale* make-up trailer. Seems it's not just his hair that's red-hot!

NW



THIS WEEK
WE'RE
OBSESSED
WITH...

Caitlyn wearing Kris' dress!

She may not want to be married to her anymore, but Caitlyn Jenner is still keeping up with ex-wife Kris in the style stakes. Yep, the reality star was recently spotted in a \$5,200 Tom Ford LBD that looked shockingly similar to one modelled by the momager back in 2012. So who wore it better? We'll let you decide this one!

Celebrate good times (c'mon!)

It's been a crazy few weeks for the hard-working NW-ettes. First up, our fab associate ed Mel celebrated a big birthday that required much wine and some totally extra desk decoration. I filmed her shock as she walked into the office to discover a fiesta of balloons and streamers – but we had to re-shoot the “surprise” as Mel hadn't put her make-up on yet... Hey, once you get to a certain age, you're allowed to act like a diva!

Then our sassy copy editor Hannah announced she'd secretly tied the knot over the weekend – the second NW-ette to do so in the past year! Such a celeb move, right? I've known Hans for over a decade and I'm so happy she's found her happy-ever-after. Once we're done celebrating, I'm going to make her hunt me down my own fairytale ending!

And speaking of endings, last week, the team farewelled our colleague Claire, whose leaving do involved “gender-bender bingo” with fierce drag queens and even more wine. Amid all these milestones, I'm feeling very emotional – but that might just be the hangover talking...



Seb
Sebastian
van der Zwan
EDITOR

Inside NW this week

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it's time to **SHAKE** things up

Looking to lose those extra kilos? Try Optislim's delicious shakes for your best body yet

Eating right is number one in maintaining your weight-loss goals year round. Take Rose, for example. After losing a staggering 25kg following Optislim's weight-loss program she hasn't looked back. "After weighing myself and getting such a fright, I decided to do something about it," she says.

"I decided on the Optislim program and it's been so easy to stick to - with no food preparation needed, and no temptation to overeat. I also love shakes and smoothies, so it was the obvious choice for me to kick-start a lifestyle change." Paired with staying active in her lifestyle, Rose has stuck to eating healthy and having her Optislim meal replacement shake once daily to maintain her new svelte figure. "I can happily say that Optislim has changed my life!"

The Platinum strawberry shake is a fresh and fruity option that tastes like a real strawberry milkshake! Designed with selected ingredients to reduce hunger and boost your results.



**ROSE 45,
Lost 25kg**
following
Optislim's
weight-loss
program



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Three easy-to-make Optislim shakes per day are all that's needed to boost your weight-loss goals. They're even full of 25 essential vitamins and minerals, and when mixed with skim milk they have a delicious real milkshake taste. We recommend pairing yours with Optislim® VLCD Soups and VLCD Bars for added variety.

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Katie & UN LO

Love is in the air – but it's left their exes fuming!

Bradley Cooper is spending more time in NYC to be closer to his adorable daughter – and it's come with a surprising development in his love life. Yep, in very exciting news to come out of the Big Apple, NW can exclusively reveal the actor, 45, is wooing none other than Katie Holmes!

"They live only a few blocks away from one another and bumped into each other in their local coffee shop one day," tells our insider. "They got talking, as mutually famous people do. Katie later told a few friends he'd asked for her number,



Romance is
made in
Manhattan!

Bradley DERCOVER VERS!

but didn't expect anything to come of it."

But then Bradley called Katie, 41, just a few days later! The stars caught up for a drink at one of the quieter bars between their two homes – and in the three months since, romance has blossomed.

"No-one bothers them or even seems to recognise them – they go super low-key," tells the pal. "That's how they both like it. In Manhattan, it's easy to fly under the radar when you want to."

Katie and her girl Suri, 13, relocated to New York after she divorced Tom Cruise in 2012, while Bradley moved

to the East Coast last year, as that's where he and ex Irina Shayk have agreed to raise their daughter Lea, two.

"The fact that they both have daughters is one of the things they bonded over," says the source. "Bradley's

actually met Suri already, but so far Katie's only introducing him as a friend. She doesn't want

'BRADLEY'S
ALREADY
MET SURI!'



The Gos introduced them!

The pair first met at the 2013 premiere of Bradley, Ryan Gosling and Eva Mendes' flick *The Place Beyond The Pines*



to rush this – but she's admitted she finds Bradley ridiculously attractive."

While Katie and Bradley's mutual mates are pleased sparks are flying between the pair, there are a few people who are opposed to what could be the hottest

new A-list couple.

"Bradley's exes Lady Gaga and Irina will be shocked," says the source. "Gaga expected Bradley to shack up with her when he dumped Irina."

And Katie's ex Jamie Foxx – who ended their secret romance last year – will also be licking his wounds. The actor had "something of a revelation" after his good mate Kobe Bryant tragically died in a helicopter crash, says an insider, and realised there's nothing more important than family. "For the past six years, Katie was his family. He's decided he wants her back." ■



What the Foxx is this?!

It's Shayk-en me to my core

I hope it's a Bad Romance

The furious exes!

MILEY'S PREGNANT

😱 ... with a revenge baby

Bub on board!

Turn-thing to tell us, Miles?

Don't call her an angel – call her a mama-to-be!

From hooking up with a woman to posting softcore snaps of herself on

Instagram and starting a seemingly serious romance with a bloke who looks just like Liam Hemsworth, Miley Cyrus has pulled almost every play in the book to make her ex-husband jealous.

But the singer has one last trick up her sleeve to ensure she gets revenge on Liam, 30, in the cruellest possible way – she's having a baby with beau Cody Simpson!

"Miley knows the one thing Liam really wanted when they got married was to start a family," shares a close pal. "She always pulled against him and was forever blabbing on about how she didn't want to bring kids into this f**ked-up world."

Miley, 27, seemingly confirmed the news during a recent beach outing with Cody in Malibu, where she debuted the beginning of a bump beneath her bathers. We're told she also chose that moment to tell Cody about the bun in her oven.

Cody, 23, has previously said he and Miley would "make some cute kids – they'd look Aryan as hell".

Although he didn't plan on becoming a dad quite so young – that'd explain the strained look on his face! – he's still over the moon. However, deep down, he can't shake the niggling feeling that Miley only wants this baby as it will torture Liam.

"Miley can be very sneaky when she wants to get her own way," says the source. "She has a one-track mind on making sure Liam will never get over her. She knows the pregnancy will mess with him. Now that he's in a new a relationship, she wants to ruin it by getting in his head." Ouch! ■

*The moment
she told Cody!*

Cody looks
conflicted as
Miley shared
the news

LIAM'S NEW ROMANCE ON THE ROCKS ALREADY!

While Miley continues to dwell on the past, Liam is focused on the present – which includes new girlfriend Gabriella Brooks. But those closest to the star are begging him to take it slow. “Frankly, Liam’s family is worried,” reveals a friend. “They think he’s moving too fast.”

And they may have reason to be concerned. The Aussie actor rebounded with Maddison Brown before taking up with Gabriella, 21. “Liam’s folks and brothers don’t think he’s in the right emotional state to enter into another serious relationship,” explains the friend. “They think he should put a little distance between him and Gabriella... Liam, of course, thinks otherwise.”



Our insider
says ‘loyal’
Cody will stand
by Miley and
the baby



Kinky Gwyneth's

SHOCK FOURS

Talk about
Fifty Shades
of Awkward!

You know you are obsessed with sex when you're begging your ex-husband and his partner to join you in the bedroom.

And that's exactly what an "insatiable" Gwyneth Paltrow is doing!

Having announced her sex life with second hubby Brad Falchuk is "over" when he finally moved into her house after almost a year of marriage, Gwyn, 47, is going to extremes to spice things up again.

"She just won't shut up about threesomes and even foursomes," says

a source. "She's rubbing a lot of people up the wrong way – so to speak."

Word is, she even propositioned ex Chris Martin and his girlfriend Dakota Johnson, 30, about a little group action with her and Brad, 48!

"Chris is pretty vanilla, which Gwyneth obviously knows, and he found her request really off-putting," says a source. "Gwyn felt he should broaden his horizons, especially since he's dating the star of *50 Shades Of Grey* – which of

course she and Brad have watched together, much to Chris' discomfort. Anyway, his answer was a firm 'absolutely not'. Gwyneth called him a prude and the situation is really testing their ability to stay friends after their divorce."

This could be why Chris, 42, was seen raging about "family problems" to a group of stunned fans outside a recent LA gig.

But he isn't the only one who's sick of Gwyn and her bedroom antics.

"A lot of her





Special
cuddle for
four, anyone?

I don't feel
Goop about
this...

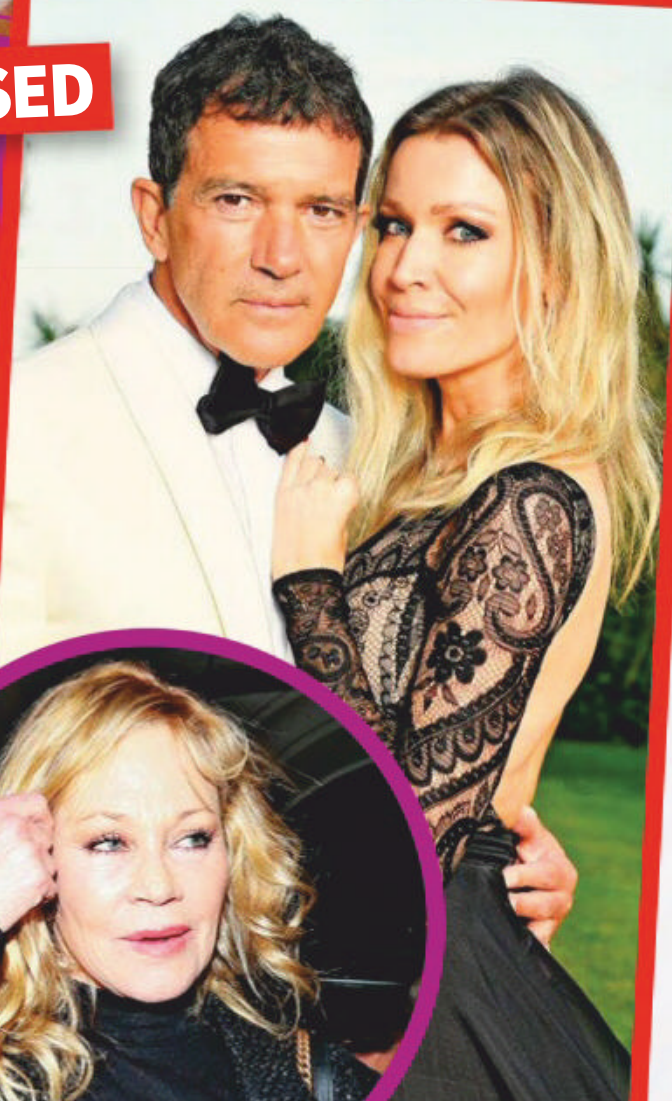
OME!

MELANIE'S STILL OBSESSED WITH ANTONIO!

friends have had enough — there's only so much one can take of Gwyn rabbiting on about her vagina over a mimosa brunch," says a source. "She is forever talking about how wild her sex life is, but you can't help wondering if she's just overcompensating for something." ■

Melanie Griffith's friendship with ex-hubby Antonio Banderas is a little too close for comfort for his girlfriend Nicole Kimpel, who wants Mel to stop buzzing around her man. Sources claim Melanie, 62, still carries a torch for her former husband of 18 years, even though Antonio, 59, has been with Nicole, 39, since 2014.

"Mel will call him for everything," one insider dishes, who adds that the actress also tells Antonio to check out sexy snaps she posts online. "It's so obvious that Mel still has feelings for him. Nicole's reached her limit!"



Once Upon
A Time In...
Hollywood,
Brad fled from
Renee!

Guess I
didn't have
him at hello

Jen is keeping
a close eye
on Renee

No-one's going
to steal her
Brad again!

Jennifer Aniston has finally got the love of her life Brad Pitt back, so she's not about to let Hollywood's favourite singleton Renee Zellweger get her paws near him!

The showbiz world was shocked when Brad totally snubbed Renee, 50, at the Oscars nominees lunch – but our spies say he was simply “obeying orders”.

Just days earlier, the rumour mill went wild over claims on the website Blind Gossip that Renee had been trying her luck with Brad, 56, at the SAG Awards last month, approaching him not once, but *three* times for a date.

“She was totally laser-focused on him,” an onlooker told the website of the “well-known actress”, who many speculated was Renee. “And she was rubbing his arm up and down.”

NW is told Renee's flirty

ways certainly didn't go unnoticed by Jen, 50, with the *Morning Wars* star declaring, er, war!

“She is so furious with Renee,” spills a close pal. “They've never had any bad blood, but that's all changed now. Everyone in Hollywood knows she and Brad are making another go of things. She

did send Renee a veiled message via the assistants' network that she hoped the rumours weren't true, reminding her of girl code. After all the stunts Angelina's been making, Jen's on high alert for any bad behaviour from Brad.”

Indeed, as previously reported by NW, Brad's second wife Angelina Jolie

is rumoured to have left Jen voicemails claiming he was already cheating on her. While Jen saw through her dirty tricks, it did bring up a lot of paranoia from the past – and hearing of Renee making a pass at her man made it even worse.

“To be fair to Brad, he's furious at Renee too,” says

Jen slams flirty Renee 'HANDS OFF MY MAN!'



the insider. "He's worked hard to win Jen back and he's not going to mess it up. Brad's never going to cheat on Jen again – he learnt from the first time."

While Jen and Brad's reunion might still be new to everyone, multiple sources say this has been a slow process.

"Not everyone knows

that she's been in his life since the day after he split from Ange," adds the pal. "He had to call and warn Jen about Renee, and it was a very awkward chat. He knows he made a mistake and he had to work hard to earn her trust again. Neither of them are going to let someone like Renee destroy that." ■

JEN GIVES BRAD A MAKEOVER!

Brad has taken his newfound relationship with Jennifer to the next level – the *Ad Astra* actor is now using his ex-wife's friends Nina and Clare Hallworth as stylists!

"Jen's giving Brad a Hollywood makeover," a source tells. "She thinks he has great taste, but could do with a bit of help in the clothes department. It's working too – he looks amazing."

Nina and Clare styled Brad's sexy looks from his new Brioni campaign and have also completely decked him out for the current awards season. Now when Brad

and Jen go out "they can coordinate outfits", adds the insider. Cuuute!



BEFORE



AFTER



GET ON BOARD

rebuild ourtowns

• AUSSIES LENDING A HAND •

The practical things you can do to help rebuild Australia, one town at a time

There's not a single Australian who hasn't had their hearts broken by the horrific bushfires that have swept through our country. The road to rebuild will be long but as a nation we will: brick by brick, fence by fence. Bauer Media launched this campaign to help our neighbours in their time of need.

Each week we will shine a spotlight on a town telling our generous readers how they can help, from the best fundraisers to donate to that specifically benefit the locals, to products they can buy from that town or region that support small businesses there. We'll highlight the farmers who need fencing supplies, the schools which are short of books and pencils, the yoga school that needs mats or how to plan a getaway to the region when the time is right to bolster their local tourism industry.

The Rebuild Our Towns campaign is centred on the fact that practical help doesn't have to cost a fortune. Our love and thoughts go out to every person, but actions speak louder than words, so join us to make a difference and help our heartland heal.

Go to rebuildourtowns.com.au and watch as we move from one town to another over the coming months



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Women's Weekly

COUNTRYSTYLE

belle

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INSIDE

realiving

GoodHealth

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NW

OK!

Take5

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BAZAAR

GOURMET

EMPIRE

now

homes

BONUS
MINI MAG

NEW WEEKLY!

NW



MARRIED
AT FIRST SIGHT

Sex, *lies* SCANDALS!

NW swears to spill the tea, the whole tea and nothing but the tea!

Got some
goss? We'd
love to hear it!
Email us: nwgoss@bauer-media.com.au

MARRIED
AT FIRST SIGHT

MINI MAG

EXCLUSIVE
ONLY IN
NW

mikey & jonethen

BUSTED IN BE

When the wives are away, these grooms will play!

Married At First Sight has certainly had its fair share of partner swapping in its six-year history. But nothing is more shocking than two presumably straight grooms cavorting

with each other in bed!

But that's exactly what Mikey Pembroke, 29, and Jonethen Musulin, 27, have been caught doing behind the scenes.

In an exclusive photo obtained by NW, the boys can be seen straddling each other shirtless while almost locking lips. Now some are wondering if their bromance has

turned into a secret romance! Say whaat?!

"Mikey and Jonethen spent a ton of time together during filming and would often meet up without their wives," tattles our series insider. "They're very playful with one another and often it seemed like they were flirting with each other."

Mikey and Jonethen both

identify as straight in all the show's promo material. However, they're both allies of the LGBTQ+ community and regularly voice their support on Instagram.

"2019 Mardi Gras," a friend wrote on one of Jonethen's shirtless photos. Meanwhile, on Mikey's account, he's pictured getting up close and personal with his male friends. "My guys," he wrote on one photo. Hmm... ■

'THEY SPEND
A LOT OF TIME
TOGETHER'



Grooms BEHAVING BADLY

'They've become very close,' our source spills

D!



NUDE VIDEO LEAK!

Well someone's clearly comfortable with the skin he's in. Yep, *NW* has discovered a video recording of blonde beefcake Mikey stark naked getting out of the shower. Phwoar!



He's got them moves like Jagger!



Chris' stripper past EXPOSED!

He's eager to be portrayed as a devoted father-of-two – but before Chris Nicholls was all about responsible adulting, he was giving Channing Tatum a run for his money-maker. Yep, between 2014 and 2015, Chris worked as a topless waiter and stripper for Aussie Hunks Australia, an Adelaide-based male revue. And as our exclusive pics show, Chris, 37, certainly wasn't shy about grinding up on the ladies! He also posed as Mr August in the revue's annual calendar back in 2015. Looks like the new Mrs Nicholls is in for a bit of a show come their wedding night!



MARRIED
AT FIRST SIGHT

MIN



DUMPED ON THE HONEYMOON!

Honeymoons are supposed to be relaxing and romantic, but that's not exactly how things go down for our newlyweds. Yep, *NW* hears serious drama unfolded behind the scenes during the post-wedding vacays, including three participants walking out on their spouses after heated arguments!

In fact, one couple had such an ugly barney, the groom was forced to sleep in the staff quarters for the entire getaway.

"He went from a five-star suite to a cabin crew room out the back – and was absolutely

raging, as you can imagine," dishes our show insider. "He told producers he was done and wanted to leave, but they convinced him to stay."

Meanwhile, we've also heard rumours that one of the cast got chronic food poisoning, and that one bride and groom clashed so much that things almost got out of hand. Eek!

"The crew stepped in before it went too far," squeals our spy. "They were worried there could have been a huge room-damage bill on production's hands otherwise."

Ama

W

The gloves
are coming
off!



Got some
goss? We'd
love to hear it!

Email us: nwgoss@bauer-media.com.au

nda vs Tash ives at war already!

Let's be honest, we're living for this drama!

.....
The claws are out – and we haven't even got to the first dinner party yet! Yep, while Amanda Micallef and Tash Herz are the first lesbian couple in the *MAFS* experiment, their road to happy ever after is still shaping up to be a bumpy one.

With their wedding and honeymoon set to air this week, Tash admits in a candid chat with *NW* that she found it hard connecting with Amanda due to their “completely different lifestyles”.

“We are so incompatible and have really different values – her family is European, traditional and old-fashioned. I'm quite open-minded and progressive with gender,” explains Tash, 31. “We have a different sense of humour. I'm quite quirky and edgy, and I'll say things, then she doesn't

know what to do with me. She's got a dad sense of humour and it's dorky. Amanda can be very controlling too.”

As for Amanda, she claims Tash comes off as an “egotistical lesbian” – one she'd never normally go for in the real world as she appears very self-involved!

“As soon as the cameras stop rolling, Tash doesn't want to hang out with me,” the Melbourne-based strength coach tells us. “She doesn't even want to watch a movie together – nothing! I can't help thinking, ‘This is f**ked!’”

Hen's night battle

Also causing tension between the wives is the fact Tash got to attend the hen's night, while Amanda, 34, sat the whole event out. Production explains to *NW* that it didn't want her attending the bucks night either because they didn't want one of the ladies to appear “more masculine”. Still, our insider says the decision could have lasting

ramifications.

“Amanda feels Tash got to have this special bonding experience with the other brides that she's missed out on,” tells the source. “They all know each other and a part of her fears that they'll be quick to take Tash's side when things get heated.”

Eek! C'mon now, ladies – the experts clearly mat hed you for a reason, so let's not throw in the towel just yet! ■

TASH TELLS: ‘I WAS BULLIED FOR BEING FAT & GAY’

It's hard to believe now, but feisty Tash describes herself as an “awkward, overweight” teen. That – combined with her schoolmates finding out she had her first sexual experience at 13 with a girl – led to the vegan bartender being bullied. The tattooed brunette dishes, “The bullying meant I developed a sense of shame around my sexuality.” It was only after she fell “crazy in love” at 17 and came out to her immediately supportive family that she began to accept who she was. “The bullies didn't break me,” she says. Go, Tash!

It's Mrs
against Mrs!



Look what they made Tay do!

'My model squad

GAVE ME ANOREXIA!'

The real reason behind the star's eating disorder

Her pin-thin frame and lithe legs often saw her compared to a Victoria's Secret supermodel, but Taylor Swift has revealed she secretly battled an eating disorder for years – starving herself and exercising constantly to maintain her sample-size figure.

"I tend to get triggered by something – whether it's a picture of me where I feel like my tummy looked too big or someone said I looked pregnant," Tay, 30, confesses in her Netflix documentary *Miss Americana*. "And that will trigger me to just starve a little bit."

But while the singer was quick to place the blame on candid photos and cruel internet trolls, insiders say that's only half the story.

Uh-huh, while Taylor was the picture of health during her rise to stardom, it was when she began assembling her infamous "model squad" that the peer pressure to look thin took hold.

"She was always hanging out with those models," tells an insider of Tay's posse. "Those girls are all totally obsessed with their weight. They love sharing tips on how not to eat. And by 'tips' I mean 'controlled eating disorders'."

Indeed, by the time she had hit the road

on her 1989 world tour – where she shared the stage with model BFFs Karlie Kloss, Gigi Hadid, Lily Aldridge and Martha Hunt – Taylor had whittled down to a shockingly small US size zero, the same



There wasn't an inch of her to pinch!



Tay's since shaken off the bad influences

'It's better to think you look fat than to look sick,' Tay now admits

waist measurement as the average six-year-old. Eek!

"She lost 9kg in less than three months," adds the insider. "She basically starved herself."

And the star admits she felt validated being the same size as her runway-ready pals.

"I'd walk into a photo shoot and be in the dressing room, and somebody would say, 'Oh, wow, this is so amazing that you can fit into the sample sizes. Usually we have to make alterations to the dresses, but we can take them right off the runway and put them on you!'" Taylor admitted. "And

I looked at that as a pat on the head."

But with the squad since disbanded – and a rift between Taylor and ex-BFF Karlie, who didn't invite the singer to her wedding last year – Taylor's thankfully Out Of The Woods and putting her eating disorder battle behind her.

"I think a lot of us push the boundaries of dieting, but taking it too far can be really dangerous," shares the singer, who is now happier at a healthy weight. "There is no quick fix. I work on accepting my body every day." ■

'SHE BASICALLY STARVED HERSELF'

RUSHING TO THE ALTAR FOR MUM

Following the devastating diagnosis that Taylor's mother Andrea has a brain tumour, insiders say the devoted daughter wants to tie the knot with boyfriend Joe Alwyn ASAP so that her mum can be there for the big day. "Taylor knows Joe is The One, so the way that she sees it is, why wait around?" tells a source. "There's nothing Andrea would love more than to see her daughter walk down the aisle to the man of her dreams."

Tay envisions an intimate ceremony at her home with family and friends

Lilo's BURN BOOK

LEAKED!

She's back in Hollywood – and out for blood!

Lindsay Lohan's announced she's moving back to the States after an extended stint in Europe and Australia – and despite being the brunt of many Hollywood jokes, she's not exactly going back with her tail between her legs.

In fact, NW hears the *Mean Girls* star, 33, has spent her time in exile with revenge on her mind and has written a scathing tell-all about everyone who's wronged her. Yep,

she's gone and created her very own Burn Book!

"Lindsay has a long list of enemies and she's looking for closure," tells our source. "She wants them all to pay for trash-talking her – and she won't be shy about unleashing some major missiles."

Indeed, going by the dirt we're told she has on her famous pals – including Kimmy K, Britney and Paris – we reckon there's more than a 30 percent chance the book will be so fetch. Move over, Regina George! ■

On Wednesdays, we get revenge

Amanda Bynes

"It's no secret that these two hate each other. Lindsay wants everyone to know Amanda's bats**t crazy," dishes the source. "Lindsay says Amanda used to stalk her in person – and still does online!"



Kim Kardashian

Lindsay likes to joke that she only remembers Kim as Paris' hanger-on from their glory days. But deep down she suspects that the reality star started the rumour that Lindsay has herpes. Eek! Naturally, says the source, Lindsay plans on resurrecting old whispers from back in the day that Kim suffers the same, er, affliction.

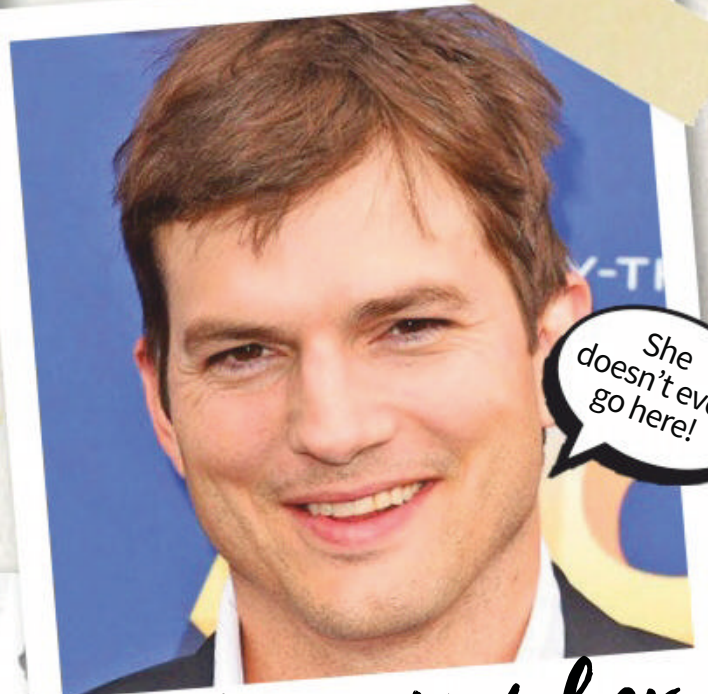


Britney Spears

"Lindsay actually feels sorry for Brit, who was always 'out of her mind' on prescription meds and seemed kind of lonely," tells the tattler. "Lindsay tried to be there for her, but Britney cut her out for no good reason." Soooo not grool, Brit!

Wilmer Valderrama

Lindsay and the *That '70s Show* actor dated in 2004 and she's apparently still bitter about their break-up! Yep, Linds has privately nicknamed Wilmer "The Cradle Snatcher" due to his 12-year age difference with ex Demi Lovato and the fact they met when Demi was just 17. Says the source, "She's still hurt he's the one that got away."



She doesn't even go here!

Ashton Kutcher

Back in 2006, Lindsay reportedly hit on Ashton while they were filming *Bobby* and was "beyond humiliated" when he turned her down. "He's friends with Wilmer – there's no way he was going to go there! So she's starting a rumour that he has a small dick," says the source. "I also know Mila Kunis and she's never complained, so it's probably just sour grapes."

Paris Hilton

Paris and Lindsay raised hell together in the early 2000s, and LiLo claims to have the inside scoop about Paris' drug use. "She swears to seeing her snorting two grams of coke in a night," claims our source. LiLo's also saying Paris' nose jobs have really been to fix deviated septums from substance abuse. "She's Lindsay's public enemy number one. She truly believes Paris was the ringleader for running her out of Hollywood."



I'd LiLo if I were you, babe

I'm just
high on
success!

Up in sm What in tha

At least his acting
career hasn't
gone to pot!

.....

He recently
revealed
that he gets
mistaken for
a homeless
person, but could scruffy
Harry Potter star Daniel
Radcliffe be set for a long
stay in the big house?

oke



magic's

t ciggie, Dan?

The star, 30, was recently spotted outside the Old Vic Theatre in London – where he's starring in the play *Endgame* – looking out of it, with a suspicious-looking cigarette in hand. Police were later spotted checking on things in the exact spot Daniel was seen.

It isn't the first time the actor's smoking preferences have been queried. Back in 2009, *The Daily Mirror* ran a cover story with the headline "Harry Pothead"

after he was snapped with another suss ciggie.

"Daniel does smoke the occasional roll-up cigarette, but he was not doing anything more than this," his spokesperson said at the time.

But in 2014, Daniel was spotted looking bleary eyed in an Amsterdam cafe that is better known for its legal marijuana offerings than its lattes.

Hmm, seems Dan just can't keep off the grass! ■



Hemswy's horror

Lonely Elsa

TEXTING HER EX!

As Chris and Elsa's marriage hits a rocky patch, she's living in the past

Last June, Chris Hemsworth declared he was "taking six months off to spend time with the wife and kids" – a move, spies say, intended to save his nine-year marriage to Elsa Pataky.

The Spanish actress, 43, was reported to be so sick of Chris, 36, dumping her in Byron Bay with their three kids while he travelled the world for work and play that she issued him an ultimatum – stay home or she walked.

Hemswy did as he was told, but sources reckon it barely helped to paper over the

cracks. In fact, the Aussie hunk took off to New York City recently. "The second his 'sentence' was over, he refused to stay home – leaving Elsa right back where she started," declares one insider.

While Chris was taking a bite out of the Big Apple, Elsa remained in Byron with daughter India, seven, and five-year-old twins Sasha and Tristan. And according to NW's source, she reportedly began

wondering about a life that might have been with her ex Adrien Brody, 46. Uh-oh...

The pair dated from 2007 to 2009 and

"Adrien worshipped Elsa", reveals the insider. "He did everything he could to make her feel like the most wanted woman on the planet.

"They broke up because

Elsa felt smothered, which is kind of ironic. Adrien must have been so different from Chris, who gets cabin fever if he's stuck at home for too long."

Elsa fell for Chris after the pair were introduced by a talent agent. But with the benefit of hindsight, she realises she had a man who would've given her everything she wanted.

"Elsa has confided in a few friends that she's reached out to Adrien – apparently she sent him a text asking him how he's been," reveals the insider. "It doesn't take a psychiatrist to figure out why she might be getting in touch with past loves, given she's feeling a little shaky with Chris.

"It might look like

Elsa's living the dream in Byron while married to Thor, but the reality for her is often much lonelier."

This is a case of the ex that may not be going away any time soon... ■

'IT ONLY LOOKS LIKE ELSA IS LIVING THE DREAM'



's



Ping ping!
There's a hot ex
on the line for
you, Adrien



Elsa's been
tapping away
while stuck
in the Bay



FIT FOR A PRINCESS!

A man's home is his castle – but Elsa's ex bought one for her in 2007! Adrien's New York estate came with a farmhouse-cum-castle – the one drawback was that she dumped him later on!

Catherine's butt-to-face fat transfer!

Talk about the Darling Bums of May...

A few years ago, Hollywood glamazon Catherine Zeta-Jones sniped, "Contrary to public opinion, I have not been

under the knife," and insisted she was perfectly happy ageing gracefully.

But fast-forward to now and it seems the *Chicago* actress can no longer be, ahem, arsed keeping things au naturel – 'cos we hear she's had fat from her butt injected into her face in an attempt to wind back the clock.

Yep, we Kid. You. Not!

According to experts, using your own fat enriched with stem cells fills lines, and plumps cheeks and lips far more efficiently than synthetic filler. It also apparently lasts longer too.

"Catherine would never confirm she's done such a thing, but word is she secretly treated herself to a transfer for her 50th

birthday last September," says the insider, who reckons Cat "probably hasn't even told" her husband Michael Douglas how she's managed to freeze time.

"He'd be grossed out," says the source. "All he needs to know is that his wife looks amazing, however she did it." ■

**SURGERY
WATCH!**

EMINEM'S LIQUID FACELIFT

Eminem has a new number one album – and a new mug to match! The rapper, 47, revealed a bizarre new look at the recent launch of *Music To Be Murdered By*, and insiders tell NW he's "as vain as the next guy and isn't coping with middle age at all. He's had a bunch of filler, Botox and a liquid facelift."

US celebrity surgeon Dr Dave E David tells NW the relatively minor procedure is "a more natural solution to lines and jowls". It involves filler being injected into the problem area and "can be done in one 30-minute session, with little recovery time", explains Dr David.

Eminem's friend adds, "He's like 'whatever' about it. He's always hated his looks, but at least he hasn't gone full Wacko Jacko on us just yet!"

2000

NOW

Will the real Slim Shady please stand up?!



1990

The *Darling Buds Of May* star was once a fresh-faced beauty



2002



NOW

Ironically, a source quipped that Catherine's face 'looked smoother than a baby's backside' at a recent event

Just peachy!



2006



NOW

Maria's hoping those wrinkles won't be back!

WHAT THE PUFF, MARIA?

Maria Shriver has sparked speculation she's gone on a surgery spree after showing off a shockingly smooth face recently. "She's definitely had filler in her lateral cheek pad, and Botox on the forehead, mouth and eye area," Dr David tells of the 64-year-old former Mrs Schwarzenegger. "It also looks like Maria's had filler in the jawline too, most likely Restylane. I would also say she uses laser resurfacing regularly to get that smooth look."



**RICH THE KID
& TORI BRIXX**

These two seem to be quite the, er, handful. The rapper and his lady love put on a very NSFW display at the 2019 American Music Awards.

Say ahhh...

This is very tongue-in-cheek

I've met my match!

**CARA
DELEVINGNE &
ASHLEY BENSON**

It was love all as the couple sealed their romance with a smooch at the US Open last September. Might want to close those eyes next time, Ash!

Re-Pete offender!

I'm going to slip one in

Is this how you do it, Pete?

Yep, now go left

KATE BECKINSALE & PETE DAVIDSON

What's a little bit of tonsil hockey between "friends" while waiting for the actual hockey game to start? He shoots, he scores!

KAIA GERBER & PETE DAVIDSON

Pete's clearly got a, ahem, taste for brunettes! The *Saturday Night Live* comedian just can't get enough of Kaia's tongue.



OFFSET & CARDI B

The *Bodak Yellow* rapper has a perfectly good explanation on why she and hubby Offset touch tongues instead of lock lips on the red carpet. "All that lip glosses and the concealer gets up on his face, and it looks like he ate a donut or whatnot," Cardi tells. We bet she likes it like that!



SHAWN MENDES & CAMILA CABELLO

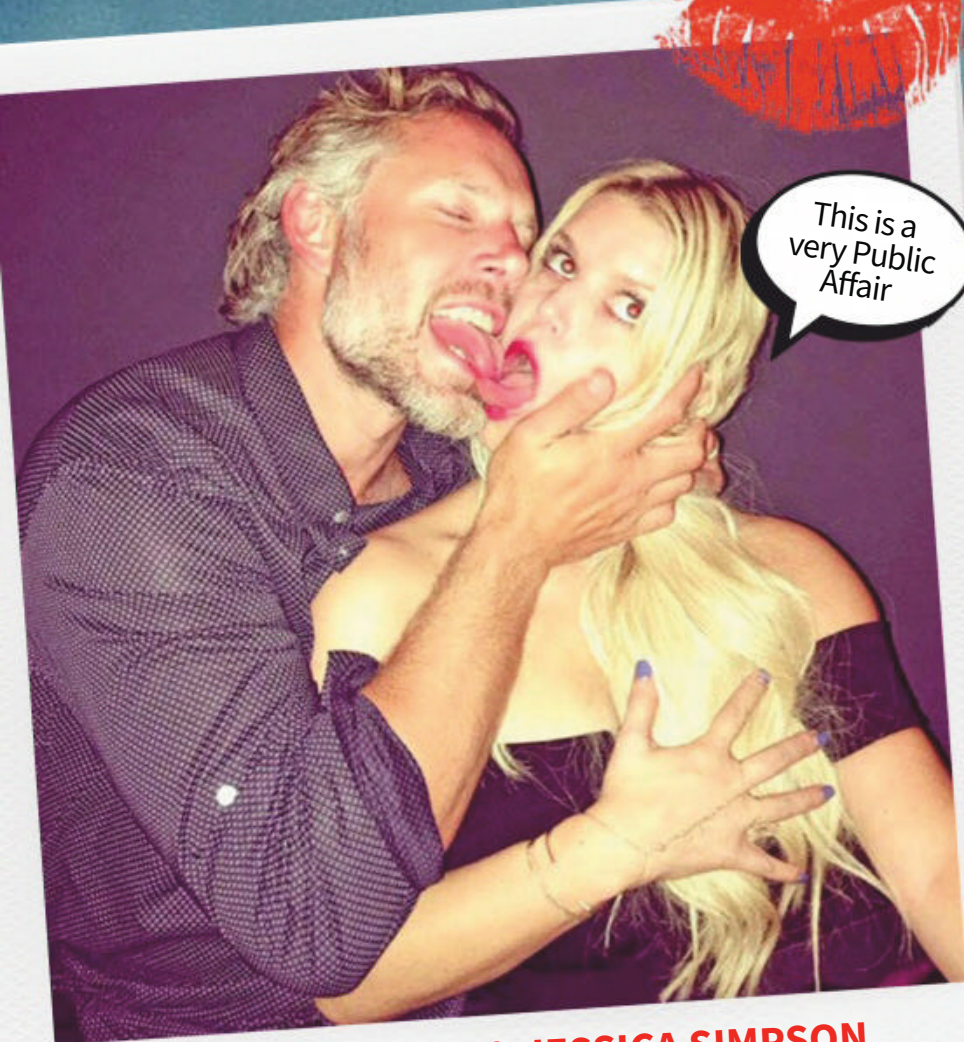
After being teased for kissing "like fish", the *Senorita* duo took to Twitter to show the world that their snogging is, in fact, very so-fish-ticated. Pucker up!

Ewww, get a room!

SLOPPY STARS SWAP SALIVA

Sucking face could be a sport for these PDA-proud celebs!

do
not
disturb



This is a very Public Affair

ERIC JOHNSON & JESSICA SIMPSON

The parents-of-three certainly know how to spice up their marriage. "We do dates, but it's more like couch dates - make-out dates!" says Jess.



I'm going in Depp...

TIMOTHEE CHALAMET & LILY-ROSE DEPP

The young couple appeared to get a little swept up in the romance on a yacht in Capri, Italy. Come on, guys, let's keep it PG-13!



We're just young and restless!

DAVID HASSELHOFF & PAMELA BACH

There was no need to, er, hassle The Hoff and his ex-wife for some PDA on the red carpet - these two were always up for a public pash!



We Can't Stop and we won't stop

CODY SIMPSON & MILEY CYRUS

It's no Joker that these new lovers are more than smitten, but they might want to lay off the bedroom antics following Miley's recent vocal cord surgery. That tongue wrestling looks like an infection waiting to happen!

Ewww. get a room!

SLOPPY STARS SWAP SALIVA

do
not
disturb

That's my
Lipa!

DUA LIPA & ANWAR HADID

One Kiss is all it takes for these two to gross us out! The pair don't care who's watching their make-out session, but it looks like the pash isn't far from blowing Dua's mind.

Say
Something
babe...

WIZ KHALIFA & AMBER ROSE

We're still a little Shell Shocked from seeing the former couple at it on the red carpet. The rapper may be a Hopeless Romantic, but this is way too much tongue for anywhere that isn't the bedroom!

I'm a bit
tongue tied at
the mo

EMMA STONE & ANDREW GARFIELD

Things got pretty hot and heavy between Andrew and, uh, Emma's chin on *Saturday Night Live* back in 2014. Thankfully, they both left with their tonsils intact... but perhaps not their dignity.



Charlie Hunnam

'He's Ho

BIG
DOU

This Son really
does cause
Anarchy wherever
he goes!

Remember when *Sons Of Anarchy*, starring hunky blond beefcake Charlie Hunnam as biker gang boss Jax Teller, exploded onto Aussie tellies back in 2008? Every guy wanted to be him, every girl wanted to be with him and our Facebook feeds were filled with photos of newborns named in his honour.

However, a look at Charlie's most outrageous comments might prompt some fans to rethink their adoration – and make them spare a thought of sympathy for his long-suffering girlfriend Morgana McNelis.

am exposed

Hollywood's GEST CHEBAG'



LOVE GAMES

Charlie's in no rush to propose to his long-time partner Morgana

During a new interview, Charlie, 39, bluntly described himself as "indifferent" to the idea of marriage, despite his partner of 15 years wanting to get hitched. His callous comment prompted a minor Twitter meltdown – and *NW* decided to ask those close to him what he's really like. Turns out, it's not a pretty picture.

"Honestly, Charlie's one of the biggest douchebags in Hollywood," says an acquaintance. "He thinks

he's above everyone else and he leads that poor girlfriend of his on so badly."

In 2017, Charlie admitted to "ghosting" Morgana, 36, without warning for five months when he went "method" while filming *The Lost City Of Z*.

"I decided to create a situation where I felt real loneliness, so I cut out everybody I knew for the

duration of the shoot," he says. "Switched my phone off, had no email, didn't go on the internet once. It makes me sound like a total bastard."

Surprisingly, Morgana was still at their Hollywood Hills home when he got back.

"I had the benefit of shooting in Colombia, where they have somewhat cheap emeralds," Charlie said.

'HE THINKS HE'S ABOVE EVERYONE ELSE'

"She's a jewellery designer. It didn't remedy all of the trouble I was in, but it got me halfway there."

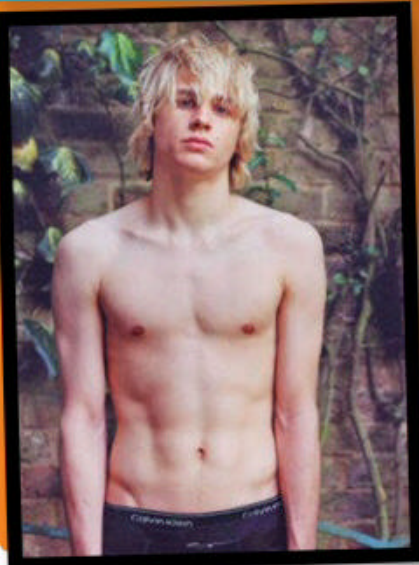
Still, Morgana's not the only one who has a problem with her "selfish" partner – his *Lost City Of Z* co-star Robert Pattinson isn't a fan either.

"I don't know if he was just in the zone or if he genuinely didn't like me," Charlie admits.

Judging by your track record, mate, we'd say it was the latter... ■

FROM BOY TO BEEFCAKE

He's got a knack for playing thugs...



QUEER AS FOLK

Charlie was 18 when he was cast as blond rebel Nathan in the original British version of *Queer As Folk*. He's said he'd be up for a reunion!



SONS OF ANARCHY

Due to scheduling conflicts with the cult bkie series, Charlie had to withdraw from playing Christian Grey in *50 Shades Of Grey*. Oh, what might have been...

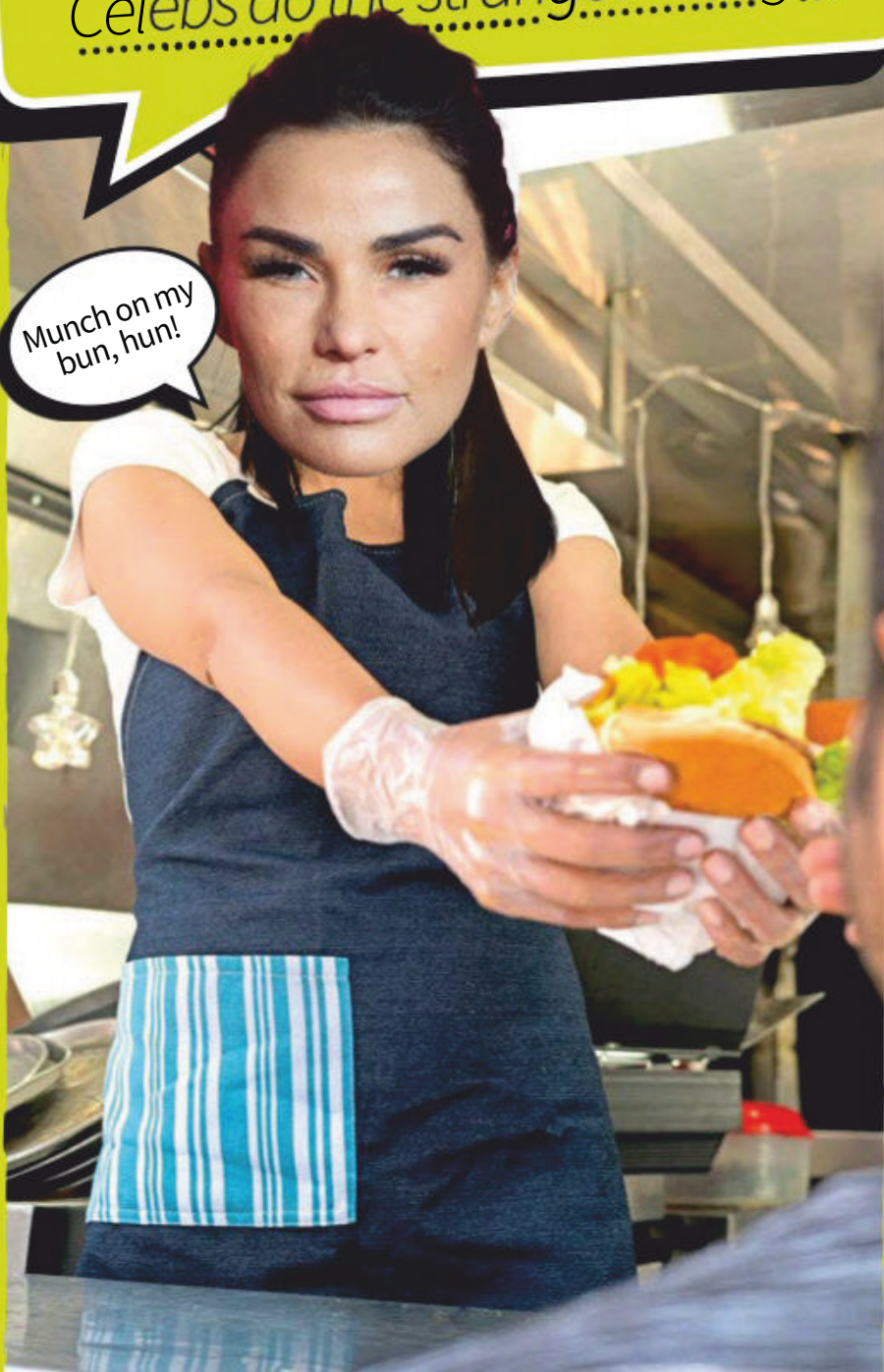


THE GENTLEMEN

He's currently starring in Guy Ritchie's new crime caper alongside Michelle Dockery and Matthew McConaughey.

WTF?! 🤔

Celebs do the strangest things...



KATIE'S BEGGING FOR A BURGER JOINT JOB! 🍔

It's no secret Katie Price is in a bit of a financial crisis after filing for bankruptcy last November. Now the 41-year-old Brit reality star is begging for a job flipping burgers at global fast-food chain Denny's!

Yep, the mother-of-five is keen to get in the kitchen and supersize your order after she watched a video of Denny's employees feeding the homeless on Christmas Day. Praising their efforts, Katie wrote alongside their Twitter post, "OMG this is heartbreaking. Denny's can I come and work for you please I love your values!"

That's not all. In a second attempt to earn a quick buck, Katie has been selling selfies to her fans on the side for \$100 bucks a pop! Desperate times...

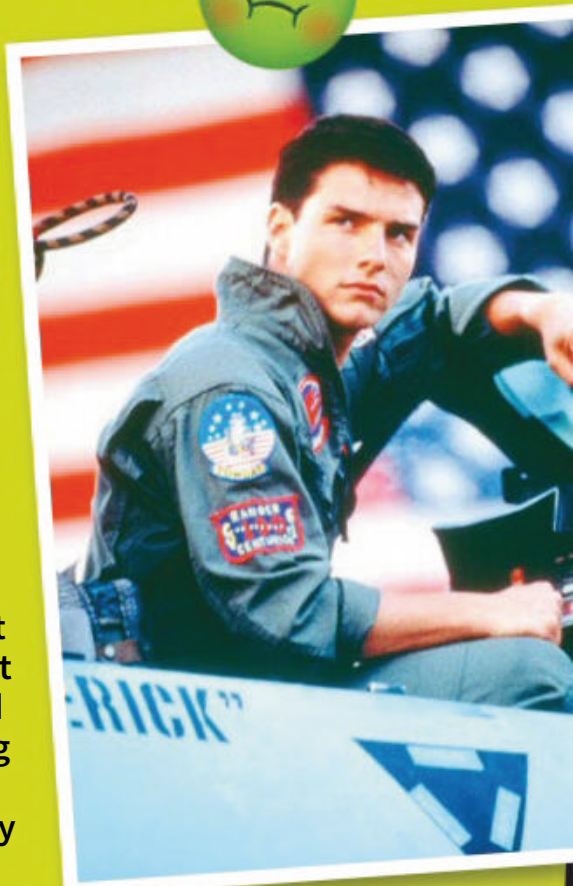


TOM WAS TRAINED TO NOT VOMIT 🤢

He can jump between buildings and hang off the side of flying planes – but Tom Cruise has also learnt to suppress his need to hurl!

Yep, *Top Gun: Maverick* producer Jerry Bruckheimer says the cast had extensive flight training ahead of filming the sequel to the iconic '80s flick. That way, they'd become accustomed to conditions and wouldn't spew everywhere.

Tom, 57, previously revealed he still chundered at the start, saying, "For our first flight we did, it was very hard on my body. I had a vomit bag right there, so in between takes I leaned down to quickly empty my guts." Gross!



BEYONCE DOESN'T OPEN ANY DOORS!

Pop royalty are known for making some pretty outrageous diva demands. Mariah Carey gets her assistant to walk in front of her in case she trips, Rihanna requires that her dressing room stay at 22 degrees and Christina Aguilera hates traffic so much, she demands a police escort to get her to every gig.

But hold the Telephone because Beyonce may just top them all. Yep, according to an insider, the singer, 38, has a doorman with her 24/7.

"She's hired someone to open all her doors for her, even inside her own house," spills an insider. Talk about extra!

Forcing others to touch doorknobs is just one of the many OTT requests Bey has for her staff. Others include making her crew wear 100 percent cotton clothing, and having new toilet seats and red toilet paper installed in any bathroom she uses. She also only drinks alkaline water – which must be chilled to 21 degrees – out of a \$1,300 titanium straw!

Who Runs the World? Bey!



THE HUBBY



THE EX

AMY LIVES WITH HER HUSBAND AND HER EX-BOYFRIEND

While most people try to steer clear of their exes, Amy Schumer prefers to live with hers! Uh-huh, the *Trainwreck* star's ex-boyfriend Kyle Dunnigan, 49, reveals he's moved in with the comedian, 38, her hubby Chris Fischer, 40, and their eight-month-old son Gene.

"I've been there for about a month and a half," Kyle says, adding that he has his own room with a marble en suite. He also describes their home as "beautiful" and says the food there is "really good" thanks to Chris being a chef. How lush!

"I'm supposed to leave in three weeks, but I don't think I'm gonna," the comedian says. While Kyle briefly dated Amy years ago, it's actually Chris who he's closest to. "We bro out," Kyle adds.

The W★E★E★ PICS 2012

Hey, it's the next best thing to being there!

Be kind, I have fillings too!

Grab that guy a mint!

Twice a day keeps the dentist away, but brushing on the go might be a bit of a hazard – don't you think, **Hugh Jackman**? The actor's clearly got a tooth-hurty appointment in Louisiana that he just can't miss, so those pearly whites get a quick clean on the way. Don't forget to floss, babe!

Reach for the stars!

Sorry, **Sharon Osbourne**, but we don't think you've got the X Factor when it comes to shooting hoops in LA. Might want to leave that to your *The Talk* co-hosts **Eve** and **Carrie Ann Inaba**, who have a little more to give in the height department!

Keep dreaming, Shazza!

I'm almost there

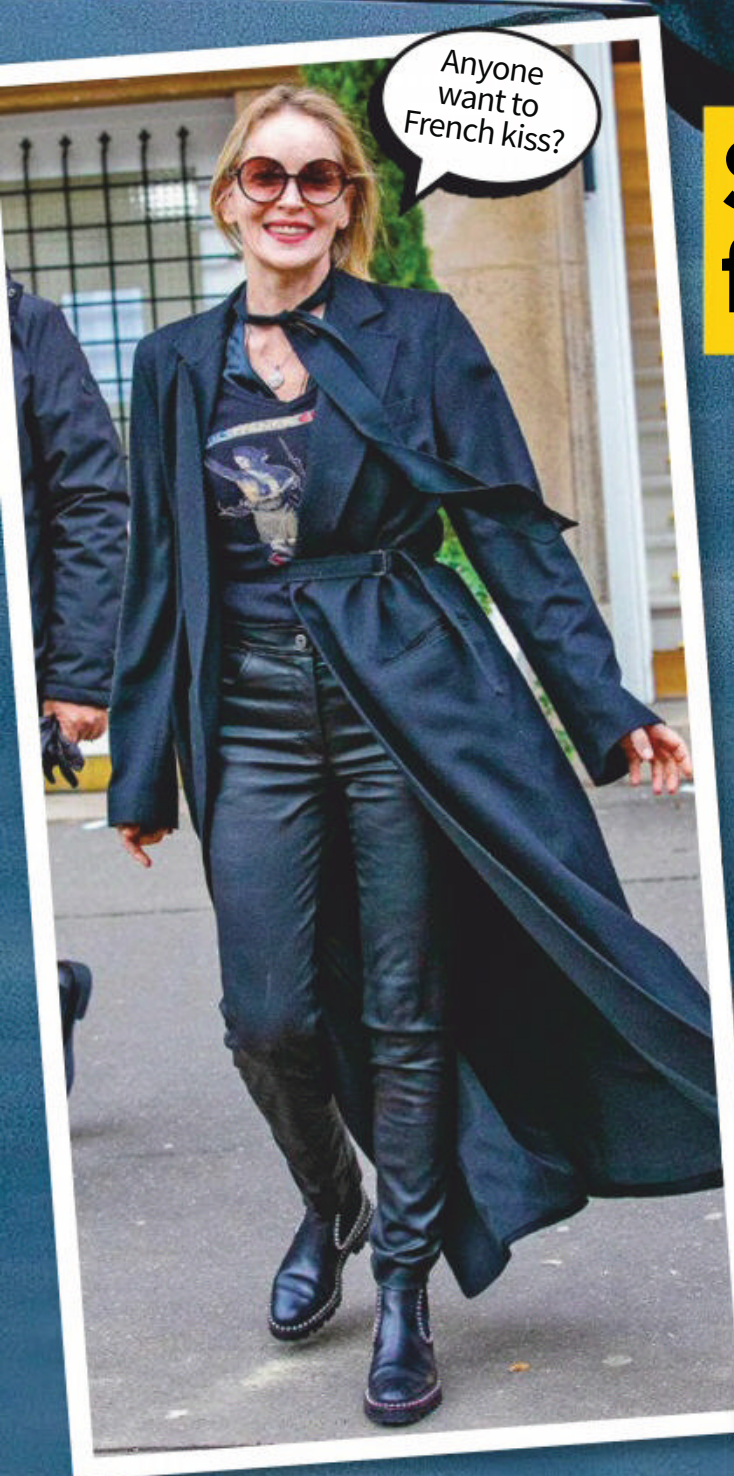
She Bad Bad!

We've got to Carrie this game for her



Shazza goes full touro!

They say, "When in Paris, do as the Parisians do." Instead **Sharon Stone**'s Basic Instinct is to go into full-blown tourist mode, sticking her head out of the cab to see the sights better and snapping selfies with the local police. Sacré bleu – how embarrassing, Shaz!



Feeling beachy!

Er, **Emma Roberts**, your boyfriend Garrett Hedlund may also be a blonde beefcake, but even we can tell this mystery muscleman ain't him! The actress gets a (hopefully platonic) piggyback from her male pal in Punta Mita, Mexico, and the vibe is muy caliente!

You don't want to be tide down!

So when do I meet Aunt Julia?

Sun of a beach!



You can't
mask my
smile!

What big teeth you have, Karlie!

The Paris Fashion Week runway can be a serious place sometimes, so it's no wonder **Karlie Kloss** takes every opportunity to have a little LOL. The model shows off a very toothy grin while backstage at the Jean Paul Gaultier show. Good thing you remembered to clean those pearly whites, babe!

Bey & Jay are A-OK!

If you ever needed a sign that **Beyonce** and **Jay-Z** are doing just fine, then this is for you. The couple may be scowling as they hit up Roc Nation's annual brunch in LA, but word is they're still as Crazy In Love as the day they met. Awww, you guys!

Our Love's On Top

And we Run This Town

I ain't Sorry

Excuse Me, Miss

The WEEK PICS



He's just so Juicy

I'm in a diva Panini

I'm soooo Into You

Lil Nas X takes Ariana Grande and Lizzo to the Old Town Road



Go, you Legends!

If there was an award for Loudest Cheerers, Chrissy Teigen and John Legend would win hands down



I'm 100% that winner

You better Step Up the romance this time...

Will do, babe!

Reunited couple Jessie J and Channing Tatum hit up the afterparty

Luck of the Eilish

Billie Eilish is all smiles as she makes Grammy Awards history by becoming the youngest artist to win the top four gongs at just 18 years old – Best New Artist, Record of the Year, Album of the Year and Song of the Year. Elsewhere, **Lizzo**'s feeling Good As Hell after scooping up three gramophones of her own. Nice one, ladies!

I'm the winner, duh

Billie also nabs Best Pop Vocal Album

Close your mouth, dear

Ozzy and Kelly Osbourne cause a racket on the red carpet

Papa, Don't Preach!

There's No Doubt blondes have more fun

Gee, I feel teeny tiny

It's double date night for Gwen Stefani, Blake Shelton, Ellen DeGeneres and Portia de Rossi

Squat it like it's hot


Ariana's giant ballgown doubles as a chair

Margot Robbie

Trust our Margs to make a white singlet look so darn chic. Given there's so much going on with her fringed peplum Dries van Noten skirt, the *Bombshell* star was wise to keep her top half simple. 



Kelly Rowland

On paper, this ruffle top – complete with train! – and trousers combo shouldn't work. But on Kelly, this Sebastian Gunawan ensemble just, er, sings! 




Naomi Campbell

We almost gave the supermodel a perfect score for her Stephane Rolland gown. However, that toilet-brush ruffling has us shouting “nay” instead of “yay, Nai!”. 



Naomi Watts

Before you die, you see... THIS! While Naomi normally runs, er, Rings around the fashion pack, this frumpy Zimmermann frock swamps her tiny frame. 

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Sorting
the fab
from the
drab!



Blake Lively

The *NW-ette*'s usually covet everything Blake wears – but we're not lovin' that glove! It looks like the *Rhythm Section* star's on her way to the local aviary to train a few falcons.



Penelope Cruz

Look up "breathtaking" in the dictionary and you'll find this photo of Pene. The actress, ahem, cruises to the top of our best-dressed list in her stunning Ralph & Russo ballgown.



Cyndi Lauper

This girl still wants to have fun, given she wore only one giant leaf earring! That being said, this pink pantsuit is far too safe for the '80s rulebreaker.



Shaun Ross

We applaud anyone who marches to the beat of their own drum when it comes to farshun, but the model made a big misstep with this dowdy creation by Amy Bond.



- 1 bar replaces 1 meal
- High in Protein
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- High in Calcium



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CELEB*living*

FASHION

She did!

WHO W better?

One star sizzles, the other fizzles!



**Doutzen Kroes vs
Christina Aguilera**
wearing Gareth Pugh



She did!



**Jameela Jamil
vs Linda Cardellini**
wearing Monique Lhuillier

FORE IT

?

She did!



**Zazie Beetz
vs Natasha
Lyonne**
wearing
Christopher
Kane

It's a tie!



**Karen
Elson vs
Julianne
Moore**
wearing
Givenchy

She did!



**Amber Valletta
vs Elle Fanning**
wearing Valentino

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com



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Cut down your time in the chair!

Is your hair maintenance becoming expensive AF? Here's how to extend your style between appointments

Do you sink into your chair with shame when your hairdresser confronts you with that dreaded sentence: "So when did you last get a haircut?" Yeah, so do we. Rather than tell them the little white lie that it's only been eight or nine weeks – when really, it's actually been eight months – maybe it's time we lift the stigma.

"Don't get me wrong, a good hair trim does wonders for the health and condition of your hair, but the whole notion of getting a haircut every six weeks is really old

school and an irrelevant concept nowadays," says celebrity hairstylist Daniel Skinner. "When blunt, geometric styles were in vogue yes, but now we're so much more soft and relaxed with our hairstyles, we can afford to hold out longer. I'd say a good trim two or three times a year is completely normal."

Phew! So what's the key to lengthening that short-lived "salon finish" for as long as possible? Daniel enlightens us on the ultimate guide to extending your hairstyle.

MAKE YOUR BLOW-DRY LAST LONGER

Excessive heat and over-styling with hairdryers and straighteners can lead to hair that looks dryer than straw. Not hot! Avoid parched locks by making your blow-wave last longer. "Styling products are your best friend," says Daniel. "Go for products with some hold and invest in a good hairdryer with a nozzle to direct the hair exactly where you want it to

go." For curly hair, try a curl lotion and use a diffuser on a high heat and low speed to set curls.

BLOW-DRY TOOLKIT

Stylenote Ultra Volume Naturally Full **\$25.95**
Goldwell goldwell.com.au
Supersonic Hairdryer **\$549** Dyson
harveynorman.com.au

KEEP THAT SHINE

Damaged hair means dull hair. "It's time to start thinking of your locks like your prized cashmere jumper or silk shirt – being gentle is key," says Daniel. "Lower the temperature when you're showering, use a microfibre towel when wet, brush with a special detangling brush, lower your heat's tool heat

settings and sleep on a silk pillowcase!" Friction, being too rough and over-styling your hair will cause irreparable damage.

SMOOTH OPERATORS:

Pink Silk Pillowcase **\$95** Shhh Silk
shhhsilk.com.au
Silk Turban **\$49.95** Damn Gina
damngina.com.au
Detangling Hair Brush **\$19.95**
WetBrush i-glamour.com

DISGUISE AN OVERGROWN FRINGE

Thank the Lord for the return of hair jewellery! And forget '90s butterfly clips, we're talking jewelled clips and embellished headbands. "Headbands are easy to push back your fringe when it gets too long between appointments," says Frankie Flanagan, editorial director of Sydney's Adilla hair salon.

Failing that, you can fake a shorter fringe. Simply spritz thickening spray through the fringe and blowdry upwards and forwards using a large vented brush to add volume.



FRINGE CONCEALERS:

Thin Satin Crystal Band **\$75**
Roxy Jacenko Accessories
pixiespix.com.au

Ceramic Vented Radial Brush **\$38**
ghd adorebeauty.com.au

PREVENT DRIED-OUT SPLIT ENDS

One of the biggest concerns (and the reason we seem to spend half our life at the salon) is split ends. "They're caused by general wear and tear, and happen all over the hair, not just at the ends of your strands," explains Daniel. If you've got a head full of them, a decent trim is necessary, of course, but Daniel says they're easily prevented. "Invest in great treatments at home and put some time and energy into pre-pooing," he says (that's pre-shampooing to us mere mortals). Smooth an oil through and leave for

15 minutes before shampooing to seal ends and lock in moisture.

SPLIT END SAVIOURS:

HAIR rituel by Sisley – Regenerating Hair Care Mask **\$120** Sisley Paris
sisley.com.au

Hair Oil with Lavender **\$65**
Christophe Robin adorebeauty.com.au



Rita Ora



Sofia Vergara



Margot Robbie

WORK IT LI

Elsa

Elsa's pet pig Tina helps her perfect her pose



Need some sweat-spiration? Elsa Pataky spills her go-to eats and exercises

JOGGING ON THE SPOT (HIGH KNEES TO HANDS)

30 SECONDS

- Stand up straight and place your feet about hip-width apart.
- Place your hands just above your belly button with your palms facing down.
- Quickly drive your right knee up to meet your right hand, bring the same leg back to the ground, then immediately bring the left knee up to meet your left hand.
- As you are alternating knees, do it with a hopping motion, staying on the balls of your feet the entire time.
- Make sure you are engaging your abdominal muscles as each knee comes up to meet your hand.
- Continue for 30 seconds.

REVERSE LUNGE HOP

REPEAT 5 TIMES ON EACH LEG

- Stand with your feet shoulder-width apart.
- Come into a lunge with your right leg back.
- Swing your right leg forward to hop up on your left foot, and land softly back in a lunge. Repeat 5 times.
- Repeat on the left leg.

Headstand goals right here!



BURPIES

10 REPS

- Stand with your feet hip-width apart.
- Lower into a crouching squat with your hands on the floor.
- Do a squat thrust by jumping your feet back into a plank position.
- Do one basic push-up, bending the elbows and then straightening back to plank.
- Jump your feet forwards to your hands and come into a squat.
- Do an explosive jump straight up, getting as much height as you can.
- Continue until you have done 10 reps.

PUSH-UP KNEE TO ELBOW

8-10 REPS EACH LEG

- Begin in a full push-up position, with your hands on the floor directly below your shoulders and legs extended behind you.
- Bend your elbows and lower yourself to the ground. At the same time, bring your left knee to touch your left elbow. Straighten your arms by pushing off the floor. Bring your left leg back to starting position. Repeat on the opposite side. That's 1 rep.
- Continue until you have done 8-10 reps.

SQUAT PRESS

10 REPS

- Stand with your legs just slightly wider than hip-width apart, holding dumbbells by your sides.
- Bend your knees as if you were sitting in a chair, keeping the weight on your heels and curl the dumbbells to chin height.
- Press the dumbbells overhead as you straighten your knees to return to standing.
- Repeat until you have done 10 reps.

KE

RECIPE
OF THE WEEK



Olive oil and vegetable bread

Makes: 2 loaves

Ingredients

- 3 organic eggs
- 1½ cups (330g) sugar or coconut sugar
- ½ cup (125ml) light-flavoured extra-virgin olive oil
- ½ cup (125g) full-fat Greek yoghurt
- 1 tsp sea salt flakes
- Finely grated zest of 1 orange
- Juice of ½ orange
- 2 small zucchini, grated
- 1 small carrot, grated
- ½ cup (35g) finely chopped baby spinach leaves
- 1 cup (125g) sultanas
- 2 tbsp chia seeds
- 3 cups (450g) plain flour
- 1 tsp bicarbonate of soda
- ½ tsp baking powder

Method

1. Preheat oven to 180°C. Grease two 23cm x 13cm loaf tins with butter or non-stick spray.
2. In a large bowl, combine the eggs, sugar,

oil, yoghurt, salt, orange zest and orange juice. Stir in the zucchini, carrot, spinach, sultanas and chia seeds, and set aside.

3. In another bowl, combine the flour, bicarbonate of soda and baking powder. Fold into the wet mixture, using a spatula to blend completely.

4. Divide the mixture between the two prepared tins. Bake for 55 mins until the top is golden brown and a skewer inserted in the centre comes out clean. Rest in the tin for 10 mins before turning out onto a wire rack to cool for a further 10 minutes.

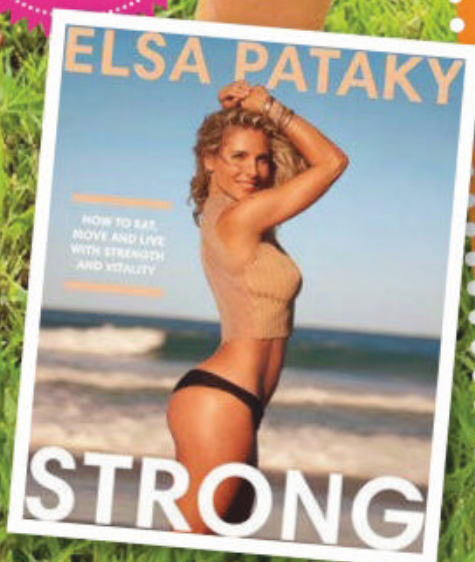
5. Slice and enjoy spread with softened butter or dipped in a bowl or cup of milk. (Dipping bread in milk was a childhood treat for me, which is why I love this recipe! Plus it is such a beautiful and healthy bread.)

DUMBBELL SHOULDER RAISES

6-8 REPS

- Stand with your feet hip-width apart. Hold a dumbbell in each hand so your palms face in towards the sides of your body.
- With control, keep your arms straight (but don't lock your elbows), and as you inhale, raise your arms out to the sides towards the ceiling. You want your palms to be facing down and your arms to be parallel to the floor. Then, as you exhale, slowly lower your hands back to your body.
- Repeat until you have done 6-8 reps.

Extracted from Strong by Elsa Pataky (Plum, \$34.99). Photography by Georgia Gold.



CELEB *living*

FOOD

Drew Barrymore



Karlie Kloss



Coconut pancakes

Serves: 4 (12 pancakes)
Prep + cook: 30 mins

Ingredients

You will need 5 small overripe bananas for the mashed banana in this recipe.

- 1½ cups (360g) mashed banana
- 8 eggs
- 2 tsps finely grated lemon rind
- ½ cup coconut flour
- 1½ tbsp coconut oil

Method

1. Blend or process mashed banana, eggs, lemon rind

and coconut flour until smooth.
2. Heat a little of the coconut oil in a large non-stick frying pan over medium heat, cook ¼ cup of batter for 1 minute or until bubbles appear on the surface. Turn pancakes, cook for 1 minute or until golden. Remove from the pan, cover with foil to keep warm. Repeat with remaining coconut oil and batter to make 12 pancakes in total.
3. Serve with grilled bacon, strawberries and maple syrup, if you like.

NAIL Y *lazy Su*

Stay in your PJs and chill this weekend with our brekkie-in-bed faves



TIP
These are yeast-free, dairy-free and nut-free!

OUR Sunday!

Smashed minty peas with goat's cheese & eggs

Serves: 4
Prep + cook: 30 mins

Ingredients

- 4 gluten-free wraps
- 30g butter
- 4 green onions, chopped finely
- 500g frozen peas, thawed
- ¼ cup fresh mint leaves, shredded finely
- ⅓ cup gluten-free chicken stock
- 4 eggs
- 150g drained marinated goat's cheese, crumbled

Method

1. Heat a medium non-stick frying pan over high heat, cook wraps, one at a time, for 30 secs each side or until heated through. Cover with foil to keep warm.
2. Melt butter in same pan over medium heat, cook green onion, stirring, for 5 mins or until soft and golden.
3. Add peas, mint and stock, bring to the boil. Reduce heat, simmer, uncovered, for 3 mins or until peas are soft and bright green. Place half the pea mixture into a heatproof bowl, coarsely mash. Stir through remaining pea mixture, cover to keep warm.
4. To poach eggs, half-fill a large deep frying pan with water, add a pinch of salt, bring to gentle simmer. Break 1 egg into a cup, then slide into pan. When all eggs are in pan, return to the boil. Cover pan, remove from heat. Stand for 3 mins or until a light film of egg white sets over the yolks. Remove eggs from pan with a slotted spoon, drain on paper towel.
5. Serve wraps topped with smashed peas, egg and cheese. Season to taste.

AND WHEN IT GETS DARK...

Shake it Mexicana style
with these easy-as
tequila cocktails

GEORGE CLOONEY

Hit the sweet spot by adding 60ml of Casamigos Blanco tequila to a shaker with some ice, plus 90ml of Casamigos Williams Sonoma Cocktail Blackberry Smash (\$24). Shake, don't stir, then strain into a coupe glass. Feeling salty? Rim the glass with some Casamigos Salty Sweet Orange Salt (\$18). Available at Williams Sonoma stores Australia-wide, visit williams-sonoma.com.au.



KALEY CUOCO

Want your next party to go off with a big bang? Try this "Kaleyrita", which Kaley served at her wedding to Karl Cook. Just combine 60ml tequila with 30ml fresh lime juice, 15ml agave nectar, two jalapeno slices and a pinch of salt. Garnish with a wheel of lime before serving.



JENNIFER ANISTON

For a stripped down twist on a classic, try Jen's "cleaner" version of a traditional margarita. "It's basically silver tequila with lime juice, shaken and over rocks," she explains. "And some people like a little Cointreau, some don't."



CELEBliving

HOMES

Tobey's

MOVING IN/OUT: In
LOCATION: Brentwood, CA
PRICE: \$10 million
BEDROOMS: 4
BATHROOMS: 5.5
SQUARE METRES: 325
FUN FACT: Tobes purchased this newly renovated property from Nina Jacobson, one of the producers behind blockbusters such as *The Hunger Games* and *Crazy Rich Asians*!



Billy Button Bunch
\$12 Freedom
freedom.com.au



Cushion
\$69.95 KAS
kasaustralia.com.au



Sofa **\$999**
 Southern Stylers
templeandwebster.com.au



Chair **\$400**
 Raja Homewares
rajahomewares.com



Coffee Table **\$249**
 Milan Direct
templeandwebster.com.au

TRENDY PAD



Check out
Spider-Man alum
Tobey Maguire's
super stylin' LA mansion



Light **\$198**
Lamina
lightinglighting
lighting.com.au

Faux Flowers
\$209
Seaholly
seaholly.
com.au

Chair **\$240**
Interior Secrets
interiorsecrets.
com.au

Dining Table
from **\$918**
Vida & Co
zanui.com.au

Get
the
look



Wall Art
from **\$132**
Urban Road
urbanroad.com.au

Stool **\$269**
Oz Design Furniture
ozdesignfurniture.com.au



Fireplace Tool Set
\$41.95 Bunnings
bunnings.com.au



Feelin'



CRUISEY!

NW's Olivia Uther gets VIP access to the brand new Norwegian Encore

We're calling it – cruises are the only way to travel in 2020! As a first-time cruiser, from the second I walked up the gangplank and found myself in a glamorous dreamland, the Norwegian Encore exceeded every expectation. Making her maiden cruise late last year, this epic ship that sails

all over the world can easily cater for any size budget and differing zest for adventure. Raise the roof with wild activities by day and enjoy a delicious meal at one of the several fine-dining restaurants at night. Travelling with kids? Drop them off at the Splash Academy, where they'll be zipping past on waterslides while you relax and knock back that second margarita.

Beyonce & Jay-Z



Go-karting at sea? Why not?!

STUNTS & SPA

I began my time aboard the Encore with a few laps around the go-kart track. Designed to satisfy the most extreme adrenaline junkie, the track has glass panels that will have you zooming past incredible ocean views. With that ticked off the list, I beelined to the spa to melt my muscles with a hot stone massage, followed by a spell in the Salt Therapy room. Also known as halotherapy, it's grown in popularity all over the world and is said to alleviate respiratory problems and skin ailments, and to strengthen the immune system. The spa includes a sauna, steam room, ice chamber (complete with snow!) and a heated swimming pool. Just when I thought I couldn't get more relaxed, I succumbed to the heated mosaic sunbeds overlooking the sea.

The Encore has not one but two multistorey waterslides





There are even
spa suites that
have easy access
to the Spa and
Fitness Centre

No matter what
your budget,
a cloud-like bed
is guaranteed



WANT TO BOOK?

For more info on the
Norwegian Encore,
head to ncl.com/au/en/cruise-ship/encore

ROOM WITH A VIEW

There are rooms to suit every budget and cruiser – including studios designed specifically for solo travellers – but if you’re sailing for a special occasion, lift your game with a stateroom in the exclusive Haven. Cabins in the Haven have separate sitting rooms with multiple bedrooms and luxurious finishes. My favourite feature? The huge windows in the bathroom with

uninterrupted views. Soak up the scenery while sipping on bubbles and relaxing in the tub. The Haven is the perfect way to leave the hustle and bustle of the ship behind, with a private pool, dining area and observation lounge.

Add in stops at exotic ports and great shopping, and you’ll never want to leave this vacay of a lifetime!

SHOW TIME

When the sun sinks below the horizon, it’s time to party! Sip a cocktail or two at Vibe Beach Club before sitting down to a three-course meal at the Encore’s signature eatery, Onda by Scarpetta. And what’s dinner without a show? Bask in the bright lights of Broadway and tap your feet to *Kinky Boots*! If that isn’t your cup of tea, check out a performance by The Choir of Man (the boys perform classic hits sung at a British pub) or dance to the tunes of a New Orleans speakeasy at *Happy Hour Prohibition – The Musical*. A tip for night owls: Cap off the evening with a drink at Sugarcane Mojito Bar.



Catch smash
hit *Kinky Boots*
without having to
step foot on land

Available at **coles**

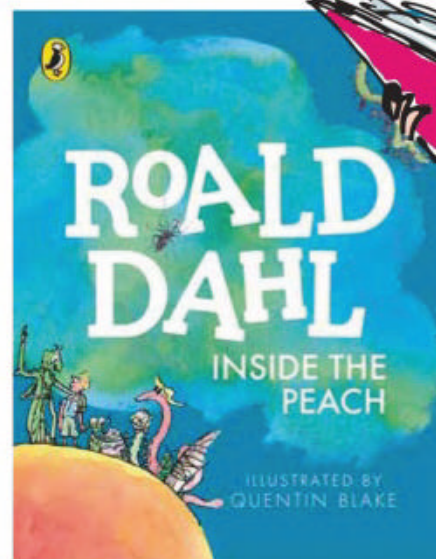
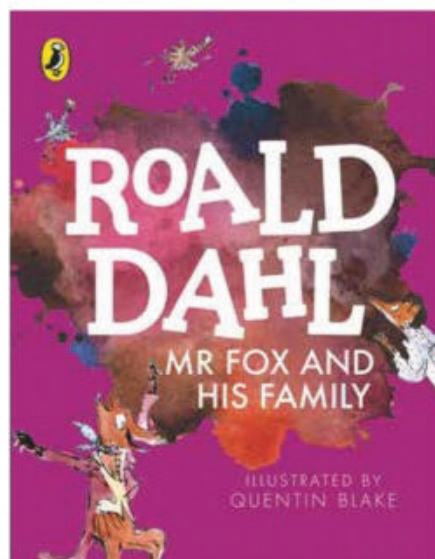
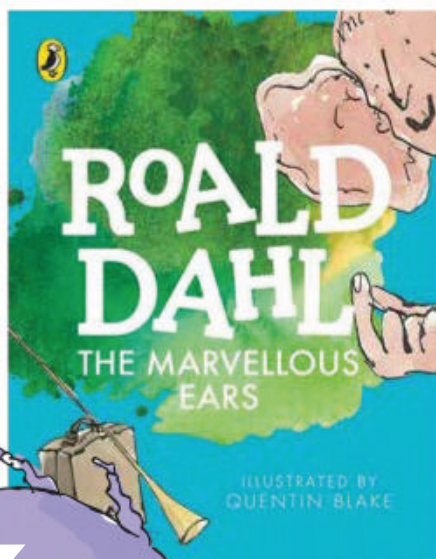
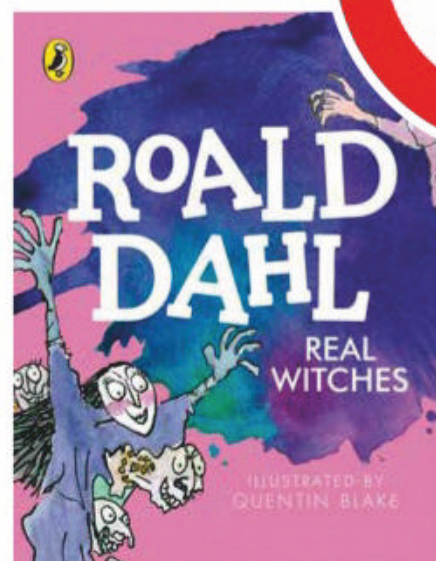
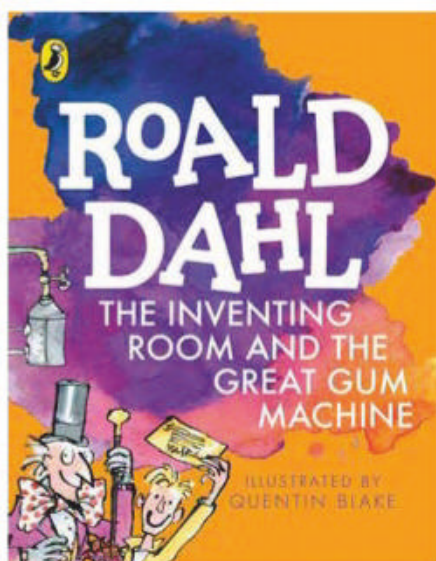
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YOUR Stars

The week ahead with **Adele Lang**



Isla Fisher

February 3, 1976

The birthday girl's hubby Sacha Baron Cohen better grab his sunnies because Isla's shining even brighter than usual – especially on the lurve front!

Aquarius JAN 21 – FEB 19

Just because your love planet the Sun is making you shine brightly in the presence of potential new suitors, that doesn't mean you aren't prone to the odd doubt. But unless you're already spoken for, you should feel free to show off as much as you please...

Pisces FEB 20 – MAR 20

Astro trends warn against letting others override your grand plans for the future. Even though you hate upsetting your nearest and dearest, you should stick to the original goals. With luck, at least one person will offer their unwavering support.

Aries MAR 21 – APRIL 20

The influence of Venus could spell a pause in romance this week. If you're in a long-term relationship, this might mean some (mutually) agreed time apart is necessary. Ram girls on the dating scene may decide certain suitors aren't worth pursuing.

Taurus APRIL 21 – MAY 21

Mercury's movements bode well for your financial fortune in forthcoming days, but try not to spend any windfalls all at once. Unexpected – and substantial – bills are on the horizon. Having money set aside should ensure you don't end up in debt.

Gemini MAY 22 – JUNE 21

You'll need to compromise more than usual if you want to get through the next seven days with all your friendships intact. While you think that certain pals are being rather unreasonable at present, backing down in arguments might be for the best.

Cancer JUNE 22 – JULY 23

Whether you like it or not, solar energy in your chart suggests you could soon be a lot more involved in a loved one's financial affairs. Rather than take charge completely, find a way to work as a team. At least then you won't feel so overwhelmed.

Leo JULY 24 – AUG 23

Your career planet Venus reckons it might be time to look for work opportunities with global appeal. This could, of course, mean applying for a job overseas. However, if that's not realistic, consider approaching foreign firms closer to home.

Virgo AUG 24 – SEPT 23

With the Sun and Neptune now travelling in tandem, affairs of the heart grow deeper and more meaningful. In fact, the intensity of feelings between you and a partner or suitor could start to seem scary. Back off a bit if you want peace of mind.

Libra SEPT 24 – OCT 23

Heed the recent wise advice of an esteemed elder – especially when it comes to your love life. Much as it pains you to admit that you've been wrong in the past, planetary patterns signal you'll suffer worse still if you remain so stubborn about a romance.

Scorpio OCT 24 – NOV 22

Until Venus changes direction early next week, don't expect too many thrills socially. Fun and games will have to wait. Your previous playmates may be distracted at present and, chances are, you're not quite ready to seek out new pals to replace them.

Sagittarius NOV 23 – DEC 21

If you're single but ready to mingle, don't refuse help from matchmakers in your midst. Family members, in particular, could prove invaluable when it comes to romantic introductions. Your love planet Mercury demands that you keep an open mind.

Capricorn DEC 22 – JAN 20

This stargazer hopes you're making the most of your sky-high energy levels – they aren't predicted to last for too much longer! Over the next seven days, you've got a better-than-average chance of completing those tasks you've been dreading for ages.

HAPPY BIRTHDAY



MON Amal Clooney, 42 **TUES** Natalie Imbruglia, 45 **WED** Laura Linney, 56.
Henry Golding, 33 **FRI** Ashton Kutcher, 42. Chris Rock, 55 **SUN** Michael B Jordan, 33.
Tom Hiddleston, 39. Rose Leslie, 33



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NW Volume 28 Number 07. Price AU\$5.50/NZ\$5.50.
Published by Bauer Media, part of the Bauer Media Group
ABN 18 053 273 546, 54-58 Park Street, Sydney, New South
Wales, 2000. Printed by Ovato Warwick Farm - 8 Priddle St,
Warwick Farm NSW 2170. Distributed in Australia by
Gordon & Gotch. Distributed in New Zealand by Netlink
Distribution Company Ltd. Subscription rate: Australia
(surface mail): 12 months, \$234; New Zealand (airmail):
12 months, \$245 (payment in SAUS only); overseas
(airmail): 12 months, \$310. Remit to Bauer Media Ltd, Reply
Paid 5252, Sydney, NSW 2001. Or call 136 116 between
8am and 8pm Monday to Friday, or 8am and 6pm Saturday
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ISSN 2205-0167



MEDIA GROUP

You mourned for NBA great Kobe Bryant
and his daughter Gianna after they died in
a helicopter crash



this is
heartbreaking. I
feel for Vanessa and
the girls 😞
@stephoo81

whoa this is so
sad. Always
wealthy people dying
in airplanes or
helicopters!
@lara
baidengan



@realkrissy
marsh

what
YOU
say...



Olivia
Newton-
John cosying up
to Grease 2's
Michelle Pfeiffer
gave you all the
feels!



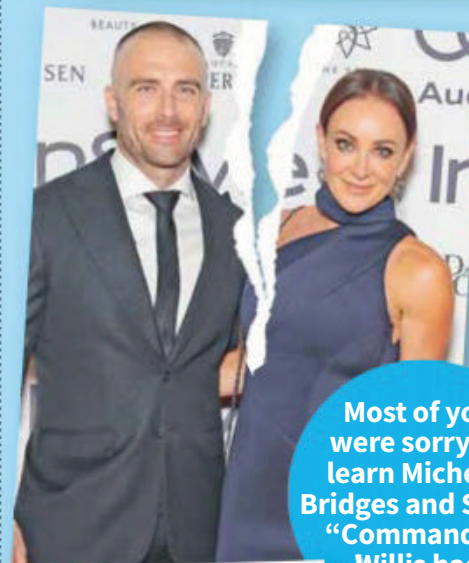
the best
@bkeasty



Sandra dee and Zinone!!!!
@amy_ando11



love it 😊
@elimuffin_and_me



Most of you
were sorry to
learn Michelle
Bridges and Steve
"Commando"
Willis had
split



Oh no!!
Ursula Jordan



commando is up for grabs
😂😂 Elyssa Redmond



she turned to bottle
coz of heartbreak 😂
Alic Andy Anes

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Sudoku

Fill in the blank squares so that every row, column and 3x3 square contains all numbers from 1 to 9.

	1			6	8			
5		8		9		7	6	
	9	6			3		1	8
9			8		5			7
	8				6	1		
6		5		1		3		2
3		4				2		1
			6		2			4
8	5		4	7		9		

			1	2	8			6
	2	1				3		
9		8		6		2	1	
1			6					9
4	3			7			5	
5			8		1	4		2
		4			9			
	5		3		6	1	2	
8		3	2		4	6		

Solutions in next week's issue



Spot the DIFFERENCE

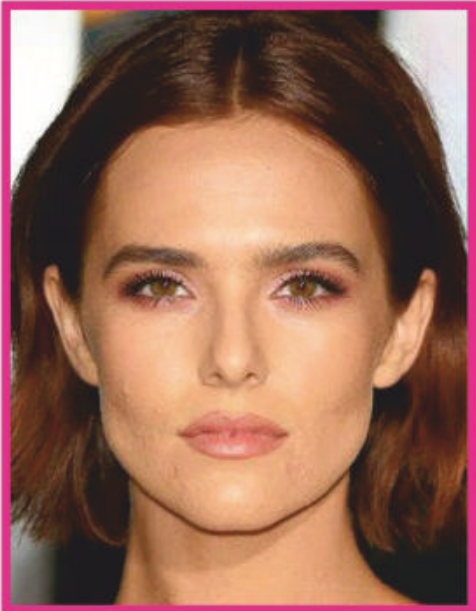
Can you identify the 7 differences in the pictures below?



Solution in next week's issue

Name that star!

Hidden in the box are some celebs' names that are split into two. They can be found in straight lines up, down, forwards, backwards or diagonally. The leftover letters reveal the name of another star.





Solution in next week's issue

T H E R O U X E V A D
J U S T I N W P R Y E
B O Y N T O N R C M U
E I F I R T H U O O T
D Y Z C A N L S L O C
U A O K O M A S I R H
J T E I C N I E N E K
A E Y D N A M L A W A
N R C E A S I L L I W
I G I W R E G H O E P
M S R A F R E M U R R

- Colin Firth
- Dave Franco
- Greta Gerwig
- Jude Law
- Justin Theroux
- Lucy Boynton
- Mandy Moore
- Nicki Minaj
- Rumer Willis
- Russell Crowe
- Sienna Miller
- Zoey Deutch
- (Pictured)

CROZZLE

When you have solved the Crozzle, the letters in the shaded squares, reading left to right, top to bottom, will reveal a fashion toy modelled on the likeness of our pictured stars (6,5).

Insect sting		Be inclined (to)		Singer, — West		Clothes line clip		Slender		Wound mark		Applaud											
						Moral																	
Movie theatre		Word of denial		London's Marble —		Aid in a crime		Actor, Idris —		Overly		Fore-father											
								Catch															
Pictured star	Unit of length		Revolt							Wrecks		Singer, Rita —							Possess-es				
			Put a lid on		Fire remnants		Piece of jewellery																
Perform in a film		French castle								Genuine				Actor, Eric —		Sacred							
				Organ of sight		Vote into office	Extinct NZ bird	Estab-lished (abbrev)		Donkey			Angelic symbol										
Untie		Passion-ate								Latin-American dance		Further down	Mosque leader	Road surface material		Film spool							
					Deficit					Lone													
Singer, — Cyrus		Say again							Biopic, — & Ollie	Scent					Dark blue		Hand out playing cards						
			Two-some	Little devil	Go yachting		Suspect's excuse	Latin name for the Sun				Cau-tioned											
Beer barrel		Far off								Appear to be				Drink, dry ginger —									
						Ob-served		Cry of discov-ery				Pictured star	Use again	Lyric poem		Alias (1.1.1.)							
Emotion-al shock		Point of view								Lasso	Actress, — Watson		Regal										
								Board game	Ogled						Rom-com, Sliding —		Out of practice						
						Tennis shot	Muscular spasm				Actress, — Adams				Fragrant wood								
					Dull pain		Accord									Action film, Extreme —		Actress, — Miranda					
										Actor, — Somerh-alder					Cages								
					Betting chances		Health resort							Guilty party									
									Foot digit				Written composi-tion										

Code cracker

Each number in the grid represents a different letter of the alphabet. Work out which number stands for each letter, write them in the grid below to find the nine-letter answer. Cross them off the list as you go. We've given you five to start you off.

2	10	10		18	7	20	20	9	3	20		7	20	3
9		12	3	7		5		11		10	5	8		11
12	9	3		22	26	11	10	11	26	23		10	15	4
22		11		9						7		23		22
	7		7	6	9	4		16	5	11	1		18	
22	8	3	19			26	10	5			3	14	9	8
	3		3	4	13	3		13	20	3	26		8	
21		20		3						17		10		5
3	20	7		12	15	7	8	3	7	5		25	7	11
20		24	9	8		9		15		7	14	3		9
4	10	8		21	7	20	23	24	5	15		11	5	8

- A

B

C

D

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Z

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
K														L					R			M			Y

Solution in next week's issue

	1		2		3				4		5	
6								7				
						8						
9					10							
		11			12				13			
	14											
15					16							
											17	
18			19				20		21			
22						23						

Crossword

ACROSS

6. Welcomed,
... the guests
7. Room on a ship
9. Close at hand
10. Ailments, maladies
11. Ottawa's country
13. Loving, caring
15. Potter's raw
material
16. Produce,
invent
18. Most sugary
21. Peter Pan's enemy,
Captain ...
22. Livid, irate
23. Indicates,
... her intention

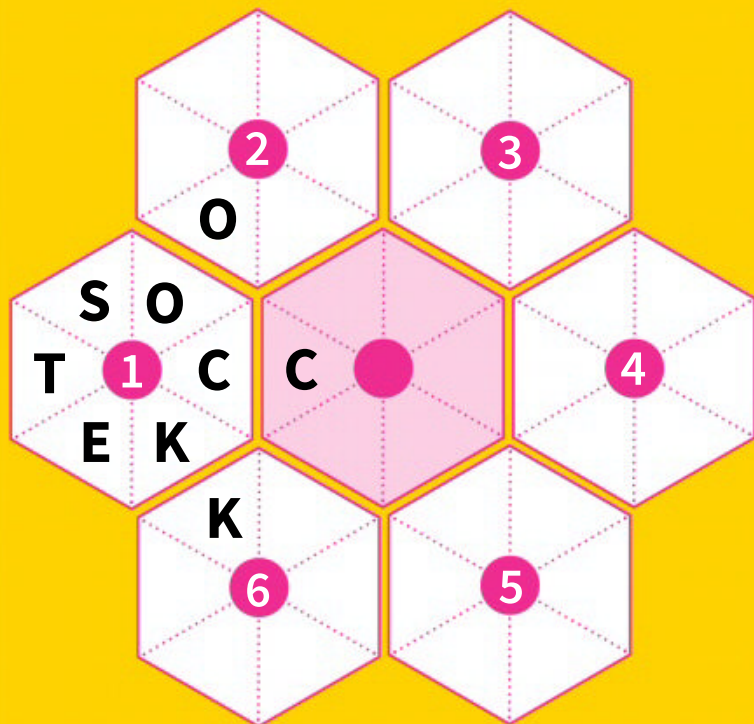
DOWN

1. Poplars or
maples, eg
2. Shortest month
3. Detained,
... in custody
4. Molten rock
of a volcano
5. Messenger birds,
carrier ...
8. Housing
development
12. Bow and arrow
athlete
13. Food preparation
rooms
14. Shining warmly
17. Chris Pratt movie,
Jurassic ...
19. Gain by work
20. Song, *On a Night
Like ...*

Solution in next week's issue

Hexagon

Use the clues to fill in the spaces in the numbered hexagons. Each answer runs clockwise but can start anywhere in the shape. Where hexagons touch, they have the same letter. We've given you the first answer. When you have finished, the letters in the pink hexagon will spell the mystery word.



Clues

- 1 Power outlet
- 2 Bouquet: - arrangement
- 3 Money made after costs
- 4 Grieves for: - the loss
- 5 Scepticism: they had their -
- 6 Eerie, scary

Solution in next week's issue

Word search

Find all of the words associated with wealth. Words may read backwards or forwards, vertically, horizontally or diagonally. Some letters are used more than once. When you have found all of the listed words, there will be one word left over. This is the mystery answer.



Solution in next week's issue

Assets
Billion
Bullion
Diamonds
Dividend
Dollar
Finance
Fund
Gold
Interest
Invest
Loot
Millionaire
Notes
Platinum
Portfolio
Property
Rich
Wealthy

Word wiggle

Can you solve this nine-letter anagram?



Last Week's Solutions

Spot The Difference



Crozzle No. 04/20 Solution: Bombshell



Name That Star!: Kourtney Kardashian

Word Search: Canada

Sudoku



Crossword



Code Cracker: 1=W, 2=K, 3=G, 4=V, 5=F, 6=Q, 7=S, 8=B, 9=X, 10=Z, 11=Y, 12=D, 13=P, 14=E, 15=L, 16=R, 17=O, 18=M, 19=A, 20=N, 21=T, 22=I, 23=C, 24=J, 25=H, 26=U.

Mystery Word: Romantic

Hexagon: Ranger

Word Wiggle: Meandered

► The BIG NW TURN ON

T'S ON IN ENTERTAINMENT

8 MOST DRAMATIC VANDERPUMP RUL

THE EIGHTH SEASON OF HAYU'S SM



1 JAX'S ARREST

Lucky he's got a good mug! During a season four trip to Hawaii with his girlfriend Brittany Cartwright and fellow cast members, Jax Taylor was arrested for stealing a pair of designer sunnies worth over \$400! His excuse? "I had too many Mai Tais." Yep, he blamed it on the booze!

2

TOM KICKS STASSI OUT OF TOMTOM

Stassi Schroeder was excited to have her book launch at Tom Sandoval and Tom Schwartz's new bar TomTom in the current eighth season. But after Stassi called Tom a "selfish, egotistical piece of s**t" in front of patrons, he banned her! "If she comes in, she's getting thrown out immediately," he said. Ouch!



PASTA GATE

In season six, things kicked off between Lala Kent and James Kennedy after the pair argued over a plate of pasta. James repeatedly told her, "It's not about the pasta!" We then realised James had a major crush on Lala and was just furious she was getting serious with her boyfriend Randall Emmett!

3



4

STASSI SLAPS KRISTEN

This was the slap that was heard around the world. Yep, it was *that* epic! So what went down in this season two showdown? After finding out Kristen Doute lied about having sex with her on-again off-again boyfriend Jax, Stassi launched across the table and backhanded her friend right in front of a full restaurant and all their friends. Talk about embarrassing!

5

JAX'S NOSE JOB(S)

In season three, the former model said he was only going under the knife to fix his deviated septum, but after the bandages came off, it was clear that this cosmetic tweak had actually completely changed his beak! Who nose? Maybe he thought we wouldn't notice...

STASSI'S INTENSE BIRTHDAY MELTDOWNS

If it's Stassi's birthday, you can guarantee – every season – she'll lose her mind during celebrations. From slamming her phone on the ground after a fight with boyfriend Beau Clark or storming out of her own party, this girl loses it spectacularly every single year. Talk about cray!

6

MOMENTS IN TV HISTORY!

ASH REALITY SHOW IS BACK

TV

NEW WEEKLY
NW

RATES THIS



7

THE RING ON A STRING

Katie Maloney thought Tom Schwarz was proposing at Scheana Shay's wedding in season three, but he gave her a ring on a string! Yep, it was a band on a necklace, not a forever sparkler. "Don't settle for second best," advised Lisa Vanderpump. Wise words!



8

TOM SLAPS JAX

After finding out Jax slept with his girlfriend Kristen in season two, Tom Sandoval couldn't contain his anger and got into some ugly biff with Jax. "You don't ever feel anything, but do you feel *this*!?" Tom asked before jumping in to attack. We hope Jax had some ice for that burn (and those bruises)!



Season eight continues every Tuesday on hayu – watch and subscribe to hayu and keep up to date with all the drama!



NEW WEEKLY
NW

RATES THIS



FILM

BIRDS OF PREY

MARGOT KICKS ASS!

► **PLOT:** When Gotham's most narcissistic villain Roman Sionis and his zealous right-hand man Zsasz put a target on a young girl named Cass, the city is turned upside down looking for her. And after her soul-destroying split from the Joker, Harley Quinn is out for blood. So when she crosses paths with Huntress, Black Canary and Renee Montoya, the unlikely foursome have no choice but to team up to take Roman down.

► **WHAT'S HOT:** A girl gang of a different kind, Harley's band of femme fatales kick the crap out of the superhero patriarchy. Love that girl power!

■ **WHAT'S NOT:** As a spin-off of *Suicide Squad*, we only hope that the film's director Cathy Yan and star slash producer Margot Robbie can save this from the same fate... and Rotten Tomatoes score.

Birds Of Prey: And The Fantabulous Emancipation Of One Harley Quinn hits cinemas Thursday 6 February



THIS WEEK WE'RE WATCHING...

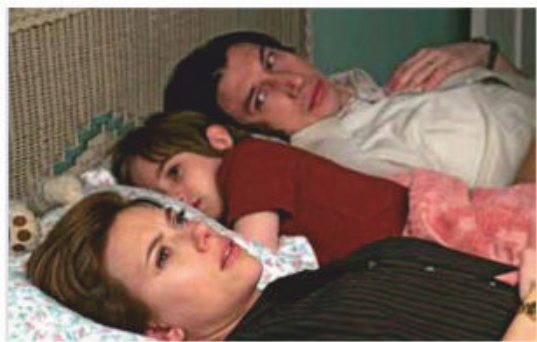
BEST PIC NOMINEES



▶ **PARASITE**

The dark South Korean comedy – which is up for the main Oscar gong – follows the destitute Kim clan scheming to find a way into the wealthy Park family.

Available on DVD from Wednesday 5 February



▶ **MARRIAGE STORY**

Critics can't get enough of this heartbreaking drama, which follows the gruelling divorce of a theatre director (Adam Driver) and his actress wife (Scarlett Johansson).

Available on Netflix



▶ **ONCE UPON A TIME IN... HOLLYWOOD**

With a whopping 10 noms, Quentin Tarantino's flick is a must-see! Ageing actor Rick Dalton (Leonardo DiCaprio) and his stunt double (Brad Pitt) try to find their place in a changing industry.

Available now on DVD and iTunes

TV



NEW WEEKEND
NW

RATES THIS



EUROVISION – AUSTRALIA DECIDES 2020

CASEY'S PROUD MOMENT

One of our most versatile entertainers, Casey Donovan first won the nation's hearts in 2004, when she rose to fame at just 16 years old as the youngest-ever winner of *Australian Idol*. Now the songstress, 31, is readying herself for *Eurovision – Australia Decides*, where she'll compete against nine other Aussies – including Jack Vidgen, Vanessa Amorosi and Diana Rouvas – for the chance to represent the country at Eurovision 2020 in Rotterdam this May. Go, girl!

In an exclusive chat with *NW*, Casey reveals that she's both "excited and nervous" about her bid to perform in the world's biggest – and most fabulous – singing comp!

Hey, Casey! So how are you feeling about taking part in another singing contest? I'm feeling good about it, mostly. I'm just a nervous being in general, though, and sometimes getting me on stage worsens that. But I'll just put trust in the song – and put trust in myself to stand up there and do what I love to do. I'm also excited to share that with a little bit of the world. It's exciting and nerve-wracking all at the same time!

What can viewers expect from your performance? It'll have a lot of cinematics to it. It's going to be a show, that's for sure. It's an interesting concept that we've come up with, but at the end of the day, I always just take it back to the music. It's just such a beautiful song. I can't wait for people to hear it and to get it out there!

Can you tell us a little bit about the song you'll be singing, *Proud*? I think throughout everyone's life, you get beaten down, but you always have to keep getting up. It's also about loving who you are and being proud of who you are. That's kind of always been my ethos in life.

You won *Australian Idol* and I'm *A Celebrity... Get Me Outta Here!* – can you win *Australia Decides* too? I hope so! When I was asked, I thought it seemed like an amazing thing to be part of – no matter what happens for me. I can't wait to share the stage with some of Australia's most talented singers. Hopefully I can do myself proud, though!

Airs live at 8.30pm Saturday 8 February on SBS

LOCKE & KEY

FROM COMIC TO TV



► **PLOT:** Based on the comic book series of the same name, this highly anticipated Netflix drama tells the story of three siblings who move with their mum to their father's ancestral estate after his gruesome murder. It's here where they begin to discover magical keys that unlock power – and secrets. But little do they know, a devious demon also wants the keys... and it will stop at nothing to attain them. Yikes!

► **WHAT'S HOT:** Season two is already in the works, so if you find this supernatural series takes your fancy, you won't have long to wait for another hit!

■ **WHAT'S NOT:** With diehard fans calling it one of the best horror comics ever made, we just hope that Netflix does the story justice!

Premieres Friday 7 February on Netflix

NEW WEEKEND
NW

RATES THIS



TV

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- Food
- Fashion
- Travel
- Inspiring stories
- Puzzles & more!



NEW WEEKEND
NW

RATES THIS



TV

KIDDING

SEASON 2

► **PLOT:** Jim Carrey is back as Jeff – aka kids' TV icon Mr Pickles – for season two of this hit series. Picking up moments after Jeff's actions in season one resulted in his show *Mr Pickles' Puppet Time* being off the air for the first time in 30 years,

Jeff must find a way to communicate with the many fans who still need him.

► **WHAT'S HOT:** Singer Ariana Grande debuts as *Kidding's* newest cast member in full-on Pickle Fairy Goddess mode.

■ **WHAT'S NOT:** The final episodes of the first season set a new bar for dark comedy – and we're not entirely sure they'll be able to maintain it. But our fingers are crossed!

Season two premieres Sunday 9 February on Stan



OUT NOW!



Beau gets ca

'It feels

I'm in pri

6'6"

6'4"

6'2"

6'

5'8"

5'

I need to quickstep my way out of here

So far, *DWTS* isn't quite the *Amazing Race* this TV hunk is used too!

in prison! I focus for a little bit, but then I have to go and do my own thing for a while. I deadset feel like I'm back at school, man!

It's not just physically taxing, but also a mental challenge, right?

I physically feel pretty good. I feel the fittest I've felt since playing footy. I feel athletic enough to do the show. But the disadvantage is when you're not good at something and you try to be good at it, and you can't master the skill, you get really frustrated. It's mentally one of the hardest things I've done because there are so many routines and steps to remember!

What would help you relax in rehearsals?

I think Valium would do it! Look, I want to make this clear – I can't dance! I like dancing in clubs and bars to Drake and hip-hop, but that couldn't be further from the songs in rehearsals. I'm out of my depth, mate! My dance partner Megan Wragg is super-patient, thank God!

Who is your biggest competition?

Claudia Karvan! She trains at my studio, but she trains after

Former rugby league star turned *Amazing Race* host Beau Ryan has burst out of the scrum and onto the dance floor as he gears up to compete in the new season of *Dancing With The Stars Australia*.

The 34-year-old tells *NW* he's enjoying swapping his footy boots for dancing shoes so far, but admits the experience has been "tough and frustrating". He even likens it to being behind bars! Guess he won't be busting out the Cell Block Tango anytime soon then...

Hi, Beau. How's the training going?

It's been annoying. It's fun, but my mind is full – I overthink everything, so the more I think, the worse I dance. I have moments where I need to have a break to just stare out the window. In my dance studio they've got bars on them, so I feel like I'm

'Beau is definitely the dark horse of the comp!' Dean Wells reveals

4'2"

4'

EXCLUSIVE
ONLY IN
NW

andid

like

son!’

me. Sometimes I stand on a crate and peek through the window like a creep. She’s good, man!

Any injuries yet? I have a lot of aches and muscular pains. I am sore. I’ve got a lot of respect for the hours that dancers put in. It doesn’t sound like a lot, but six hours a day is a lot of training. I feel like I’ve been bashed.

Dancing With The Stars Australia season 17 premieres at 7.30pm Sunday 9 February on 10



DWTS marks Angie Kent's ninth Channel 10 show in just 16 months. But while the ex *Bachelorette* has copped flack for her fame-hungry ways, she's already got a new show in her sights. Yep, although the competition for the Mirror Ball Trophy has only just began, Angie tells us that she's eager to do *The Amazing Race Australia* next!

"I'd be fine with everything, I reckon," she says, adding she'd take her Bachie boyfriend Carlin Sterritt along for the ride instead of her *Gogglebox* bestie Yvie Jones.

"He can deal with my tantrums and just tell me to f**k off!" Angie laughs. "If I get really flustered, I can get quite pissed off." Er, good luck, Carlin!



He's been cosying up to co-star Christian Wilkins during rehearsals, but Dean Wells confirms to *NW* he's actually struck up a romance with a former *DWTS* professional dancer who won!

"She's been giving me tips and I see her as my secret weapon!" the former *Married At First Sight* star teases. "We met through a mutual friend."

Despite the new relationship, it's been suggested that Dean could become the next Bachelor now that he has joined the Channel 10 family. And he tells us, "I'd definitely give it a go."

You might want to dump the new lady love first, mate...

CAUGHT OUT!

THE PICS THEY **DON'T** WANT US TO SEE!



Oh, the cheek of it!

WHO Baywatch babe Charlotte McKinney's hand

WHERE Headed south in West Hollywood

WHAT When you've got an itch to scratch, you've just gotta get in there and do the deed. Even if it means being the butt of the joke, right, Char?

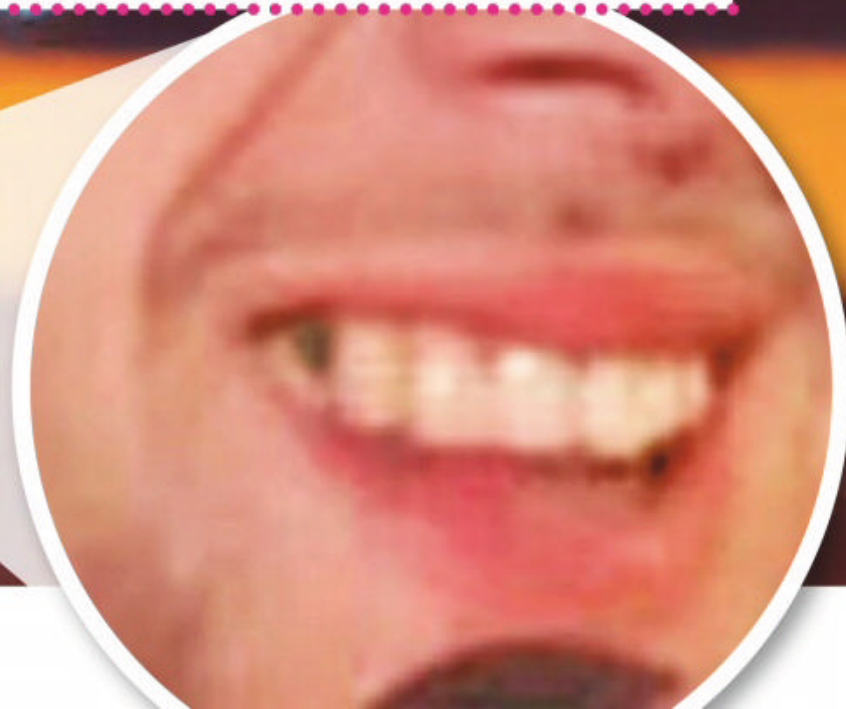


It ain't easy being green

WHO Nick Jonas

WHERE On stage at the Grammys

WHAT This JoBro's a Sucker for leafy greens. Yep, Nick might want to double-check his pearly whites after downing a spinach smoothie next time!



NW Needs, Wants, Buys!

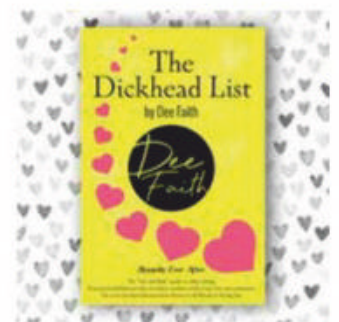
Check out this week's best new products!



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LIONEL by Django & Juliette has a timeless silhouette with an adjustable strap that fastens at the ankles and a slight block heel for subtle height, making it an effortless option for every day. RRP \$159.95.

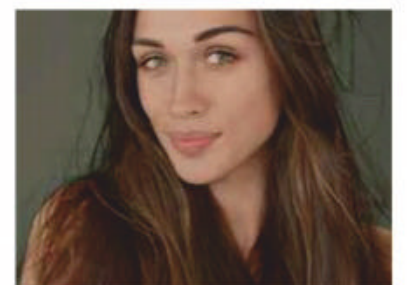
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My Oh My!

Cami airs out her Senorita

WHO Camila Cabello

WHERE Backstage at the Grammys

WHAT Camila will Never Be The Same again after experiencing a slight wardrobe malfunction when her bodysuit comes undone. What a flapper!

WAIT! there's MORE!

Because we know how
much you love your
gossip

Hilary's

BOX OF PRICKS!

When you're carrying around a big box of cacti, it's important to stay sharp to avoid injuries. Hilary Duff heads home with a bunch of pointy companions after they pricked the star's fancy while she was out shopping in Los Angeles. It's settled then, fiddle-leaf figs are So Yesterday – cacti are the new plant du jour. Thanks, Hils!



NICOLE PLAYS CUPID

'I'LL FIND YOU A COWBOY, CHARLIZE!'



I've been a
bit of a lone
ranger

She's been left "shockingly available" after many dating disasters in Hollywood. And now Charlize Theron's *Bombshell* co-star Nicole Kidman wants the blonde beauty to try her luck down south! "Nicole believes she could find someone special and down to earth in Nashville," tells an insider of Nic, who already has suitors lining up for Char. Yee-haw!

Lasso him,
lass!





A KICK-ASS MAKEOVER

Kelly Osbourne has a kick-ass new 'do and we think we know where she got the inspo for her lush new locks! Yep, the star has been rocking some vibrant violet tresses that look a lot like the bob on Chloe Grace Moretz's *Kick-Ass* character Hit-Girl. We're definitely getting the superhero vibe, Kel!

I lilac this look a lot!



Laura's BIG LITTLE REMINDER!

We get it, Laura Dern, sometimes our name can completely escape us too. But surely you can just turn to your nearest *Big Little Lies* fan to fill you in instead of having to wear a personalised sweater while out and about? No doubt there'll always be one in close proximity!

It's a Dern hard name to remember, OK?

GUESS WHOSE DUET PARTNER?

Match these celebs with their musical collaborator!



1

Michael and his brother sizzle onstage



2

Zach Shields and Dead Man's Bones had Drive



3

Barbra Streisand was his Wonder Woman



4

Is folk hero Pete Yorn an honorary Avenger?



5

M Ward and this New Girl make up She & Him



6

Clara and her sister are musical Girls



A ZOOEY DESCHANEL



B SCARLETT JOHANSSON



C ZOSIA MAMET



D KEVIN BACON



E RYAN GOSLING



F CHRIS PINE

Answers: 1.D, 2.E, 3.F, 4.B, 5.A, 6.C

*They said
WHAT?!*



**"I'd be happy to
duel with Prince Harry.
One round in the chamber.
Cocked. Ten steps, turn and
fire. That'd settle the score."**

Er, Thomas Markle, you realise
this is 2020 and not 1820,
right?



**"He comes over,
we hang out and
we do the hot tub. I make
us some food... and of course
we have sex."**

Fran Drescher is feeling fine
thanks to her friend with
benefits!



**"We took a jaunt
up to this motorcycle
track – I felt like Julia Roberts
in *Pretty Woman*."**

Dax Shepard's date with Brad
Pitt was something out
of a rom-com!

WAIT!
there's
MORE!

I'm ready
to meet
my pubic!

OMG!
**Are those
SEQUINED
PUBES?!**

Well, that's one way to vag, er, we mean grab
attention! Aspiring rapper Doja Cat hit the Las
Vegas stage in an X-rated embellished jumpsuit
– and it's safe to say we're not taking fashion
inspo from the Cardi B wannabe anytime soon.



PIÑATAS OF PREY!

If *Birds Of Prey* stars Mary Elizabeth Winstead, Jurnee Smollett-Bell and Margot Robbie ever need a hand popping those personalised piñatas, they only need to call on Harley Quinn to take a swing at them with her baseball bat. Batter up, babes!

KATE'S LATEST VICE... PUZZLES!

Former party animal Kate Moss' idea of fun now that she's gone teetotal? A cosy night in doing jigsaws with beau Count Nikolai Von Bismarck. My, how times have changed!



... Dannii Minogue was a self-confessed "nerd"? The start of the school year had the star reminiscing, with Dannii sharing on Insta, "You could always find me at the library doing homework so I could go straight to rehearsals for *Young Talent Time* after school."

Last



I have my blonde moments

LIZZIE

She might be a brunette now, but this former blondie still has tons of fun!



HAYLEY

Hails looked so sweet back in Year 12. Ahh, memories!



CONNIE

We'd never have recognised this introverted bride!

**MARRIED
AT FIRST SIGHT**

BEFORE THEY WERE ON TV!

The new *MAFS* brides have had some serious glow-ups!

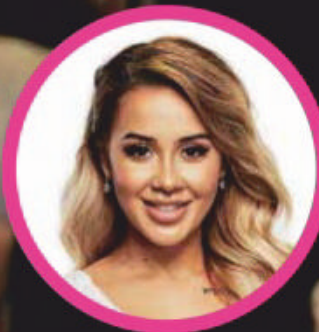


TASH

If looks could kill! We definitely wouldn't have wanted to get on Baby Tash's bad side



Just call me Ellen!



CATHY

The pixie-cut cutie was top of the crops back in 2010!



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